

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

Do you participate in any physical activity?
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Yes		80.0	84.4	81.5	78.9	82.6	79.3	74.5
No		20.0	15.6	18.5	21.1	17.4	20.7	25.5
Male	Yes	81.0	88.0	83.7	77.2	83.4	79.0	75.9
	No	19.0	12.0	16.3	22.8	16.6	21.0	24.1
Female	Yes	79.0	80.5	79.2	80.7	81.8	79.6	73.5
	No	21.0	19.5	20.8	19.3	18.2	20.4	26.5

Denominator is: All survey respondents.

Do you participate in any physical activity?
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		3,727	335	721	758	736	512	665
Yes		2,976	282	591	599	609	401	494
No		748	52	130	159	126	110	171
Don't know/Not sure		1	1					
Refused		2				1	1	
Male	Total	1,492	158	315	301	286	197	235
	Yes	1,211	139	265	234	241	154	178
	No	280	18	50	67	45	43	57
	Don't know/Not sure	1	1					
Female	Total	2,235	177	406	457	450	315	430
	Yes	1,765	143	326	365	368	247	316
	No	468	34	80	92	81	67	114
	Refused	2				1	1	

Denominator is: All survey respondents.

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

What type of physical activity or exercise did you spend the most time doing during the past month?
(Weighted Column Percents)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Aerobics class	2.9	4.5	3.0	3.4	3.4	1.6	1.5
Basketball	2.2	7.5	3.8	1.6	1.0	.4	
Bicycling for pleasure	3.6	2.8	6.0	5.3	4.2	1.2	.7
Boating, canoeing, rowing, sailing	.1		.4				
Bowling	.4	.8	.1	.2		1.0	.6
Boxing	.2	.9	.8				
Calisthenics	1.3	1.8	.5	.5	1.7	.9	2.7
Canoeing in competition	.1		.2		.2		
Carpentry	.1			.2			.1
Dancing-aerobics/ballet	.6	.5	.8	.4	.3	.4	1.3
Fishing from river bank or boat	.3		.4	.3	.2	.2	.5
Gardening	10.2	2.5	4.0	10.2	13.1	13.8	16.1
Golf	3.4	2.8	3.9	2.7	3.8	3.2	3.6
Handball	.1	.5					
Health club exercise	2.3	2.8	2.0	1.2	3.1	3.5	1.7
Hiking-cross-country	1.4	2.1	2.7	1.9	.7	.8	.4
Home exercise	2.3	.3	1.6	2.1	2.4	3.3	4.0
Horseback riding	.3	.3	.3	.2	.5	.5	
Hunting large game	.3	.6	.2	.2	.5		
Jogging	1.0	2.6	1.6	.7	.9	.2	.1
Judo/karate	.5	1.6	.3	.7	.2	.2	
Mowing lawn	.3	.3	.2	.2		.5	.5
Painting/papering house	.1				.3		
Racquetball	.4	1.1	.1	.8	.5	.1	
Raking lawn	.2				.3		.5
Running	6.2	15.7	9.7	6.9	4.5	1.9	
Rope skipping	.1				.2	.4	
Skating, ice or roller	.3	1.1	.7	.2			
Snow skiing	.7		1.1	.6	1.4	.4	.3
Soccer	.7	.3	2.2	1.1	.4		
Softball	.4	.5	.8	.6	.4		
Stair climbing	.3	.2	.3	.7	.4	.1	
Surfing	.1	.5	.2				
Swimming laps	1.4	.8	.8	1.8	.8	1.2	2.7
Table tennis	.1		.2				.3
Tennis	.5	.6	.3	.5	.5	.8	.3
Touch football	.2	1.5		.2			
Volleyball	.1			.2	.2		

