

Mental Health

Oregon Healthy Teens 2005, 8th Grade State Summary

43. During the past week, on how many days did you feel depressed?

	Total	Female	Male
Total	100.0	100.0	100.0
0 days	48.0	35.5	60.6
1 to 2 days	31.7	37.0	26.2
3 to 4 days	12.2	16.3	8.0
5 to 7 days	8.1	11.1	5.1

Weighted percentages exclude missing and/or refused answers.

Oregon Healthy Teens 2005, 8th Grade State Summary

43. During the past week, on how many days did you feel depressed?

	Total	Female	Male
Total	8,416	4,235	4,181
0 days	4,017	1,494	2,523
1 to 2 days	2,676	1,559	1,117
3 to 4 days	1,039	709	330
5 to 7 days	684	473	211

Unweighted counts exclude missing and/or refused answers.

Oregon Healthy Teens 2005, 8th Grade State Summary
44.a. During the past 30 days, how much of the time have you been a very nervous person?

	Total	Female	Male
Total	100.0	100.0	100.0
All of the time	2.4	2.5	2.3
Most of the time	4.3	5.8	2.9
A good bit of the time	5.7	6.5	4.9
Some of the time	13.7	16.6	10.8
A little of the time	41.5	42.6	40.4
None of the time	32.3	26.0	38.7

Weighted percentages exclude missing and/or refused answers.

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Oregon Healthy Teens 2005, 8th Grade State Summary
44.a. During the past 30 days, how much of the time have you been a very nervous person?

	Total	Female	Male
Total	8,368	4,221	4,147
All of the time	193	107	86
Most of the time	370	252	118
A good bit of the time	473	275	198
Some of the time	1,169	694	475
A little of the time	3,471	1,825	1,646
None of the time	2,692	1,068	1,624

Unweighted counts exclude missing and/or refused answers.

Oregon Healthy Teens 2005, 8th Grade State Summary
44.b. During the past 30 days, how much of the time have you felt calm and peaceful?

	Total	Female	Male
Total	100.0	100.0	100.0
All of the time	9.1	5.6	12.8
Most of the time	35.0	32.1	38.0
A good bit of the time	19.9	19.4	20.4
Some of the time	17.4	20.3	14.4
A little of the time	13.6	17.9	9.3
None of the time	4.9	4.8	5.1

Weighted percentages exclude missing and/or refused answers.

Oregon Healthy Teens 2005, 8th Grade State Summary
44.b. During the past 30 days, how much of the time have you felt calm and peaceful?

	Total	Female	Male
Total	8,372	4,217	4,155
All of the time	737	232	505
Most of the time	2,989	1,369	1,620
A good bit of the time	1,690	840	850
Some of the time	1,413	819	594
A little of the time	1,147	762	385
None of the time	396	195	201

Unweighted counts exclude missing and/or refused answers.

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Oregon Healthy Teens 2005, 8th Grade State Summary
44.c. During the past 30 days, how much of the time have you felt downhearted and blue?

	Total	Female	Male
Total	100.0	100.0	100.0
All of the time	2.6	3.1	2.0
Most of the time	6.1	8.7	3.3
A good bit of the time	7.5	10.0	5.0
Some of the time	11.9	15.2	8.5
A little of the time	32.8	35.2	30.4
None of the time	39.2	27.7	50.8

Weighted percentages exclude missing and/or refused answers.

Oregon Healthy Teens 2005, 8th Grade State Summary
44.c. During the past 30 days, how much of the time have you felt downhearted and blue?

	Total	Female	Male
Total	8,329	4,206	4,123
All of the time	226	140	86
Most of the time	487	352	135
A good bit of the time	642	422	220
Some of the time	988	640	348
A little of the time	2,721	1,475	1,246
None of the time	3,265	1,177	2,088

Unweighted counts exclude missing and/or refused answers.

Oregon Healthy Teens 2005, 8th Grade State Summary
44.d. During the past 30 days, how much of the time have you been a happy person?

	Total	Female	Male
Total	100.0	100.0	100.0
All of the time	17.3	15.3	19.4
Most of the time	43.0	41.4	44.7
A good bit of the time	17.0	16.7	17.4
Some of the time	11.4	13.5	9.3
A little of the time	8.7	11.2	6.1
None of the time	2.5	1.9	3.2

Weighted percentages exclude missing and/or refused answers.

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Oregon Healthy Teens 2005, 8th Grade State Summary
44.d. During the past 30 days, how much of the time have you been a happy person?

	Total	Female	Male
Total	8,340	4,200	4,140
All of the time	1,452	642	810
Most of the time	3,572	1,733	1,839
A good bit of the time	1,427	713	714
Some of the time	990	581	409
A little of the time	688	448	240
None of the time	211	83	128

Unweighted counts exclude missing and/or refused answers.

