

Nutrition

**Oregon Healthy Teens 2007 - 8th Grade
State Summary Report**

18-23. Summary variable: Five-a-day measure: In the past 7 days, average servings per day where student reported consuming fruits or vegetables.

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	8,780	100.0	4,508	100.0	4,272	100.0
None	85	1.1	24	.6	61	1.6
< One serving per day	828	8.9	377	7.5	451	10.3
1 to < 3 servings per day	3,807	43.6	2,027	45.4	1,780	41.7
3 to < 5 servings per day	2,030	23.1	1,086	24.1	944	22.1
5 or more servings per day	2,030	23.3	994	22.4	1,036	24.3

Unweighted counts and weighted percentages exclude missing and/or refused answers.

**Oregon Healthy Teens 2007 - 8th Grade
State Summary Report**

18. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not include punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	8,950	100.0	4,581	100.0	4,369	100.0
I did not drink 100% fruit juice during the past 7 days	1,818	20.9	945	21.3	873	20.6
1 to 3 times during the past 7 days	3,072	34.1	1,688	36.1	1,384	32.0
4 to 6 times during the past 7 days	1,626	18.1	811	17.9	815	18.4
1 time per day	819	8.7	413	8.4	406	9.1
2 times per day	798	9.1	371	8.6	427	9.6
3 times per day	430	4.8	189	4.0	241	5.7
4 or more times per day	387	4.2	164	3.7	223	4.7

Unweighted counts and weighted percentages exclude missing and/or refused answers.

Nutrition

**Oregon Healthy Teens 2007 - 8th Grade
State Summary Report**

19. During the past 7 days, how many times did you eat fruit? (Do not include fruit juice.)

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	8,944	100.0	4,576	100.0	4,368	100.0
I did not eat fruit during the past 7 days	835	9.4	357	7.5	478	11.4
1 to 3 times during the past 7 days	2,942	31.9	1,557	33.0	1,385	30.8
4 to 6 times during the past 7 days	1,912	21.7	981	22.0	931	21.4
1 time per day	1,266	14.7	658	14.9	608	14.4
2 times per day	1,120	12.5	591	12.9	529	12.1
3 times per day	492	5.8	259	6.1	233	5.6
4 or more times per day	377	3.9	173	3.7	204	4.2

Unweighted counts and weighted percentages exclude missing and/or refused answers.

**Oregon Healthy Teens 2007 - 8th Grade
State Summary Report**

20. During the past 7 days, how many times did you eat green salad?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	8,957	100.0	4,583	100.0	4,374	100.0
I did not eat green salad during the past 7 days	3,063	34.1	1,377	29.6	1,686	38.7
1 to 3 times during the past 7 days	3,367	37.7	1,804	39.6	1,563	35.8
4 to 6 times during the past 7 days	1,174	13.6	687	15.8	487	11.3
1 time per day	939	10.0	505	10.7	434	9.3
2 times per day	237	2.8	128	2.8	109	2.7
3 times per day	67	.6	33	.6	34	.6
4 or more times per day	110	1.2	49	1.0	61	1.6

Unweighted counts and weighted percentages exclude missing and/or refused answers.

Nutrition

**Oregon Healthy Teens 2007 - 8th Grade
State Summary Report**

21. During the past 7 days, how many times did you eat potatoes? (Do not include french fries, fried potatoes or potato chips.)

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	8,952	100.0	4,585	100.0	4,367	100.0
I did not eat potatoes during the past 7 days	3,378	36.9	1,752	37.3	1,626	36.5
1 to 3 times during the past 7 days	4,270	48.2	2,266	50.0	2,004	46.3
4 to 6 times during the past 7 days	745	8.3	325	7.2	420	9.5
1 time per day	344	4.1	167	3.9	177	4.4
2 times per day	118	1.3	43	1.0	75	1.5
3 times per day	39	.4	18	.4	21	.4
4 or more times per day	58	.8	14	.3	44	1.4

Unweighted counts and weighted percentages exclude missing and/or refused answers.

