

## Oregon Healthy Teens 2003

**Oregon Healthy Teens 2003, Data Summary, 11th Grade**  
**B16. On how many of the past 7 days did you exercise/participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer, running, swimming laps, fast bicycling, or fast dancing?**

	Total	Female	Male	Gender Unknown
Total	100.0	100.0	100.0	100.0
0 days	15.0	17.7	12.2	11.3
1 day	10.3	12.3	8.2	7.3
2 days	10.3	11.9	8.4	17.9
3 days	12.9	13.7	12.0	10.9
4 days	11.0	11.0	10.8	17.1
5 days	15.0	14.8	15.3	2.4
6 days	9.2	8.1	10.3	11.5
7 days	16.4	10.5	22.7	21.6

Weighted percentages exclude missing and/or refused answers.

**Oregon Healthy Teens 2003, Data Summary, 11th Grade**  
**B16. On how many of the past 7 days did you exercise/participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer, running, swimming laps, fast bicycling, or fast dancing?**

	Total	Female	Male	Gender Unknown
Total	4,266	2,140	2,086	40
Missing: skipped Q	179	56	112	11
0 days	632	402	224	6
1 day	405	252	151	2
2 days	419	258	155	6
3 days	515	274	239	2
4 days	429	212	213	4
5 days	604	288	314	2
6 days	389	175	211	3
7 days	694	223	467	4

Unweighted counts.

**Oregon Healthy Teens 2003**

**Oregon Healthy Teens 2003, Data Summary, 11th Grade**  
**B17. On how many of the past 7 days did you exercise/participate in physical activity for at least 30 minutes that did not make you sweat and breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower, or mop?**

	Total	Female	Male	Gender Unknown
Total	100.0	100.0	100.0	100.0
0 days	19.6	18.4	20.9	14.9
1 day	12.5	13.3	11.5	22.7
2 days	15.3	16.4	13.8	27.0
3 days	13.8	15.1	12.5	14.0
4 days	9.6	9.5	9.7	9.5
5 days	9.5	10.5	8.6	1.2
6 days	4.6	4.8	4.5	1.7
7 days	15.1	12.0	18.4	9.0

Weighted percentages exclude missing and/or refused answers.

**Oregon Healthy Teens 2003, Data Summary, 11th Grade**  
**B17. On how many of the past 7 days did you exercise/participate in physical activity for at least 30 minutes that did not make you sweat and breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower, or mop?**

	Total	Female	Male	Gender Unknown
Total	4,172	2,102	2,034	36
Missing: skipped Q	174	58	108	8
0 days	764	394	365	5
1 day	497	253	239	5
2 days	588	326	258	4
3 days	569	317	248	4
4 days	393	197	192	4
5 days	370	195	174	1
6 days	197	108	88	1
7 days	620	254	362	4

Unweighted counts.

**Oregon Healthy Teens 2003, Data Summary, 11th Grade**  
**B18. In an average week, when you are in school, on how many days do you go to physical education (PE) classes?**

	Total	Female	Male	Gender Unknown
Total	100.0	100.0	100.0	100.0
0 days	59.9	68.8	50.2	63.8
1 day	.6	.5	.8	
2 days	5.2	4.8	5.7	
3 days	15.0	12.3	17.9	13.0
4 days	4.2	3.2	5.3	10.7
5 days	15.0	10.4	20.1	12.6

Weighted percentages exclude missing and/or refused answers.

## Oregon Healthy Teens 2003

### Oregon Healthy Teens 2003, Data Summary, 11th Grade

**B18. In an average week, when you are in school, on how many days do you go to physical education (PE) classes?**

	Total	Female	Male	Gender Unknown
Total	4,172	2,102	2,034	36
Missing: skipped Q	177	59	109	9
0 days	2,442	1,439	985	18
1 day	33	12	21	
2 days	192	82	110	
3 days	560	233	323	4
4 days	185	71	111	3
5 days	583	206	375	2

Unweighted counts.