Oregon Healthy Teens 2005, 8th Grade State Summary
44.e. During the past 30 days, how much of the time have you felt so down in the dumps that nothing could cheer you up?

	Total	Female	Male
Total	100.0	100.0	100.0
All of the time	2.2	2.5	1.9
Most of the time	3.7	5.2	2.1
A good bit of the time	4.5	6.0	2.9
Some of the time	7.0	8.9	5.0
A little of the time	19.1	22.8	15.2
None of the time	63.6	54.5	72.9

Weighted percentages exclude missing and/or refused answers.

Oregon Healthy Teens 2005, 8th Grade State Summary
44.e. During the past 30 days, how much of the time have you felt so down in the dumps that nothing could cheer you up?

	Total	Female	Male
Total	8,330	4,201	4,129
All of the time	184	105	79
Most of the time	319	225	94
A good bit of the time	380	250	130
Some of the time	567	361	206
A little of the time	1,575	965	610
None of the time	5,305	2,295	3,010

Unweighted counts exclude missing and/or refused answers.

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Oregon Healthy Teens 2005, 8th Grade State Summary

45. During the past 12 months, did you ever feel so sad or hopeless every day for two weeks or more in a row that you stopped doing some usual activities?

	Total	Female	Male
Total	100.0	100.0	100.0
Yes	17.0	24.4	9.6
No	83.0	75.6	90.4

Weighted percentages exclude missing and/or refused answers.

Oregon Healthy Teens 2005, 8th Grade State Summary

45. During the past 12 months, did you ever feel so sad or hopeless every day for two weeks or more in a row that you stopped doing some usual activities?

	Total	Female	Male
Total	8,436	4,237	4,199
Yes	1,430	1,040	390
No	7,006	3,197	3,809

Unweighted counts exclude missing and/or refused answers.

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46. During the past 12 months, did you ever seriously consider attempting suicide?

	Total	Female	Male
Total	100.0	100.0	100.0
Yes	13.8	19.6	7.9
No	86.2	80.4	92.1

Weighted percentages exclude missing and/or refused answers.

Oregon Healthy Teens 2005, 8th Grade State Summary

46. During the past 12 months, did you ever seriously consider attempting suicide?

	Total	Female	Male
Total	8,398	4,221	4,177
Yes	1,185	847	338
No	7,213	3,374	3,839

Unweighted counts exclude missing and/or refused answers.

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Oregon Healthy Teens 2005, 8th Grade State Summary

47. During the past 12 months, how times did you actually attempt suicide?

	Total	Female	Male
Total	100.0	100.0	100.0
0 times	92.7	89.0	96.5
1 time	3.4	5.2	1.5
2 or 3 times	2.4	3.8	1.0
4 or 5 times	.5	.8	.1
6 or more times	1.0	1.2	.8

Weighted percentages exclude missing and/or refused answers.

Oregon Healthy Teens 2005, 8th Grade State Summary

47. During the past 12 months, how times did you actually attempt suicide?

	Total	Female	Male
Total	8,299	4,169	4,130
0 times	7,674	3,690	3,984
1 time	281	216	65
2 or 3 times	199	163	36
4 or 5 times	49	41	8
6 or more times	96	59	37

Unweighted counts exclude missing and/or refused answers.

Oregon Healthy Teens 2005, 8th Grade State Summary

48. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

	Total	Female	Male
Total	100.0	100.0	100.0
I did not attempt suicide in the past 12 months	92.4	88.6	96.2
Yes	2.5	3.7	1.2
No	5.2	7.7	2.6

Weighted percentages exclude missing and/or refused answers.

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Oregon Healthy Teens 2005, 8th Grade State Summary
48. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

	Total	Female	Male
Total	8,110	4,089	4,021
I did not attempt suicide in the past 12 months	7,466	3,601	3,865
Yes	200	150	50
No	444	338	106

Unweighted counts exclude missing and/or refused answers.

Oregon Healthy Teens 2005, 8th Grade State Summary

48.x. Amongst only those who attempted suicide during the past 12 months: Did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

	Total	Female	Male
Total	100.0	100.0	100.0
Yes	32.3	32.4	32.0
No	67.7	67.6	68.0

Weighted percentages exclude missing and/or refused answers.

Oregon Healthy Teens 2005, 8th Grade State Summary

48.x. Amongst only those who attempted suicide during the past 12 months: Did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

	Total	Female	Male
Total	644	488	156
Yes	200	150	50
No	444	338	106

Unweighted counts exclude missing and/or refused answers.