Walking		46.4	30.1	43.2	45.6	48.3	57.7	52.4
Waterskiing		.0					.1	
Weight lifting		3.4	7.4	4.4	3.9	1.6	1.5	2.6
Other		3.3	4.8	2.8	3.0	2.5	2.2	4.9
Bicycling machine exercise		1.2	.5	.5	1.7	.9	1.7	2.0
Rowing machine exercise		.1				.6		.1
Male	Aerobics class	1.0	.9	.8	2.1	1.2	.4	.3
	Basketball	3.9	11.7	7.0	2.9	1.7	.8	
	Bicycling for pleasure	4.7	2.7	8.1	6.7	6.0	.4	1.3
	Boating, canoeing, rowing, sailing	.1		.8				
	Bowling	.5	1.4		.5		1.6	.3
	Boxing	.4	1.7	1.2				
	Calisthenics	2.1	3.4	1.0	.5	2.9	1.8	4.1
	Canoeing in competition	.1		.4				
	Carpentry	.1			.5			.3
	Dancing-aerobics/ballet	.3		.2	.5			1.3
	Fishing from river bank or boat	.6		.8	.7	.5	.4	1.3
	Gardening	7.9	1.7	2.3	10.2	8.9	11.4	13.4
	Golf	5.8	4.6	7.0	5.3	6.5	5.5	5.1
	Handball	.1	.9					
	Health club exercise	2.1	2.0	1.7	1.0	2.4	3.9	1.9
	Hiking-cross-country	1.9	.7	4.5	2.8	1.0	.4	1.0
	Home exercise	1.9		1.7	1.2	2.3	3.1	3.2
	Horseback riding	.2				.5	.8	
	Hunting large game	.5	1.1	.4	.5	1.0		
	Jogging	.9	1.4	1.8	.5	.7	.4	.3
	Judo/karate	.5	.6	.2	1.0	.5	.4	
	Mowing lawn	.3	.6	.4			.2	.6
	Painting/papering house	.0				.2		
	Racquetball	.6	1.4	.2	.9	1.0		
	Raking lawn	.3				.5		1.3
	Running	8.9	18.5	13.4	10.3	7.0	3.3	
	Rope skipping	.2				.5	.8	
	Skating, ice or roller	.2	.9	.4				
	Snow skiing	1.1		1.2	.9	2.4	.8	.6
	Soccer	1.3	.6	3.9	2.1	.5		
	Softball	.7	.9	1.2	.9	.7		
	Stair climbing	.1			.2	.5		
	Surfing	.2	.9	.4				
Swimming laps	.9	.6	.6	1.4	.7	.8	1.3	
Table tennis	.2		.4				.6	
Tennis	.4		.2	.7	.5	1.2		
Touch football	.5	2.9		.5				
Volleyball	.2			.5	.5			

	Walking	37.9	20.3	26.9	36.1	40.8	56.7	51.2
	Weight lifting	5.6	11.9	6.7	5.4	2.2	3.1	5.7
	Other	3.5	5.7	4.1	3.5	3.7	1.6	2.4
	Bicycling machine exercise	.7		.6		1.0	.4	2.2
	Rowing machine exercise	.3				1.2		.2
Female	Aerobics class	4.8	8.6	5.5	4.6	5.7	2.8	2.4
	Basketball	.5	2.6	.3	.5	.3		
	Bicycling for pleasure	2.5	3.0	3.6	4.0	2.3	2.0	.2
	Bowling	.3		.2			.5	.9
	Boxing	.1		.3				
	Calisthenics	.5			.5	.5		1.6
	Canoeing in competition	.1				.3		
	Dancing-aerobics/ballet	.9	1.0	1.5	.3	.6	.8	1.3
	Gardening	12.3	3.3	6.0	10.3	17.3	16.2	18.2
	Golf	1.0	.7	.5	.3	1.0	1.0	2.4
	Health club exercise	2.5	3.6	2.3	1.4	3.7	3.0	1.6
	Hiking-cross-country	1.0	3.6	.7	1.1	.3	1.3	
	Home exercise	2.8	.7	1.5	3.0	2.6	3.5	4.5
	Horseback riding	.4	.7	.7	.3	.5	.3	
	Jogging	1.1	4.0	1.4	1.0	1.1		
	Judo/karate	.4	2.8	.3	.3			
	Mowing lawn	.2			.3		.8	.4
	Painting/papering house	.1				.3		
	Racquetball	.2	.7		.7		.3	
	Raking lawn	.0				.2		
	Running	3.6	12.6	5.5	3.8	1.9	.5	
	Skating, ice or roller	.4	1.3	1.0	.3			
	Snowskiing	.3		1.0	.3	.3		
	Soccer	.1		.3	.2	.3		
	Softball	.2		.5	.3			
	Stair climbing	.5	.3	.7	1.2	.3	.1	
	Swimming laps	1.8	1.0	1.1	2.1	.8	1.6	3.8
	Tennis	.5	1.3	.3	.3	.6	.5	.4
	Walking	54.7	41.2	61.3	54.5	56.0	58.7	53.3
	Waterskiing	.0					.3	
Weight lifting	1.3	2.3	1.8	2.4	1.0		.2	
Other	3.1	3.6	1.5	2.5	1.3	2.9	6.9	
Bicycling machine exercise	1.8	1.0	.3	3.3	.8	3.0	1.9	

Denominator is: All survey respondents who said that they had participated in some type of physical activity or exercise.

