

# OREGON HEALTHY TEENS SURVEY 2008

This survey was developed to learn about risks to students' health and safety. The information you provide will be used to help schools and communities develop ways to improve student health and safety in Oregon.

**Your participation in this survey is voluntary.**

## **DO NOT WRITE YOUR NAME ON THIS SURVEY.**

The answers you give will be kept private. No one will know how you answer.

This is **NOT** a test. There are no right or wrong answers, and your participation in this survey is **VOLUNTARY**. If you are not comfortable answering a question, you can leave it blank.

Please **do** answer each question you are comfortable with answering. Just because a question is asked, that **does not** mean that we believe you have engaged in a particular behavior or that it is normal. Each question has a response to indicate if you **did not** engage in that behavior. If you don't always find an answer that fits exactly, use the one that comes closest. If you are not sure what a question means, just leave it blank.

Please fill in only **ONE** bubble or answer, **unless** the question specifically asks you to "Select one or more responses."

## **Marking Instructions:**

**Please mark your choice on the corresponding "Answer Sheet"**

**Fill in the bubbles completely. If you make a mistake, please erase your mistake, then fill in the correct response.**

**Proper Marks**



**Improper Marks**



1. What is your sex?
  - A. Female
  - B. Male
2. In what grade are you?
  - A. 7th grade
  - B. 8th grade
  - C. 9th grade
  - D. 10th grade
  - E. 11th grade
  - F. 12th grade
  - G. Ungraded or other grade
3. How old are you?
  - A. 12 years old or younger
  - B. 13 years old
  - C. 14 years old
  - D. 15 years old
  - E. 16 years old
  - F. 17 years old
  - G. 18 years old or older
4. Are you Hispanic or Latino?
  - A. Yes
  - B. No
5. What is your race? **(Select one or more responses.)**
  - A. American Indian or Alaska Native
  - B. Asian
  - C. Black or African American
  - D. Native Hawaiian or Other Pacific Islander
  - E. White
6. What is the language you use most often at home?
  - A. English
  - B. Spanish
  - C. Another language
7. Are you using the Spanish reference guide to complete the survey?
  - A. Yes
  - B. No
8. How tall are you without your shoes on? Directions: Write your height in the shaded blank boxes. Fill in the matching circle below each number on the answer sheet.

**Example**

Height	
Feet	Inches
4	11
③	①
●	①
⑤	②
⑥	③
⑦	④
	⑤
	⑥
	⑦
	⑧
	⑨
	⑩
	●

9. How much do you weigh without your shoes on? Directions: Write your weight in the shaded blank boxes. Fill in the matching circle below each number on the answer sheet.

**Example**

Weight		
Pounds		
0	9	5
●	①	①
①	①	①
②	②	②
③	③	③
	④	④
	⑤	●
	⑥	⑥
	⑦	⑦
	⑧	⑧
	●	⑨

**The next 5 questions ask about health care issues.**

10. Would you say that in general your **physical health** is...
  - A. Excellent
  - B. Very good
  - C. Good
  - D. Fair
  - E. Poor
11. Would you say that in general your **emotional and mental health** is...
  - A. Excellent
  - B. Very good
  - C. Good
  - D. Fair
  - E. Poor
12. When did you last go to a doctor or nurse practitioner for a check-up or physical exam when you were not sick or injured?
  - A. During the past 12 months
  - B. Between 12 and 24 months ago
  - C. More than 24 months ago
  - D. Never
  - E. Not sure
13. During the past 12 months, did you have any **physical** health care needs that were **not** met? (Count any situation where you thought you should see a doctor, nurse, or other health professional.)
  - A. Yes
  - B. No
14. During the past 12 months, did you have any **emotional or mental health** care needs that were **not** met? (Count any situation where you thought you should see a counselor, social worker, or other mental health professional.)
  - A. Yes
  - B. No

For these next 4 statements, mark how true you feel each is for you.

15. I can do most things if I try.  
A. Very much true  
B. Pretty much true  
C. A little true  
D. Not at all true
16. There is at least one teacher or other adult in my school that really cares about me.  
A. Very much true  
B. Pretty much true  
C. A little true  
D. Not at all true
17. I volunteer to help others in my community.  
A. Very much true  
B. Pretty much true  
C. A little true  
D. Not at all true
18. I can work out my problems.  
A. Very much true  
B. Pretty much true  
C. A little true  
D. Not at all true

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The next question asks about grades.

19. Putting them all together, what were your grades like last year?  
A. Mostly A's  
B. Mostly B's  
C. Mostly C's  
D. Mostly D's  
E. Mostly F's  
F. None of those grades  
G. Not sure

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The next 2 questions ask about asthma.

