

Oregon Healthy Teens 2002, Data Summary, 11th Grade
B14. On how many of the past 7 days did you exercise/participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer, running, swimming laps, fast bicycling, or fast dancing?

	Total	Female	Male	Gender Unknown
Total	100.0	100.0	100.0	100.0
0 days	14.8	17.8	11.5	25.6
1 day	9.7	12.6	7.1	2.4
2 days	11.7	14.4	9.2	6.5
3 days	11.9	12.5	11.5	7.7
4 days	10.5	11.2	10.1	4.1
5 days	13.1	11.8	14.0	20.4
6 days	8.6	7.7	9.4	9.1
7 days	19.8	11.9	27.2	24.1

Weighted percentages exclude missing and/or refused answers.

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	Total	Female	Male	Gender Unknown
Total	4,370	2,159	2,135	76
Missing: Skipped Q	178	67	108	3
0 days	632	395	226	11
1 day	405	258	143	4
2 days	482	296	181	5
3 days	512	279	223	10
4 days	433	221	208	4
5 days	555	253	284	18
6 days	358	145	210	3
7 days	815	245	552	18

Unweighted counts.

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B15. On how many of the past 7 days did you exercise/participate in physical activity for at least 30 minutes that did not make you sweat and breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower, or mop?

	Total	Female	Male	Gender Unknown
Total	100.0	100.0	100.0	100.0
0 days	17.5	18.3	16.7	20.1
1 day	12.1	11.8	12.4	12.2
2 days	16.2	18.2	14.4	15.8
3 days	13.4	14.6	12.3	10.2
4 days	10.5	10.1	11.0	6.7
5 days	8.6	8.8	8.4	9.5
6 days	5.2	5.3	5.1	5.0
7 days	16.5	13.1	19.7	20.4

Weighted percentages exclude missing and/or refused answers.

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B15. On how many of the past 7 days did you exercise/participate in physical activity for at least 30 minutes that did not make you sweat and breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower, or mop?

	Total	Female	Male	Gender Unknown
Total	4,370	2,159	2,135	76
Missing: Skipped Q	177	65	111	1
0 days	766	393	361	12
1 day	480	250	223	7
2 days	628	356	265	7
3 days	568	312	245	11
4 days	426	217	201	8
5 days	376	179	186	11
6 days	227	104	119	4
7 days	722	283	424	15

Unweighted counts.

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B16. In an average week, when you are in school, on how many days do you go to physical education (PE) classes?

	Total	Female	Male	Gender Unknown
Total	100.0	100.0	100.0	100.0
0 days	60.1	70.4	50.1	61.8
1 day	.9	.8	.9	
2 days	3.2	3.1	3.3	3.4
3 days	18.6	14.9	22.0	21.8
4 days	3.0	1.9	4.2	
5 days	14.2	8.9	19.4	12.9

Weighted percentages exclude missing and/or refused answers.

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B16. In an average week, when you are in school, on how many days do you go to physical education (PE) classes?

	Total	Female	Male	Gender Unknown
Total	4,370	2,159	2,135	76
Missing: Skipped Q	178	63	114	1
0 days	2,604	1,505	1,053	46
1 day	29	15	14	
2 days	135	64	66	5
3 days	695	282	403	10
4 days	179	55	124	
5 days	550	175	361	14

Unweighted counts.