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What type of physical activity or exercise did you spend the most time doing during the past month?
(Weighted Column Percents)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Aerobics class	2.9	4.5	3.0	3.4	3.4	1.6	1.5
Basketball	2.2	7.5	3.8	1.6	1.0	.4	
Bicycling for pleasure	3.6	2.8	6.0	5.3	4.2	1.2	.7
Boating, canoeing, rowing, sailing	.1		.4				
Bowling	.4	.8	.1	.2		1.0	.6
Boxing	.2	.9	.8				
Calisthenics	1.3	1.8	.5	.5	1.7	.9	2.7
Canoeing in competition	.1		.2		.2		
Carpentry	.1			.2			.1
Dancing-aerobics/ballet	.6	.5	.8	.4	.3	.4	1.3
Fishing from river bank or boat	.3		.4	.3	.2	.2	.5
Gardening	10.2	2.5	4.0	10.2	13.1	13.8	16.1
Golf	3.4	2.8	3.9	2.7	3.8	3.2	3.6
Handball	.1	.5					
Health club exercise	2.3	2.8	2.0	1.2	3.1	3.5	1.7
Hiking-cross-country	1.4	2.1	2.7	1.9	.7	.8	.4
Home exercise	2.3	.3	1.6	2.1	2.4	3.3	4.0
Horseback riding	.3	.3	.3	.2	.5	.5	
Hunting large game	.3	.6	.2	.2	.5		
Jogging	1.0	2.6	1.6	.7	.9	.2	.1
Judo/karate	.5	1.6	.3	.7	.2	.2	
Mowing lawn	.3	.3	.2	.2		.5	.5
Painting/papering house	.1				.3		
Racquetball	.4	1.1	.1	.8	.5	.1	
Raking lawn	.2				.3		.5
Running	6.2	15.7	9.7	6.9	4.5	1.9	
Rope skipping	.1				.2	.4	
Skating, ice or roller	.3	1.1	.7	.2			
Snow skiing	.7		1.1	.6	1.4	.4	.3
Soccer	.7	.3	2.2	1.1	.4		
Softball	.4	.5	.8	.6	.4		
Stair climbing	.3	.2	.3	.7	.4	.1	
Surfing	.1	.5	.2				
Swimming laps	1.4	.8	.8	1.8	.8	1.2	2.7
Table tennis	.1		.2				.3
Tennis	.5	.6	.3	.5	.5	.8	.3
Touch football	.2	1.5		.2			
Volleyball	.1			.2	.2		

Walking		46.4	30.1	43.2	45.6	48.3	57.7	52.4
Waterskiing		.0					.1	
Weight lifting		3.4	7.4	4.4	3.9	1.6	1.5	2.6
Other		3.3	4.8	2.8	3.0	2.5	2.2	4.9
Bicycling machine exercise		1.2	.5	.5	1.7	.9	1.7	2.0
Rowing machine exercise		.1				.6		.1
Male	Aerobics class	1.0	.9	.8	2.1	1.2	.4	.3
	Basketball	3.9	11.7	7.0	2.9	1.7	.8	
	Bicycling for pleasure	4.7	2.7	8.1	6.7	6.0	.4	1.3
	Boating, canoeing, rowing, sailing	.1		.8				
	Bowling	.5	1.4		.5		1.6	.3
	Boxing	.4	1.7	1.2				
	Calisthenics	2.1	3.4	1.0	.5	2.9	1.8	4.1
	Canoeing in competition	.1		.4				
	Carpentry	.1			.5			.3
	Dancing-aerobics/ballet	.3		.2	.5			1.3
	Fishing from river bank or boat	.6		.8	.7	.5	.4	1.3
	Gardening	7.9	1.7	2.3	10.2	8.9	11.4	13.4
	Golf	5.8	4.6	7.0	5.3	6.5	5.5	5.1
	Handball	.1	.9					
	Health club exercise	2.1	2.0	1.7	1.0	2.4	3.9	1.9
	Hiking-cross-country	1.9	.7	4.5	2.8	1.0	.4	1.0
	Home exercise	1.9		1.7	1.2	2.3	3.1	3.2
	Horseback riding	.2				.5	.8	
	Hunting large game	.5	1.1	.4	.5	1.0		
	Jogging	.9	1.4	1.8	.5	.7	.4	.3
	Judo/karate	.5	.6	.2	1.0	.5	.4	
	Mowing lawn	.3	.6	.4			.2	.6
	Painting/papering house	.0				.2		
	Racquetball	.6	1.4	.2	.9	1.0		
	Raking lawn	.3				.5		1.3
	Running	8.9	18.5	13.4	10.3	7.0	3.3	
	Rope skipping	.2				.5	.8	
	Skating, ice or roller	.2	.9	.4				
	Snow skiing	1.1		1.2	.9	2.4	.8	.6
	Soccer	1.3	.6	3.9	2.1	.5		
	Softball	.7	.9	1.2	.9	.7		
	Stair climbing	.1			.2	.5		
	Surfing	.2	.9	.4				
Swimming laps	.9	.6	.6	1.4	.7	.8	1.3	
Table tennis	.2		.4				.6	
Tennis	.4		.2	.7	.5	1.2		
Touch football	.5	2.9		.5				
Volleyball	.2			.5	.5			