20. Has a doctor or nurse ever told you that you have asthma?  
A. Yes  
B. No  
C. Not sure
21. Do you still have asthma?  
A. I have never had asthma  
B. Yes, I still have asthma  
C. No, I no longer have asthma  
D. Not sure

The next 2 questions ask about other health conditions.

22. Has a doctor, nurse, or other professional ever told you that you have one or more of the following: **(Please mark all that apply.)**  
A. I do not have any of these conditions  
B. A medical condition lasting more than a year, such as asthma, diabetes, cancer, heart problems or seizures  
C. A physical condition, including developmental conditions (spina bifida, cerebral palsy, etc.), long-term injuries (spinal cord injury, etc.), or bone, joint, or muscle problems (arthritis, etc.)  
D. Blindness or problem seeing (other than needing glasses or contacts) or deafness or problem hearing  
E. An emotional condition such as depression or anxiety  
F. A learning disorder, attention deficit disorder, ADHD, or severe learning disability such as mental retardation
23. Are you limited in any activities because of ANY disabilities or long-term health problems, including physical health, emotional, or learning problems?  
A. Yes  
B. No  
C. Not sure

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The next 10 questions ask about food you ate or drank during the past 7 days. Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.

24. During the past 7 days, how many times did you drink **100% fruit juices** such as orange juice, apple juice, or grape juice? (Do **not** count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)  
A. I did not drink 100% fruit juice during the past 7 days  
B. 1 to 3 times during the past 7 days  
C. 4 to 6 times during the past 7 days  
D. 1 time per day  
E. 2 times per day  
F. 3 times per day  
G. 4 or more times per day
25. During the past 7 days, how many times did you eat **fruit**? (Do **not** count fruit juice.)  
A. I did not eat fruit during the past 7 days  
B. 1 to 3 times during the past 7 days  
C. 4 to 6 times during the past 7 days  
D. 1 time per day  
E. 2 times per day  
F. 3 times per day  
G. 4 or more times per day

26. During the past 7 days, how many times did you eat **green salad**?  
 A. I did not eat green salad during the past 7 days  
 B. 1 to 3 times during the past 7 days  
 C. 4 to 6 times during the past 7 days  
 D. 1 time per day  
 E. 2 times per day  
 F. 3 times per day  
 G. 4 or more times per day
27. During the past 7 days, how many times did you eat **potatoes**? (Do **not** count french fries, fried potatoes, or potato chips.)  
 A. I did not eat potatoes during the past 7 days  
 B. 1 to 3 times during the past 7 days  
 C. 4 to 6 times during the past 7 days  
 D. 1 time per day  
 E. 2 times per day  
 F. 3 times per day  
 G. 4 or more times per day
28. During the past 7 days, how many times did you eat **carrots**?  
 A. I did not eat carrots during the past 7 days  
 B. 1 to 3 times during the past 7 days  
 C. 4 to 6 times during the past 7 days  
 D. 1 time per day  
 E. 2 times per day  
 F. 3 times per day  
 G. 4 or more times per day
29. During the past 7 days, how many times did you eat **other vegetables**? (Do **not** count green salad, potatoes, or carrots.)  
 A. I did not eat other vegetables during the past 7 days  
 B. 1 to 3 times during the past 7 days  
 C. 4 to 6 times during the past 7 days  
 D. 1 time per day  
 E. 2 times per day  
 F. 3 times per day  
 G. 4 or more times per day
30. During the past 7 days, how many **glasses of milk** did you drink? (Include the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)  
 A. I did not drink milk during the past 7 days  
 B. 1 to 3 glasses during the past 7 days  
 C. 4 to 6 glasses during the past 7 days  
 D. 1 glass per day  
 E. 2 glasses per day  
 F. 3 glasses per day  
 G. 4 or more glasses per day
31. During the past 7 days, on how many days did you eat breakfast?  
 A. 0 days  
 B. 1 day  
 C. 2 to 4 days  
 D. 5 to 6 days  
 E. 7 days
32. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do **not** include diet soda or diet pop.)  
 A. I did not drink soda or pop during the past 7 days  
 B. 1 to 3 times during the past 7 days  
 C. 4 to 6 times during the past 7 days  
 D. 1 time per day  
 E. 2 times per day  
 F. 3 times per day  
 G. 4 or more times per day
33. During the past 7 days, how many days did you buy soft drinks at school?  
 A. I did not buy soft drinks at school  
 B. 1 day  
 C. 2 days  
 D. 3 days  
 E. 4 days  
 F. 5 or more days
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- The next 5 questions ask about physical activity.**
34. During the past 7 days, on how many days were you physically active for a total of **at least 60 minutes per day**? (Add up all the time you spend in any kind of physical activity that increases your heart rate and makes you breathe hard some of the time.)  
 A. 0 days  
 B. 1 day  
 C. 2 days  
 D. 3 days  
 E. 4 days  
 F. 5 days  
 G. 6 days  
 H. 7 days
35. In an average week when you are in school, on how many days do you go to physical education (PE) classes?  
 A. 0 days  
 B. 1 day  
 C. 2 days  
 D. 3 days  
 E. 4 days  
 F. 5 days
36. During an average physical education (PE) class, how many minutes do you spend actually exercising or playing sports?  
 A. I do not take PE  
 B. Less than 10 minutes  
 C. 10 to 20 minutes  
 D. 21 to 30 minutes  
 E. 31 to 40 minutes  
 F. 41 to 50 minutes  
 G. 51 to 60 minutes  
 H. More than 60 minutes

