

Body Weight

**Oregon Healthy Teens 2009 - 11th Grade
State Summary Report
8-9. Summary variable: BMI Category**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3,423	100.0	1,739	100.0	1,684	100.0
Not at risk for overweight	2,604	76.5	1,372	79.6	1,232	73.2
Overweight (85th-95th percentile)	468	13.2	228	12.6	240	13.8
Obese (>= 95th percentile)	351	10.4	139	7.8	212	13.0

Unweighted counts and weighted percentages exclude missing and/or refused answers.

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36. How do you describe your weight?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3,507	100.0	1,785	100.0	1,722	100.0
Very underweight	58	1.7	24	1.5	34	1.9
Slightly underweight	437	12.4	147	8.1	290	16.9
About the right weight	1,911	54.8	924	52.3	987	57.4
Slightly overweight	956	26.6	591	32.2	365	20.7
Very overweight	145	4.5	99	5.9	46	3.1

Unweighted counts and weighted percentages exclude missing and/or refused answers.

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37. Which of the following are you trying to do about your weight?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3,510	100.0	1,790	100.0	1,720	100.0
Lose weight	1,566	44.8	1,068	59.2	498	29.5
Gain weight	533	15.1	95	5.3	438	25.6
Stay the same weight	619	17.5	300	17.0	319	18.1
I am not trying to do anything about my weight	792	22.5	327	18.5	465	26.8

Unweighted counts and weighted percentages exclude missing and/or refused answers.

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**38. During the past 30 days, did you vomit or take laxatives to lose weight
or keep from gaining weight?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3,487	100.0	1,775	100.0	1,712	100.0
Yes	127	3.6	89	4.8	38	2.3
No	3,360	96.4	1,686	95.2	1,674	97.7

Unweighted counts and weighted percentages exclude missing and/or refused answers.