	Walking	37.9	20.3	26.9	36.1	40.8	56.7	51.2
	Weight lifting	5.6	11.9	6.7	5.4	2.2	3.1	5.7
	Other	3.5	5.7	4.1	3.5	3.7	1.6	2.4
	Bicycling machine exercise	.7		.6		1.0	.4	2.2
	Rowing machine exercise	.3				1.2		.2
Female	Aerobics class	4.8	8.6	5.5	4.6	5.7	2.8	2.4
	Basketball	.5	2.6	.3	.5	.3		
	Bicycling for pleasure	2.5	3.0	3.6	4.0	2.3	2.0	.2
	Bowling	.3		.2			.5	.9
	Boxing	.1		.3				
	Calisthenics	.5			.5	.5		1.6
	Canoeing in competition	.1				.3		
	Dancing-aerobics/ballet	.9	1.0	1.5	.3	.6	.8	1.3
	Gardening	12.3	3.3	6.0	10.3	17.3	16.2	18.2
	Golf	1.0	.7	.5	.3	1.0	1.0	2.4
	Health club exercise	2.5	3.6	2.3	1.4	3.7	3.0	1.6
	Hiking-cross-country	1.0	3.6	.7	1.1	.3	1.3	
	Home exercise	2.8	.7	1.5	3.0	2.6	3.5	4.5
	Horseback riding	.4	.7	.7	.3	.5	.3	
	Jogging	1.1	4.0	1.4	1.0	1.1		
	Judo/karate	.4	2.8	.3	.3			
	Mowing lawn	.2			.3		.8	.4
	Painting/papering house	.1				.3		
	Racquetball	.2	.7		.7		.3	
	Raking lawn	.0				.2		
	Running	3.6	12.6	5.5	3.8	1.9	.5	
	Skating, ice or roller	.4	1.3	1.0	.3			
	Snowskiing	.3		1.0	.3	.3		
	Soccer	.1		.3	.2	.3		
	Softball	.2		.5	.3			
	Stair climbing	.5	.3	.7	1.2	.3	.1	
	Swimming laps	1.8	1.0	1.1	2.1	.8	1.6	3.8
	Tennis	.5	1.3	.3	.3	.6	.5	.4
	Walking	54.7	41.2	61.3	54.5	56.0	58.7	53.3
	Waterskiing	.0					.3	
Weight lifting	1.3	2.3	1.8	2.4	1.0		.2	
Other	3.1	3.6	1.5	2.5	1.3	2.9	6.9	
Bicycling machine exercise	1.8	1.0	.3	3.3	.8	3.0	1.9	

Denominator is: All survey respondents who said that they had participated in some type of physical activity or exercise.