37. On an average school day, how many hours do you watch TV?
- I do not watch TV on an average school day
  - Less than 1 hour per day
  - 1 hour per day
  - 2 hours per day
  - 3 hours per day
  - 4 hours per day
  - 5 or more hours per day
38. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, Play Station, X-box, computer games and the Internet.)
- I do not play video or computer games or use a computer for something that is not school work
  - Less than 1 hour per day
  - 1 hour per day
  - 2 hours per day
  - 3 hours per day
  - 4 hours per day
  - 5 or more hours per day

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**The next 7 questions ask about body weight.**

39. How do **you** describe your weight?
- Very underweight
  - Slightly underweight
  - About the right weight
  - Slightly overweight
  - Very overweight
40. Which of the following are you trying to do about your weight?
- Lose** weight
  - Gain** weight
  - Stay** the same weight
  - I am **not trying to do anything** about my weight
41. During the past 30 days, did you **exercise** to lose weight or to keep from gaining weight?
- Yes
  - No
42. During the past 30 days, did you **eat less food, fewer calories, or foods low in fat** to lose weight or to keep from gaining weight?
- Yes
  - No
43. During the past 30 days, did you **go without eating for 24 hours or more** (also called fasting) to lose weight or to keep from gaining weight?
- Yes
  - No

44. During the past 30 days, did you **take any diet pills, powders, or liquids** without a doctor's advice to lose weight or to keep from gaining weight? (Do **not** include meal replacement products such as Slim Fast.)
- Yes
  - No
45. During the past 30 days, did you **vomit or take laxatives** to lose weight or to keep from gaining weight?
- Yes
  - No

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**The next 9 questions ask about sad feelings and attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide, that is, taking some action to end their own life.**

46. During the past 30 days, how much of the time have you been a very nervous person?
- All of the time
  - Most of the time
  - A good bit of the time
  - Some of the time
  - A little of the time
  - None of the time
47. During the past 30 days, how much of the time have you felt calm and peaceful?
- All of the time
  - Most of the time
  - A good bit of the time
  - Some of the time
  - A little of the time
  - None of the time
48. During the past 30 days, how much of the time have you felt downhearted and blue?
- All of the time
  - Most of the time
  - A good bit of the time
  - Some of the time
  - A little of the time
  - None of the time
49. During the past 30 days, how much of the time have you been a happy person?
- All of the time
  - Most of the time
  - A good bit of the time
  - Some of the time
  - A little of the time
  - None of the time

50. During the past 30 days, how much of the time have you felt so down in the dumps that nothing could cheer you up?
- All of the time
  - Most of the time
  - A good bit of the time
  - Some of the time
  - A little of the time
  - None of the time
51. During the past 12 months, did you ever feel so sad or hopeless almost every day for **two weeks or more in a row** that you stopped doing some usual activities?
- Yes
  - No
52. During the past 12 months, did you ever **seriously** consider attempting suicide?
- Yes
  - No
53. During the past 12 months, how many times did you actually attempt suicide?
- 0 times
  - 1 time
  - 2 or 3 times
  - 4 or 5 times
  - 6 or more times
54. **If you attempted suicide** during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?
- I did not attempt suicide** in the past 12 months
  - Yes
  - No
58. During the past 30 days, on how many days did you **not** go to school because you felt you would be unsafe at school or on your way to or from school?
- 0 days
  - 1 day
  - 2 or 3 days
  - 4 or 5 days
  - 6 or more days
59. During the past 30 days, on how many days did you carry a **gun**?
- 0 days
  - 1 day
  - 2 or 3 days
  - 4 or 5 days
  - 6 or more days
60. During the past 30 days, on how many days did you carry a **weapon** other than a gun (such as a knife, club, or other weapon)?
- 0 days
  - 1 day
  - 2 or 3 days
  - 4 or 5 days
  - 6 or more days
61. During the past 30 days, on how many days did you carry a gun **on school property**?
- 0 days
  - 1 day
  - 2 or 3 days
  - 4 or 5 days
  - 6 or more days

