

During the past 30 days, other than your regular job, did you participate in any physical activities or exercise such as running, calisthenics, golf, gardening, or walking for exercise?

(Weighted Column Percents)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Yes	83.6	86.3	87.9	86.5	84.3	80.5	75.9
No	16.4	13.7	12.1	13.5	15.7	19.5	24.1
Male Yes	84.2	86.8	87.2	87.8	83.0	79.2	80.1
Male No	15.8	13.2	12.8	12.2	17.0	20.8	19.9
Female Yes	83.0	85.7	88.6	85.2	85.5	81.7	72.8
Female No	17.0	14.3	11.4	14.8	14.5	18.3	27.2

Denominator is:
All survey respondents.

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(Unweighted Frequencies)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Total	4,856	227	504	770	983	1,089	1,283
Yes	3,978	198	448	667	827	878	960
No	869	28	56	103	156	210	316
Don't know/Not sure	8	1				1	6
Refused	1						1
Male Total	1,857	104	185	289	395	431	453
Male Yes	1,539	94	164	255	331	340	355
Male No	315	10	21	34	64	91	95
Male Don't know/Not sure	3						3
Female Total	2,999	123	319	481	588	658	830
Female Yes	2,439	104	284	412	496	538	605
Female No	554	18	35	69	92	119	221
Female Don't know/Not sure	5	1				1	3
Female Refused	1						1

Denominator is:
All survey respondents.

At risk for no leisure time physical activity.

(Weighted Column Percents)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
No risk	83.6	86.3	87.9	86.5	84.3	80.5	75.9
At risk	16.4	13.7	12.1	13.5	15.7	19.5	24.1
Male No risk	84.2	86.8	87.2	87.8	83.0	79.2	80.1
At risk	15.8	13.2	12.8	12.2	17.0	20.8	19.9
Female No risk	83.0	85.7	88.6	85.2	85.5	81.7	72.8
At risk	17.0	14.3	11.4	14.8	14.5	18.3	27.2

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No risk	3,978	198	448	667	827	878	960
At risk	869	28	56	103	156	210	316
Unknown	9	1				1	7
Male Total	1,857	104	185	289	395	431	453
No risk	1,539	94	164	255	331	340	355
At risk	315	10	21	34	64	91	95
Unknown	3						3
Female Total	2,999	123	319	481	588	658	830
No risk	2,439	104	284	412	496	538	605
At risk	554	18	35	69	92	119	221
Unknown	6	1				1	4

Denominator is:

All survey respondents.