What type of physical activity or exercise did you spend the most time doing during the past month?
(Unweighted Frequencies)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+

Total	2,976	282	591	599	609	401	494
Aerobics class	96	13	24	22	22	7	8
Basketball	50	16	20	9	4	1	
Bicycling for pleasure	105	9	37	31	20	5	3
Boating, canoeing, rowing, sailing	2		2				
Bowling	11	2	1	1		3	4
Boxing	4	2	2				
Calisthenics	32	5	3	3	8	3	10
Canoeing in competition	2		1		1		
Carpentry	2			1			1
Dancing-aerobics/ballet	22	2	5	2	4	3	6
Fishing from river bank or boat	8		2	2	1	1	2
Gardening	303	7	27	62	76	51	80
Golf	90	9	17	16	19	11	18
Handball	1	1					
Health club exercise	73	9	12	10	19	14	9
Hiking-cross-country	45	6	15	13	5	4	2
Home exercise	74	1	8	15	16	15	19
Horseback riding	9	1	2	1	3	2	
Hunting large game	6	1	2	1	2		
Jogging	32	8	11	5	6	1	1
Judo/karate	13	5	2	4	1	1	
Mowing lawn	10	1	1	1		3	4
Painting/papering house	2				2		
Racquetball	11	2	1	4	3	1	
Raking lawn	4				2		2
Running	172	45	55	41	24	7	
Rope skipping	2				1	1	
Skating, ice or roller	10	3	5	2			
Snowskiing	17		6	4	5	1	1
Soccer	15	1	9	3	2		
Softball	11	1	6	3	1		
Stair climbing	12	1	2	6	2	1	
Surfing	3	2	1				
Swimming laps	45	3	7	10	5	5	15
Table tennis	2		1				1
Tennis	15	2	2	3	3	4	1
Touch football	4	3		1			
Volleyball	2			1	1		
Walking	1,425	87	256	278	318	227	259
Waterskiing	1					1	
Weight lifting	94	19	28	21	10	6	10
Other	98	14	14	15	16	13	26
Bicycling machine exercise	36	1	3	8	6	7	11

Rowing machine exercise		2				1		1
Refused		3		1			2	
Male	Total	1,211	139	265	234	241	154	178
	Aerobics class	14	1	3	5	3	1	1
	Basketball	43	13	19	7	3	1	
	Bicycling for pleasure	59	5	22	17	12	1	2
	Boating, canoeing, rowing, sailing	2		2				
	Bowling	6	2		1		2	1
	Boxing	3	2	1				
	Calisthenics	24	5	3	1	6	3	6
	Canoeing in competition	1		1				
	Carpentry	2			1			1
	Dancing-aerobics/ballet	4		1	1			2
	Fishing from river bank or boat	8		2	2	1	1	2
	Gardening	87	2	6	24	17	16	22
	Golf	71	8	15	14	15	9	10
	Handball	1	1					
	Health club exercise	28	4	4	4	6	6	4
	Hiking-cross-country	29	2	13	7	4	1	2
	Home exercise	26		4	4	7	5	6
	Horseback riding	2				1	1	
	Hunting large game	6	1	2	1	2		
	Jogging	13	2	6	1	2	1	1
	Judo/karate	7	1	1	3	1	1	
	Mowing lawn	5	1	1			1	2
	Painting/papering house	1				1		
	Racquetball	7	1	1	2	3		
	Raking lawn	3				1		2
	Running	114	25	38	28	17	6	
	Rope skipping	2				1	1	
	Skating, ice or roller	3	1	2				
	Snowskiing	12		3	3	4	1	1
	Soccer	12	1	8	2	1		
	Softball	8	1	4	2	1		
	Stair climbing	2			1	1		
	Surfing	3	2	1				
Swimming laps	12	1	2	3	2	1	3	
Table tennis	2		1				1	
Tennis	7		1	2	1	3		
Touch football	4	3		1				
Volleyball	2			1	1			
Walking	448	27	65	77	105	82	92	
Weight lifting	71	16	22	12	6	6	9	
Other	45	11	9	7	12	3	3	