**The next 20 questions ask about personal safety.**

55. During the past 30 days, how many times did you **drive** a car or other vehicle **when you had been drinking alcohol**?
- 0 times
  - 1 time
  - 2 or 3 times
  - 4 or 5 times
  - 6 or more times
56. During the past 30 days, how many times did you **ride** in a car or other vehicle **driven by a teenager who had been drinking alcohol**?
- 0 times
  - 1 time
  - 2 or 3 times
  - 4 or 5 times
  - 6 or more times
57. During the past 30 days, how many times did you **ride** in a car or other vehicle **driven by a parent or other adult who had been drinking alcohol**?
- 0 times
  - 1 time
  - 2 or 3 times
  - 4 or 5 times
  - 6 or more times

	0 times	1 or more times
During the past 12 months, how many times:		
62. Has someone threatened you with a weapon such as a gun, knife, or club <b>on school property</b> ?	A	B
63. Have you been suspended from school?	A	B
64. Has anyone offered, sold or given you an illegal drug <b>on school property</b> ?	A	B
65. Have you carried a handgun?	A	B
66. Have you sold illegal drugs?	A	B
67. Have you stolen or tried to steal a motor vehicle such as a car or motorcycle?	A	B
68. Have you attacked someone with the idea of seriously hurting them?	A	B
69. Have you been arrested?	A	B
70. Have you stolen something worth more than \$10?	A	B
71. Have you been stopped by police?	A	B
72. Have you been in a fight with a weapon?	A	B

73. During the past 12 months, how many times were you in a physical fight?
- 0 times
  - 1 time
  - 2 or 3 times
  - 4 or 5 times
  - 6 or 7 times
  - 8 or 9 times
  - 10 or 11 times
  - 12 or more times
74. During the past 12 months, how many times were you in a physical fight **on school property**?
- 0 times
  - 1 time
  - 2 or 3 times
  - 4 or 5 times
  - 6 or 7 times
  - 8 or 9 times
  - 10 or 11 times
  - 12 or more times

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**Harassment can include threatening, bullying, name-calling or obscenities, offensive notes or graffiti, unwanted touching, and physical attacks.**

75. During the past 30 days, have you ever been harassed at school (or on the way to or from school) in relation to any of the following issues? **(Select one or more responses.)**
- Harassment about your race or ethnic origin
  - Unwanted sexual comments or attention
  - Harassment because someone thought you were gay, lesbian or bisexual
  - Harassment about your weight, clothes, acne, or other physical characteristics
  - Harassment about your group of friends
  - Other reasons
  - I have not been harassed

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**The next 8 questions ask about gambling.**

76. During the past 12 months, how often have you played cards for money?
- Not at all
  - Less than once a month
  - About once a month
  - About once a week
  - Daily
77. During the past 12 months, how often have you bet money on games of personal skill like pool, golf or bowling?
- Not at all
  - Less than once a month
  - About once a month
  - About once a week
  - Daily

78. During the past 12 months, how often have you bet money on sports teams?
- Not at all
  - Less than once a month
  - About once a month
  - About once a week
  - Daily
79. During the past 12 months, how often have you bought lottery tickets or scratch offs?
- Not at all
  - Less than once a month
  - About once a month
  - About once a week
  - Daily
80. During the past 12 months, how often have you gambled at a casino?
- Not at all
  - Less than once a month
  - About once a month
  - About once a week
  - Daily
81. During the last 12 months, have you ever felt bad about the amount you bet, or about what happens when you bet money?
- I don't bet for money
  - Yes
  - No
82. During the last 12 months, have you ever felt that you would like to stop betting money but didn't think you could?
- I don't bet for money
  - Yes
  - No
83. In total, how much money have you bet in any form (lottery, card games, bingo, Internet, sports, with friends) in the past three months
- \$0
  - \$1 to \$10
  - \$11 to \$50
  - \$51 to \$100
  - \$101 to \$200
  - \$201 to \$500
  - Over \$500

