

## Oregon Healthy Teens 2011 - 11th Grade

## State Summary Report

**32. In the past 12 months, did you ever eat less than you felt you should because there wasn't enough money to buy food?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3690	100.0	1837	100.0	1853	100.0
Yes	712	19.7	305	17.9	407	21.3
No	2978	80.3	1532	82.1	1446	78.7

Unweighted counts and weighted percentages exclude missing and/or refused answers.

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**33-38. Summary variable: Five-a-day measure: In the past 7 days, average servings per day where student reported consuming fruits or vegetables.**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3707	100.0	1841	100.0	1866	100.0
None	15	.4	5	.2	10	.5
< One serving per day	298	8.8	140	8.1	158	9.5
1 to < 3 servings per day	1701	48.1	845	49.1	856	47.1
3 to < 5 servings per day	902	23.3	469	23.6	433	23.1
5 or more servings per day	791	19.4	382	19.0	409	19.9

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**39. During the past 7 days, on how many days did you eat breakfast?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3747	100.0	1856	100.0	1891	100.0
0 days	299	8.2	130	6.6	169	9.7
1 day	198	5.3	91	5.1	107	5.5
2 days	299	8.2	153	7.9	146	8.5
3 days	342	10.4	160	10.0	182	10.8
4 days	284	7.7	156	8.5	128	6.9
5 days	362	10.2	182	10.8	180	9.7
6 days	315	7.8	181	8.7	134	6.9
7 days	1648	42.2	803	42.4	845	42.1

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## 40. During the past 7 days, how many days did you buy soft drinks at school?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3749	100.0	1857	100.0	1892	100.0
I did not buy soft drinks at school	2995	80.1	1558	83.5	1437	76.7
1 day	319	8.6	132	7.3	187	9.8
2 days	214	5.6	94	5.3	120	5.8
3 days	104	2.4	34	1.3	70	3.4
4 days	49	1.4	21	1.3	28	1.5
5 or more days	68	2.0	18	1.3	50	2.7

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## 41. During the past 7 days, how many times did you eat from a restaurant or fast food restaurant, including take-out? Take-out food could be from a restaurant, supermarket, or deli counter.

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3748	100.0	1856	100.0	1892	100.0
I did not eat from a restaurant during the past 7 days	653	19.0	338	19.8	315	18.3
1 to 3 times during the past 7 days	2277	61.0	1195	63.6	1082	58.6
4 to 6 times during the past 7 days	582	14.4	238	12.6	344	16.2
1 time per day	140	3.0	57	2.3	83	3.7
2 times per day	49	1.3	13	.8	36	1.9
3 times per day	19	.4	8	.6	11	.3
4 or more times per day	28	.7	7	.4	21	1.1

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**51. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not include diet soda or diet pop.)**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3750	100.0	1857	100.0	1893	100.0
0 times in past 7 days	1060	26.9	663	33.7	397	20.4
1 to 3 times during the past 7 days	1678	44.3	843	45.3	835	43.3
4 to 6 times during the past 7 days	563	16.2	214	13.3	349	18.9
1 time per day	218	6.0	73	3.9	145	8.0
2 times per day	119	3.0	32	1.5	87	4.5
3 times per day	47	1.4	14	.8	33	2.0
4 or more times per day	65	2.2	18	1.4	47	3.0

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**52. During the past 7 days, how many times did you drink: Fruit-flavored beverages such as Kool-Aid, Sunny Delight, or Snapple? (Do not include 100% fruit juice).**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3743	100.0	1854	100.0	1889	100.0
0 times in past 7 days	1546	40.5	871	46.2	675	35.1
1 to 3 times during the past 7 days	1355	36.2	635	33.9	720	38.4
4 to 6 times during the past 7 days	486	13.5	216	12.3	270	14.7
1 time per day	176	5.3	67	4.5	109	6.1
2 times per day	86	2.4	32	1.8	54	3.0
3 times per day	47	1.1	18	.8	29	1.4
4 or more times per day	47	.9	15	.6	32	1.3

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**53. During the past 7 days, how many times did you drink: Energy drinks such as Red Bull, Rockstar, or Monster? (Do not include diet or sugar-free energy drinks)**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3739	100.0	1851	100.0	1888	100.0
0 times in past 7 days	2930	78.0	1523	82.3	1407	73.8
1 to 3 times during the past 7 days	609	16.2	258	13.8	351	18.5
4 to 6 times during the past 7 days	92	2.5	37	1.7	55	3.4
1 time per day	61	1.9	18	1.2	43	2.6
2 times per day	22	.7	7	.6	15	.8
3 times per day	7	.3	3	.1	4	.4
4 or more times per day	18	.4	5	.2	13	.5

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**54. During the past 7 days, how many times did you drink: Sports drinks such as Gatorade or Powerade?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3720	100.0	1843	100.0	1877	100.0
0 times in past 7 days	2087	53.2	1275	65.8	812	41.2
1 to 3 times during the past 7 days	957	25.7	400	22.2	557	29.1
4 to 6 times during the past 7 days	391	12.2	109	7.2	282	17.0
1 time per day	167	5.6	37	3.3	130	7.9
2 times per day	66	1.8	15	1.1	51	2.5
3 times per day	23	.9	4	.5	19	1.3
4 or more times per day	29	.6	3	.1	26	1.0

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**55. During the past 7 days, how many times did you drink: Flavored milk such as Chocolate or Strawberry milk? (Do not include plain milk).**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3726	100.0	1842	100.0	1884	100.0
0 times in past 7 days	2285	61.5	1278	70.2	1007	53.2
1 to 3 times during the past 7 days	751	20.6	354	19.1	397	22.0
4 to 6 times during the past 7 days	348	9.5	120	6.8	228	12.1
1 time per day	203	4.8	55	1.9	148	7.6
2 times per day	81	1.9	24	1.2	57	2.6
3 times per day	23	.8	6	.4	17	1.2
4 or more times per day	35	.9	5	.4	30	1.3

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**56. During the past 7 days, how many times did you drink: Sweetened coffee or tea beverages such as Starbucks Frappuccino or an Arizona Iced Tea?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3733	100.0	1848	100.0	1885	100.0
0 times in past 7 days	1768	47.6	714	37.6	1054	57.1
1 to 3 times during the past 7 days	1288	33.5	754	38.9	534	28.4
4 to 6 times during the past 7 days	326	8.7	198	11.2	128	6.3
1 time per day	201	5.7	105	6.7	96	4.9
2 times per day	64	1.6	37	2.0	27	1.1
3 times per day	36	1.1	16	1.4	20	.9
4 or more times per day	50	1.8	24	2.2	26	1.3

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**57. During the past 7 days, how many times did you drink: Plain water? (Include tap and bottled water).**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3746	100.0	1852	100.0	1894	100.0
0 times in past 7 days	59	1.7	23	1.5	36	1.8
1 to 3 times during the past 7 days	275	8.2	143	8.9	132	7.5
4 to 6 times during the past 7 days	379	10.0	182	9.8	197	10.2
1 time per day	337	9.5	171	9.1	166	10.0
2 times per day	491	12.6	237	13.3	254	11.9
3 times per day	645	16.0	316	16.0	329	16.1
4 or more times per day	1560	42.0	780	41.4	780	42.6

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