

Mental Health

Oregon Healthy Teens 2009 - 8th Grade State Summary Report

37. During the past 30 days, how much of the time have you been a very nervous person?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	5,256	100.0	2,718	100.0	2,538	100.0
All of the time	158	3.3	97	4.1	61	2.5
Most of the time	341	6.5	233	8.2	108	4.6
A good bit of the time	582	10.0	354	12.5	228	7.4
Some of the time	879	17.0	528	18.7	351	15.3
A little of the time	2,043	39.7	1,029	39.7	1,014	39.8
None of the time	1,253	23.5	477	16.8	776	30.5

Unweighted counts and weighted percentages exclude missing and/or refused answers.

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38. During the past 30 days, how much of the time have you felt calm and peaceful?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	5,258	100.0	2,717	100.0	2,541	100.0
All of the time	442	8.6	149	5.5	293	11.8
Most of the time	2,129	39.9	979	35.2	1,150	44.8
A good bit of the time	1,131	21.7	598	22.5	533	20.7
Some of the time	758	14.3	467	17.0	291	11.5
A little of the time	611	11.4	422	15.0	189	7.6
None of the time	187	4.2	102	4.8	85	3.5

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39. During the past 30 days, how much of the time have you felt downhearted and blue?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	5,217	100.0	2,697	100.0	2,520	100.0
All of the time	129	2.6	77	2.9	52	2.4
Most of the time	422	8.1	281	10.9	141	5.2
A good bit of the time	510	9.6	315	11.9	195	7.2
Some of the time	717	14.3	442	17.4	275	11.0
A little of the time	1,916	37.2	1,008	36.5	908	37.9
None of the time	1,523	28.1	574	20.4	949	36.3

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40. During the past 30 days, how much of the time have you been a happy person?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	5,253	100.0	2,712	100.0	2,541	100.0
All of the time	743	13.7	333	11.6	410	15.9
Most of the time	2,537	48.2	1,281	47.6	1,256	48.9
A good bit of the time	915	17.3	485	17.8	430	16.7
Some of the time	544	10.2	310	11.2	234	9.2
A little of the time	401	8.0	261	10.1	140	5.8
None of the time	113	2.6	42	1.7	71	3.5

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41. During the past 30 days, how much of the time have you felt so down in the dumps that nothing could cheer you up?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	5,203	100.0	2,695	100.0	2,508	100.0
All of the time	99	2.3	48	2.0	51	2.6
Most of the time	247	4.6	154	5.3	93	4.0
A good bit of the time	338	6.6	195	7.5	143	5.7
Some of the time	392	8.1	237	9.1	155	7.0
A little of the time	1,110	20.7	643	24.6	467	16.5
None of the time	3,017	57.6	1,418	51.4	1,599	64.1

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42. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	5,190	100.0	2,692	100.0	2,498	100.0
Yes	957	19.1	637	24.2	320	13.7
No	4,233	80.9	2,055	75.8	2,178	86.3

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43. During the past 12 months, did you ever seriously consider attempting suicide?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	5,181	100.0	2,685	100.0	2,496	100.0
Yes	845	18.2	557	23.3	288	12.8
No	4,336	81.8	2,128	76.7	2,208	87.2

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44. During the past 12 months, how times did you actually attempt suicide?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	5,122	100.0	2,642	100.0	2,480	100.0
0 times	4,745	91.9	2,395	89.3	2,350	94.8
1 time	177	4.1	118	5.3	59	2.9
2 or more times	200	3.9	129	5.4	71	2.3

Unweighted counts and weighted percentages exclude missing and/or refused answers.

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45. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	5,029	100.0	2,621	100.0	2,408	100.0
I did not attempt suicide in the past 12 months	4,628	91.5	2,354	88.9	2,274	94.4
Yes	101	2.1	66	2.8	35	1.3
No	300	6.4	201	8.3	99	4.3

Unweighted counts and weighted percentages exclude missing and/or refused answers.

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45.x. Amongst only those who attempted suicide during the past 12 months: Did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	401	100.0	267	100.0	134	100.0
Yes	101	24.5	66	25.4	35	22.6
No	300	75.5	201	74.6	99	77.4

Unweighted counts and weighted percentages exclude missing and/or refused answers.