**The next 7 questions ask about sexual behavior.**

84. Have you ever had sexual intercourse?  
A. Yes  
B. No
85. How old were you when you had sexual intercourse for the first time?  
A. I have never had sexual intercourse  
B. 11 years old or younger  
C. 12 years old  
D. 13 years old  
E. 14 years old  
F. 15 years old  
G. 16 years old  
H. 17 years old or older
86. During your life, with how many people have you had sexual intercourse?  
A. I have never had sexual intercourse  
B. 1 person  
C. 2 people  
D. 3 people  
E. 4 people  
F. 5 people  
G. 6 or more people
87. Which of the following best describes you?  
A. Heterosexual (straight)  
B. Gay or lesbian  
C. Bisexual  
D. Not sure
88. During your life, with whom have you had sexual contact?  
A. I have never had sexual contact  
B. Females  
C. Males  
D. Females and Males
89. During the past 3 months, with how many people did you have sexual intercourse?  
A. I have never had sexual intercourse  
B. I have had sexual intercourse, but not during the past 3 months  
C. 1 person  
D. 2 people  
E. 3 people  
F. 4 people  
G. 5 people  
H. 6 or more people
90. Did you drink alcohol or use drugs before you had sexual intercourse the **last time**?  
A. I have never had sexual intercourse  
B. Yes  
C. No

91. The **last time** you had sexual intercourse, did you or your partner use a condom?  
A. I have never had sexual intercourse  
B. Yes  
C. No
92. The **last time** you had sexual intercourse, what **one** method did you or your partner use to **prevent pregnancy**? (Select only **one** response.)  
A. I have never had sexual intercourse  
B. No method was used to prevent pregnancy  
C. Birth control pills  
D. Condoms  
E. Depo-Provera (injectable birth control)  
F. Withdrawal  
G. Some other method  
H. Not sure

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**The next 5 questions ask about violence-related behaviors.**

93. Have you ever been physically forced to have sexual intercourse when you did not want to?  
A. Yes  
B. No
94. Have you ever given in to sexual activity when you didn't want to because of pressure?  
A. Yes  
B. No
95. During your life, has any adult ever had sexual contact with you?  
A. Yes  
B. No
96. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?  
A. Yes  
B. No
97. During your life, has any adult ever intentionally hit or physically hurt you?  
A. Yes  
B. No

The next questions ask about tobacco use.

During the past 30 days, on how many days did you ...	0 days	1 to 2 days	3 to 5 days	6 to 9 days	10 to 19 days	20 to 29 days	All 30 days
98. Smoke <b>cigarettes</b> ?	A	B	C	D	E	F	G
99. Use <b>chewing tobacco, snuff, or dip</b> , such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits or Copenhagen?	A	B	C	D	E	F	G
100. Smoke <b>cigars, cigarillos, or little cigars</b> ?	A	B	C	D	E	F	G
101. Smoke tobacco in a <b>pipe</b> ?	A	B	C	D	E	F	G
102. Smoke tobacco in a <b>Hookah</b> , also known as a waterpipe?	A	B	C	D	E	F	G
103. Smoke <b>clove</b> or <b>kretek</b> cigarettes?	A	B	C	D	E	F	G
104. Smoke <b>bidis</b> (or "beedies")? Bidis are small brown cigarettes that have tobacco wrapped in a leaf and tied with a thread.	A	B	C	D	E	F	G

105. During the past 30 days, on the days you smoked, how many cigarettes did you smoke **per day**?
- A. I did not smoke cigarettes during the past 30 days
  - B. Less than 1 cigarette per day
  - C. 1 cigarette per day
  - D. 2 to 5 cigarettes per day
  - E. 6 to 10 cigarettes per day
  - F. 11 to 20 cigarettes per day
  - G. More than 20 cigarettes per day
106. How old were you when you smoked a whole cigarette for the first time?
- A. I have never smoked a whole cigarette
  - B. 8 years old or younger
  - C. 9 years old
  - D. 10 years old
  - E. 11 years old
  - F. 12 years old
  - G. 13 years old
  - H. 14 years old
  - I. 15 years old
  - J. 16 years old
  - K. 17 years old or older
107. Have you ever tried smoking **flavored** cigarettes (made to taste like chocolate, candy, etc.)?
- A. Yes
  - B. No
108. Do you want to completely stop smoking cigarettes?
- A. I do not smoke now
  - B. Yes
  - C. No
109. During the past 12 months, did you ever **try** to stop smoking cigarettes?
- A. I did not smoke cigarettes in the past 12 months
  - B. Yes
  - C. No

110. Do you think that you will smoke a cigarette soon?
- A. Definitely yes
  - B. Probably yes
  - C. Probably not
  - D. Definitely not
111. At any time during the next year, do you think you will smoke a cigarette?
- A. Definitely yes
  - B. Probably yes
  - C. Probably not
  - D. Definitely not
112. If one of your best friends were to offer you a cigarette, would you smoke it?
- A. Definitely yes
  - B. Probably yes
  - C. Probably not
  - D. Definitely not
113. During the past 30 days, from which of the following sources did you get tobacco (cigarettes, chew, cigars)? **Please mark all that apply.**
- A. I did not get tobacco during the past 30 days
  - B. A store or gas station
  - C. Friends 18 or older
  - D. Friends under 18
  - E. Took from home without permission
  - F. A family member
  - G. The Internet
  - H. Some other source
114. If you wanted to get some tobacco (cigarettes, chew, cigars), how easy would it be for you to get some?
- A. Very easy
  - B. Sort of easy
  - C. Sort of hard
  - D. Very hard