	Bicycling machine exercise	10		2		3	1	4
	Rowing machine exercise	2				1		1
Female	Total	1,765	143	326	365	368	247	316
	Aerobics class	82	12	21	17	19	6	7
	Basketball	7	3	1	2	1		
	Bicycling for pleasure	46	4	15	14	8	4	1
	Bowling	5		1			1	3
	Boxing	1		1				
	Calisthenics	8			2	2		4
	Canoeing in competition	1				1		
	Dancing-aerobics/ballet	18	2	4	1	4	3	4
	Gardening	216	5	21	38	59	35	58
	Golf	19	1	2	2	4	2	8
	Health club exercise	45	5	8	6	13	8	5
	Hiking-cross-country	16	4	2	6	1	3	
	Home exercise	48	1	4	11	9	10	13
	Horseback riding	7	1	2	1	2	1	
	Jogging	19	6	5	4	4		
	Judo/karate	6	4	1	1			
	Mowing lawn	5			1		2	2
	Painting/papering house	1				1		
	Racquetball	4	1		2		1	
	Raking lawn	1				1		
	Running	58	20	17	13	7	1	
	Skating, ice or roller	7	2	3	2			
	Snow skiing	5		3	1	1		
	Soccer	3		1	1	1		
	Softball	3		2	1			
	Stair climbing	10	1	2	5	1	1	
	Swimming laps	33	2	5	7	3	4	12
	Tennis	8	2	1	1	2	1	1
	Walking	977	60	191	201	213	145	167
Waterskiing	1					1		
Weight lifting	23	3	6	9	4		1	
Other	53	3	5	8	4	10	23	
Bicycling machine exercise	26	1	1	8	3	6	7	
Refused	3		1			2		

Denominator is: All survey respondents who said that they had participated in some type of physical activity or exercise.

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

Was there another physical activity or exercise that you participated in during the past month?
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Yes		53.1	59.1	51.7	51.9	54.1	56.8	48.0
No		46.9	40.9	48.3	48.1	45.9	43.2	52.0
Male	Yes	54.2	59.7	56.1	51.8	56.2	53.4	48.0
	No	45.8	40.3	43.9	48.2	43.8	46.6	52.0
Female	Yes	52.1	58.3	46.7	51.9	52.0	60.1	48.1
	No	47.9	41.7	53.3	48.1	48.0	39.9	51.9

Denominator is: All survey respondents.

Was there another physical activity or exercise that you participated in during the past month?
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		2,976	282	591	599	609	401	494
Yes		1,606	166	328	323	323	233	233
No		1,366	116	263	276	286	167	258
Don't know/Not sure		2						2
Refused		2					1	1
Male	Total	1,211	139	265	234	241	154	178
	Yes	676	85	164	126	130	87	84
	No	534	54	101	108	111	67	93
	Don't know/Not sure	1						1
Female	Total	1,765	143	326	365	368	247	316
	Yes	930	81	164	197	193	146	149
	No	832	62	162	168	175	100	165
	Don't know/Not sure	1						1
	Refused	2					1	1

Denominator is: All survey respondents.

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

At risk for no leisure time physical activity.(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Not at risk		80.0	84.4	81.5	78.9	82.6	79.3	74.5
At risk		20.0	15.6	18.5	21.1	17.4	20.7	25.5
Male	Not at risk	81.0	88.0	83.7	77.2	83.4	79.0	75.9
	At risk	19.0	12.0	16.3	22.8	16.6	21.0	24.1
Female	Not at risk	79.0	80.5	79.2	80.7	81.8	79.6	73.5
	At risk	21.0	19.5	20.8	19.3	18.2	20.4	26.5
Denominator is: All survey respondents.								

At risk for no leisure time physical activity.
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		3,724	334	721	758	735	511	665
Not at risk		2,976	282	591	599	609	401	494
At risk		748	52	130	159	126	110	171
Male	Total	1,491	157	315	301	286	197	235
	Not at risk	1,211	139	265	234	241	154	178
	At risk	280	18	50	67	45	43	57
Female	Total	2,233	177	406	457	449	314	430
	Not at risk	1,765	143	326	365	368	247	316
	At risk	468	34	80	92	81	67	114
Denominator is: All survey respondents.								

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

At risk for no leisure time physical activity.
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Not at risk		80.0	84.4	81.5	78.9	82.6	79.3	74.5
At risk		20.0	15.6	18.5	21.1	17.4	20.7	25.5
Male	Not at risk	81.0	88.0	83.7	77.2	83.4	79.0	75.9
	At risk	19.0	12.0	16.3	22.8	16.6	21.0	24.1
Female	Not at risk	79.0	80.5	79.2	80.7	81.8	79.6	73.5
	At risk	21.0	19.5	20.8	19.3	18.2	20.4	26.5
Denominator is: All survey respondents.								

At risk for no leisure time physical activity.
(Unweighted Frequencies)

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Denominator is: All survey respondents.								