**Oregon Healthy Teens 2007 - 8th Grade
State Summary Report**

22. During the past 7 days, how many times did you eat carrots?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	8,955	100.0	4,583	100.0	4,372	100.0
I did not eat carrots during the past 7 days	4,141	45.5	2,035	43.2	2,106	47.9
1 to 3 times during the past 7 days	3,107	35.5	1,692	38.2	1,415	32.8
4 to 6 times during the past 7 days	827	9.5	418	9.7	409	9.3
1 time per day	511	5.3	269	5.3	242	5.2
2 times per day	180	1.9	82	1.7	98	2.2
3 times per day	64	.8	32	.7	32	.9
4 or more times per day	125	1.5	55	1.3	70	1.7

Unweighted counts and weighted percentages exclude missing and/or refused answers.

Nutrition

**Oregon Healthy Teens 2007 - 8th Grade
State Summary Report**

23. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	8,942	100.0	4,584	100.0	4,358	100.0
I did not eat other vegetables during the past 7 days	1,318	14.6	578	12.1	740	17.2
1 to 3 times during the past 7 days	3,230	36.4	1,684	37.0	1,546	35.8
4 to 6 times during the past 7 days	2,048	23.0	1,079	23.7	969	22.2
1 time per day	1,200	13.4	634	14.1	566	12.7
2 times per day	636	7.0	350	7.6	286	6.4
3 times per day	246	2.6	132	2.9	114	2.2
4 or more times per day	264	3.0	127	2.5	137	3.4

Unweighted counts and weighted percentages exclude missing and/or refused answers.

**Oregon Healthy Teens 2007 - 8th Grade
State Summary Report**

24. During the past 7 days, how many glasses of milk did you drink?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	8,939	100.0	4,581	100.0	4,358	100.0
I did not drink milk during the past 7 days	886	9.8	596	13.0	290	6.4
1 to 3 glasses during the past 7 days	1,471	16.5	848	19.0	623	13.8
4 to 6 glasses during the past 7 days	1,535	17.2	788	17.2	747	17.3
1 glass per day	1,341	15.0	716	15.5	625	14.4
2 glasses per day	1,666	18.8	786	17.2	880	20.5
3 glasses per day	983	11.2	433	9.5	550	13.0
4 or more glasses per day	1,057	11.6	414	8.7	643	14.6

Unweighted counts and weighted percentages exclude missing and/or refused answers.

**Oregon Healthy Teens 2007 - 8th Grade
State Summary Report**

25. During the past 7 days, on how many days did you eat breakfast?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	8,917	100.0	4,564	100.0	4,353	100.0
0 days	816	8.9	464	9.9	352	8.0
1 day	786	8.9	488	10.9	298	6.9
2 to 4 days	1,908	21.3	1,151	24.8	757	17.7
5 to 6 days	1,420	16.2	770	17.3	650	15.1
7 days	3,987	44.6	1,691	37.2	2,296	52.3

Unweighted counts and weighted percentages exclude missing and/or refused answers.

Nutrition

**Oregon Healthy Teens 2007 - 8th Grade
State Summary Report**

26. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not include diet soda or diet pop.)

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	8,950	100.0	4,582	100.0	4,368	100.0
I did not drink soda or pop during the past 7 days	1,792	19.7	1,045	22.2	747	17.1
1 to 3 times during the past 7 days	3,743	42.0	2,048	45.0	1,695	38.9
4 to 6 times during the past 7 days	1,434	16.7	654	15.0	780	18.5
1 time per day	770	8.7	345	7.5	425	10.0
2 times per day	597	6.6	246	5.4	351	7.9
3 times per day	249	2.4	102	1.9	147	3.0
4 or more times per day	365	3.8	142	2.9	223	4.7

Unweighted counts and weighted percentages exclude missing and/or refused answers.

**Oregon Healthy Teens 2007 - 8th Grade
State Summary Report**

27. During the past 7 days, on how many days did you buy soft drinks at school?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	8,904	100.0	4,557	100.0	4,347	100.0
I did not buy soft drinks at school	7,670	86.6	4,003	87.8	3,667	85.3
1 day	623	6.7	287	6.2	336	7.1
2 days	277	2.9	121	2.4	156	3.4
3 days	137	1.8	58	1.5	79	2.0
4 days	66	.7	36	.8	30	.5
5 or more days	131	1.4	52	1.3	79	1.6

Unweighted counts and weighted percentages exclude missing and/or refused answers.