115. Is there a rule against tobacco in your school?  
 A. There is no rule  
 B. There is a rule, but it isn't enforced  
 C. There is a rule and it is sometimes enforced  
 D. There is a rule and it is strictly enforced
116. During the past 30 days, on how many days did you smoke cigarettes **on school property**?  
 A. 0 days  
 B. 1 or 2 days  
 C. 3 to 5 days  
 D. 6 to 9 days  
 E. 10 to 19 days  
 F. 20 to 29 days  
 G. All 30 days
117. During the past 30 days, on how many days did you use **chewing tobacco, snuff, or dip on school property**?  
 A. 0 days  
 B. 1 or 2 days  
 C. 3 to 5 days  
 D. 6 to 9 days  
 E. 10 to 19 days  
 F. 20 to 29 days  
 G. All 30 days
118. During the past 12 months, have you seen other students smoke on school property?  
 A. Yes  
 B. No
119. During the past 12 months, have you seen teachers, staff, or other adults smoke on school property?  
 A. Yes  
 B. No
120. During the past 12 months, have you seen teachers, staff, or other adults use chewing tobacco on school property?  
 A. Yes  
 B. No
121. During the past 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?  
 A. 0 days  
 B. 1 to 2 days  
 C. 3 to 4 days  
 D. 5 to 6 days  
 E. 7 days
122. Does someone living in your house (other than you) smoke cigarettes?  
 A. Nobody smokes  
 B. Someone smokes, but not inside the house  
 C. Someone smokes inside the house

123. Do you agree or disagree with the following statement: Cigarette companies deliberately advertise and promote cigarettes to encourage youth under 18 to smoke.  
 A. Strongly agree  
 B. Somewhat agree  
 C. Somewhat disagree  
 D. Strongly disagree  
 E. Not sure

During the past 30 days, have you seen an advertisement promoting cigarettes:	Yes	No	Not sure
124. On a storefront or in a store?	A	B	C
125. In a magazine?	A	B	C

126. If you have a favorite, what is the brand of your favorite cigarette advertisement? **Mark only one answer.**  
 A. I do not have a favorite  
 B. Marlboro  
 C. Camel  
 D. Kool  
 E. Virginia Slim  
 F. Winston  
 G. American Spirit  
 H. Other
127. Do you think the smoke from other people's cigarettes is harmful to you?  
 A. Definitely yes  
 B. Probably yes  
 C. Probably not  
 D. Definitely not
128. During the last 12 months, have you been taught about tobacco in school?  
 A. Yes  
 B. No  
 C. No sure
129. What percentage of youth in **your grade** do you think smoked cigarettes in the past 30 days?  
 A. Less than 10%  
 B. 11% to 20%  
 C. 21% to 30%  
 D. 31% to 40%  
 E. 41% to 50%  
 F. 51% to 60%  
 G. 61% to 70%  
 H. More than 70%

The next 22 questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

130. How old were you when you had more than a sip or two of beer, wine, or hard liquor (for example, vodka, whiskey, or gin) for the first time?  
 A. I have never drank alcohol  
 B. 8 years old or younger  
 C. 9 years old  
 D. 10 years old  
 E. 11 years old  
 F. 12 years old  
 G. 13 years old  
 H. 14 years old  
 I. 15 years old  
 J. 16 years old  
 K. 17 years old or older
131. On how many occasions (if any) have you had beer or wine (non-religious) or hard liquor (for example, vodka, whiskey, or gin) to drink during the past 30 days?  
 A. 0 occasions  
 B. 1 to 2 occasions  
 C. 3 to 5 occasions  
 D. 6 to 9 occasions  
 E. 10 or more occasions
132. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?  
 A. 0 days  
 B. 1 day  
 C. 2 days  
 D. 3 to 5 days  
 E. 6 to 9 days  
 F. 10 to 19 days  
 G. 20 or more days
133. During the past 30 days, on how many days did you have at least one drink of alcohol **on school property**?  
 A. 0 days  
 B. 1 or 2 days  
 C. 3 to 5 days  
 D. 6 to 9 days  
 E. 10 to 19 days  
 F. 20 to 29 days  
 G. All 30 days
134. During the past 30 days, what type of alcohol did you **usually** drink? (Select only **one** response.)  
 A. I did not drink alcohol during the past 30 days  
 B. I do not have a usual type  
 C. Beer  
 D. Flavored beverages, such as Smirnoff Ice, Bacardi Silver, and Hard Lemonade  
 E. Wine coolers, such as Bartles and Jaymes or Seagrams Wine  
 F. Wine  
 G. Liquor, such as vodka, rum, scotch, bourbon, or whiskey  
 H. Some other type

