

# Mental Health

## Oregon Healthy Teens 2008 - 11th Grade State Summary Report

**46. During the past 30 days, how much of the time have you been a very nervous person?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	6844	100.0	3569	100.0	3275	100.0
All of the time	161	2.3	95	2.6	66	1.9
Most of the time	401	6.2	265	8.0	136	4.3
A good bit of the time	668	9.7	419	11.7	249	7.5
Some of the time	1171	17.2	684	19.0	487	15.2
A little of the time	2650	39.0	1380	38.6	1270	39.4
None of the time	1793	25.7	726	20.1	1067	31.7

Unweighted counts and weighted percentages exclude missing and/or refused answers.

## Oregon Healthy Teens 2008 - 11th Grade State Summary Report

**47. During the past 30 days, how much of the time have you felt calm and peaceful?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	6830	100.0	3561	100.0	3269	100.0
All of the time	447	6.4	132	4.1	315	8.9
Most of the time	2656	39.5	1175	33.8	1481	45.7
A good bit of the time	1621	23.2	867	22.8	754	23.7
Some of the time	1064	16.0	665	19.4	399	12.3
A little of the time	860	12.4	616	17.3	244	7.0
None of the time	182	2.5	106	2.7	76	2.4

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## Oregon Healthy Teens 2008 - 11th Grade

### State Summary Report

**48. During the past 30 days, how much of the time have you felt downhearted and blue?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	6807	100.0	3553	100.0	3254	100.0
All of the time	141	2.2	74	2.1	67	2.2
Most of the time	476	7.1	329	9.5	147	4.5
A good bit of the time	774	11.9	502	14.9	272	8.5
Some of the time	1129	15.7	700	18.8	429	12.3
A little of the time	2608	38.1	1371	38.1	1237	38.1
None of the time	1679	25.1	577	16.6	1102	34.3

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## Oregon Healthy Teens 2008 - 11th Grade

### State Summary Report

**49. During the past 30 days, how much of the time have you been a happy person?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	6817	100.0	3546	100.0	3271	100.0
All of the time	816	12.5	302	9.4	514	15.8
Most of the time	3257	47.7	1626	45.0	1631	50.6
A good bit of the time	1352	19.8	762	21.6	590	17.9
Some of the time	805	11.4	500	13.6	305	9.0
A little of the time	492	7.3	314	9.1	178	5.3
None of the time	95	1.4	42	1.2	53	1.5

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**50. During the past 30 days, how much of the time have you felt so down in the dumps that nothing could cheer you up?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	6786	100.0	3544	100.0	3242	100.0
All of the time	93	1.5	43	1.3	50	1.7
Most of the time	217	3.4	141	4.3	76	2.5
A good bit of the time	366	5.5	237	6.7	129	4.1
Some of the time	549	8.4	342	10.1	207	6.6
A little of the time	1519	21.0	944	25.1	575	16.6
None of the time	4042	60.2	1837	52.5	2205	68.6

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## Oregon Healthy Teens 2008 - 11th Grade State Summary Report

**51. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	6715	100.0	3524	100.0	3191	100.0
Yes	1328	20.0	909	26.0	419	13.4
No	5387	80.0	2615	74.0	2772	86.6

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## Oregon Healthy Teens 2008 - 11th Grade State Summary Report

**52. During the past 12 months, did you ever seriously consider attempting suicide?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	6737	100.0	3527	100.0	3210	100.0
Yes	886	12.9	589	15.8	297	9.7
No	5851	87.1	2938	84.2	2913	90.3

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## Oregon Healthy Teens 2008 - 11th Grade State Summary Report

**53. During the past 12 months, how many times did you actually attempt suicide?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	6658	100.0	3481	100.0	3177	100.0
0 times	6272	94.0	3233	93.0	3039	95.1
1 time	204	3.2	137	3.7	67	2.5
2 or 3 times	112	1.8	79	2.5	33	1.1
4 or 5 times	31	.5	14	.3	17	.7
6 or more times	39	.6	18	.5	21	.6

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## Oregon Healthy Teens 2008 - 11th Grade State Summary Report

**54. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	6437	100.0	3383	100.0	3054	100.0
I did not attempt suicide in the past 12 months	6063	94.3	3146	93.5	2917	95.2
Yes	114	1.9	71	2.0	43	1.8
No	260	3.7	166	4.5	94	2.9

Unweighted counts and weighted percentages exclude missing and/or refused answers.

## Oregon Healthy Teens 2008 - 11th Grade State Summary Report

**54.x. Amongst only those who attempted suicide during the past 12 months: Did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	374	100.0	237	100.0	137	100.0
Yes	114	34.0	71	31.3	43	38.1
No	260	66.0	166	68.7	94	61.9

Unweighted counts and weighted percentages exclude missing and/or refused answers.