

Mental Health

**Oregon Healthy Teens 2007 - 11th Grade
State Summary Report**

45. During the past 30 days, how much of the time have you been a very nervous person?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	5,585	100.0	2,866	100.0	2,719	100.0
All of the time	130	2.7	63	2.9	67	2.6
Most of the time	305	5.8	185	6.7	120	4.9
A good bit of the time	511	9.6	323	11.9	188	7.2
Some of the time	924	16.4	537	18.7	387	14.0
A little of the time	2,234	39.0	1,153	39.0	1,081	39.0
None of the time	1,481	26.4	605	20.7	876	32.3

Unweighted counts and weighted percentages exclude missing and/or refused answers.

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46. During the past 30 days, how much of the time have you felt calm and peaceful?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	5,597	100.0	2,872	100.0	2,725	100.0
All of the time	343	6.5	96	3.6	247	9.6
Most of the time	2,213	38.6	979	32.8	1,234	44.7
A good bit of the time	1,255	22.0	679	23.4	576	20.6
Some of the time	942	17.8	600	22.2	342	13.2
A little of the time	681	11.8	447	15.0	234	8.3
None of the time	163	3.2	71	2.9	92	3.6

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47. During the past 30 days, how much of the time have you felt downhearted and blue?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	5,568	100.0	2,856	100.0	2,712	100.0
All of the time	103	2.0	55	2.2	48	1.8
Most of the time	400	7.6	251	9.3	149	5.8
A good bit of the time	618	11.6	399	14.3	219	8.8
Some of the time	973	17.3	566	19.4	407	15.0
A little of the time	2,134	37.8	1,130	38.5	1,004	37.0
None of the time	1,340	23.8	455	16.3	885	31.6

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48. During the past 30 days, how much of the time have you been a happy person?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	5,600	100.0	2,872	100.0	2,728	100.0
All of the time	597	11.6	241	9.1	356	14.3
Most of the time	2,685	47.1	1,314	45.4	1,371	49.0
A good bit of the time	1,091	19.9	602	21.5	489	18.1
Some of the time	742	12.8	448	14.4	294	11.1
A little of the time	387	6.7	234	8.2	153	5.1
None of the time	98	1.9	33	1.3	65	2.4

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49. During the past 30 days, how much of the time have you felt so down in the dumps that nothing could cheer you up?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	5,565	100.0	2,857	100.0	2,708	100.0
All of the time	61	1.1	27	1.1	34	1.1
Most of the time	168	3.2	97	3.7	71	2.7
A good bit of the time	297	5.9	164	6.3	133	5.5
Some of the time	479	8.4	305	10.5	174	6.1
A little of the time	1,288	23.9	778	28.4	510	19.2
None of the time	3,272	57.5	1,486	50.1	1,786	65.4

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50. During the past 12 months, did you ever feel so sad or hopeless every day for two weeks or more in a row that you stopped doing some usual activities?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	5,510	100.0	2,850	100.0	2,660	100.0
Yes	1,050	19.6	696	24.7	354	14.1
No	4,460	80.4	2,154	75.3	2,306	85.9

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51. During the past 12 months, did you ever seriously consider attempting suicide?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	5,520	100.0	2,846	100.0	2,674	100.0
Yes	706	13.7	437	16.1	269	11.1
No	4,814	86.3	2,409	83.9	2,405	88.9

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52. During the past 12 months, how many times did you actually attempt suicide?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	5,449	100.0	2,811	100.0	2,638	100.0
0 times	5,136	93.9	2,626	93.0	2,510	94.8
1 time	162	3.1	101	3.7	61	2.5
2 or 3 times	87	1.7	61	2.4	26	1.0
4 or 5 times	30	.6	12	.4	18	.7
6 or more times	34	.8	11	.5	23	1.0

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53. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	5,283	100.0	2,746	100.0	2,537	100.0
I did not attempt suicide in the past 12 months	4,993	94.2	2,570	93.4	2,423	95.0
Yes	102	2.0	58	1.9	44	2.1
No	188	3.8	118	4.7	70	2.9

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53.x. Amongst only those who attempted suicide during the past 12 months: Did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	290	100.0	176	100.0	114	100.0
Yes	102	34.5	58	29.3	44	42.1
No	188	65.5	118	70.7	70	57.9

Unweighted counts and weighted percentages exclude missing and/or refused answers.