135. During your life, on how many days have you had at least one drink of alcohol?  
 A. 0 days  
 B. 1 or 2 days  
 C. 3 to 9 days  
 D. 10 to 19 days  
 E. 20 to 39 days  
 F. 40 to 99 days  
 G. 100 or more days
136. If you wanted to get some beer, wine or hard liquor (for example, vodka, whiskey or gin), how easy would it be for you to get some?  
 A. Very easy  
 B. Sort of easy  
 C. Sort of hard  
 D. Very hard
137. In the last 12 months, which of the following have you experienced? **Please mark all that apply.**  
 A. I did not drink alcohol in the last 12 months  
 B. Missed school or class because of drinking alcohol  
 C. Gotten sick to your stomach because of drinking alcohol  
 D. Not been able to remember what happened while you were drinking alcohol  
 E. Later regretted something you did while drinking alcohol  
 F. Worried that you drank alcohol too much or too often

During the past 30 days, how many times did you get alcohol (beer, wine, or hard liquor) from each of the following sources?	None	1 or more times
138. Grocery stores	A	B
139. Convenience stores (such as 7-Eleven)	A	B
140. Gas stations	A	B
141. Friends 21 and older	A	B
142. Friends under 21	A	B
143. Took from home without permission	A	B
144. A parent	A	B
145. A brother or sister	A	B
146. Another family member	A	B
147. Through the Internet	A	B
148. By asking a stranger to buy it for me	A	B
149. Liquor store	A	B
150. Bar/Night Club or Restaurant	A	B
151. At a party	A	B

**The next 4 questions ask about marijuana.  
Marijuana is also called grass or pot.**

152. How old were you when you tried marijuana for the first time?  
 A. I have never tried marijuana  
 B. 8 years old or younger  
 C. 9 years old  
 D. 10 years old  
 E. 11 years old  
 F. 12 years old  
 G. 13 years old  
 H. 14 years old  
 I. 15 years old  
 J. 16 years old  
 K. 17 years old or older
153. During the past 30 days, how many times did you use marijuana?  
 A. 0 times  
 B. 1 or 2 times  
 C. 3 to 9 times  
 D. 10 to 19 times  
 E. 20 to 39 times  
 F. 40 or more times
154. During your life, how many times have you used marijuana?  
 A. 0 times  
 B. 1 or 2 times  
 C. 3 to 9 times  
 D. 10 to 19 times  
 E. 20 to 39 times  
 F. 40 to 99 times  
 G. 100 or more times
155. If you wanted to get some marijuana, how easy would it be for you to get some?  
 A. Very easy  
 B. Sort of easy  
 C. Sort of hard  
 D. Very hard

**The next 32 questions ask about other drugs.**

156. If you wanted to get a drug like cocaine, LSD, or amphetamines, how easy do you think it would be for you to get some?  
 A. Very easy  
 B. Sort of easy  
 C. Sort of hard  
 D. Very hard

During the past 30 days, how many times did you:	0 times	1 or more times
157. Sniff glue, breathe the contents of aerosol spray cans, or inhale any paints or sprays to get high?	A	B
158. Use prescription drugs (without a doctor's orders) to get high?	A	B
159. Use <b>methamphetamines</b> (also called speed, crystal, crank, or ice)?	A	B
160. Use <b>any</b> form of cocaine, including powder, crack, or freebase?	A	B
161. Use <b>heroin</b> or other opiates or narcotics?	A	B
162. Use <b>ecstasy</b> (also called MDMA)?	A	B
163. Use LSD or other hallucinogens or psychedelics?	A	B

During the past 12 months, how many times have you:	0 times	1 or more times
164. Used <b>any</b> form of cocaine, including powder, crack, or freebase?	A	B
165. Sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?	A	B
166. Used <b>heroin</b> (also called smack, junk, or China White)?	A	B
167. Used <b>methamphetamines</b> (also called speed, crystal, crank, or ice)?	A	B
168. Used <b>ecstasy</b> (also called MDMA)?	A	B
169. Taken <b>steroid pills or shots</b> without a doctor's prescription?	A	B
170. Used a needle to inject any <b>illegal</b> drug into your body?	A	B

Think of your four best friends (the friends you feel closest to). IN THE PAST 12 MONTHS how many of your best friends have:	None	1 or more
171. Smoked cigarettes?	A	B
172. Tried beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?	A	B
173. Used marijuana?	A	B
174. Used LSD, cocaine, amphetamines, or other illegal drugs?	A	B
175. Sold illegal drugs?	A	B
176. Carried a handgun?	A	B
177. Been members of a gang?	A	B
178. Dropped out of school?	A	B
179. Been suspended from school?	A	B
180. Stolen or tried to steal a motor vehicle such as a car or motorcycle?	A	B
181. Been arrested?	A	B

How much do you think people risk harming themselves (physically or in other ways) if they:	No risk	Slight risk	Moderate risk	Great risk
182. Smoke one or more packs of cigarettes per day?	A	B	C	D
183. Use chewing tobacco, snuff, or dip every day?	A	B	C	D
184. Try marijuana once or twice?	A	B	C	D
185. Smoke marijuana regularly?	A	B	C	D
186. Take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?	A	B	C	D
187. Have five or more drinks of an alcoholic beverage once or twice a week?	A	B	C	D

**These next 3 questions ask about education efforts.**

188. During the past 12 months, have you talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use? By parents we mean your biological parents, adoptive parents, stepparents, or adult guardians – whether or not they live with you.  
A. Yes  
B. No
189. During the past 12 months, have you had a special class about drugs or alcohol in school?  
A. Yes  
B. No
190. During the past 12 months, have you seen or heard any alcohol or drug prevention messages from sources outside school such as posters, pamphlets, radio, or TV?  
A. Yes  
B. No

**The next 14 questions ask about family, friends, personal beliefs, and community.**

**Family**

191. How wrong do your parents feel it would be for you to smoke cigarettes?  
A. Very wrong  
B. Wrong  
C. A little bit wrong  
D. Not wrong at all
192. How wrong do your parents feel it would be for you to drink beer, wine, or liquor (for example, vodka, whiskey, or gin) regularly?  
A. Very wrong  
B. Wrong  
C. A little bit wrong  
D. Not wrong at all
193. How wrong do your parents feel it would be for you to smoke marijuana?  
A. Very wrong  
B. Wrong  
C. A little bit wrong  
D. Not wrong at all

**Friends and Personal Beliefs**

194. How wrong do you think it is for someone your age to smoke cigarettes?  
A. Very wrong  
B. Wrong  
C. A little bit wrong  
D. Not wrong at all
195. How wrong do you think it is for someone your age to drink beer, wine, or hard liquor (for example, vodka, whiskey, or gin) regularly?  
A. Very wrong  
B. Wrong  
C. A little bit wrong  
D. Not wrong at all
196. How wrong do you think it is for someone your age to smoke marijuana?  
A. Very wrong  
B. Wrong  
C. A little bit wrong  
D. Not wrong at all
197. How wrong do you think it is for someone your age to use LSD, cocaine, amphetamines, or another illegal drug?  
A. Very wrong  
B. Wrong  
C. A little bit wrong  
D. Not wrong at all

**Community**

198. How wrong would most adults in your neighborhood, or the area around where you live, think it is for someone your age to smoke cigarettes?  
A. Very wrong  
B. Wrong  
C. A little bit wrong  
D. Not wrong at all


**TURN THE PAGE**
  
 Continued on the Back

199. How wrong would most adults in your neighborhood, or the area around where you live, think it is for someone your age to drink beer, wine, or hard liquor (for example, vodka, whiskey, or gin) regularly?
- A. Very Wrong
  - B. Wrong
  - C. A little bit wrong
  - D. Not wrong at all
200. How wrong would most adults in your neighborhood, or the area around where you live, think it is for someone your age to smoke marijuana?
- A. Very wrong
  - B. Wrong
  - C. A little bit wrong
  - D. Not wrong at all
201. If someone your age drank some beer, wine or hard liquor in your neighborhood, he or she would be caught by the police.
- A. Very much true
  - B. Pretty much true
  - C. A little true
  - D. Not at all true
202. If someone your age tried to purchase alcohol at a store in your neighborhood, he or she would be asked for ID or proof of age.
- A. Very much true
  - B. Pretty much true
  - C. A little true
  - D. Not at all true
203. If there were a party in your neighborhood where people your age were drinking, the police would come and break it up.
- A. Very much true
  - B. Pretty much true
  - C. A little true
  - D. Not at all true
204. If someone your age asks people 21 or older in your neighborhood to buy alcohol for them, no one would buy it for them.
- A. Very much true
  - B. Pretty much true
  - C. A little true
  - D. Not at all true

**THANK YOU FOR YOUR PARTICIPATION**



