

## Body Weight

**Oregon Healthy Teens 2011 - 11th Grade  
State Summary Report  
Body Weight status as Measured by Body Mass Index (BMI): Weight to Height Ratios.**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3614	100.0	1768	100.0	1846	100.0
Not at risk for overweight	2742	75.0	1408	77.6	1334	72.5
Overweight	453	13.1	212	13.5	241	12.7
Obese	419	11.9	148	8.9	271	14.8

Unweighted counts and weighted percentages exclude missing and/or refused answers.

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48. How do you describe your weight?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3735	100.0	1850	100.0	1885	100.0
Very underweight	36	1.0	10	.4	26	1.7
Slightly underweight	445	11.5	150	8.7	295	14.2
About the right weight	2107	56.3	1009	53.6	1098	58.9
Slightly overweight	990	26.8	578	31.3	412	22.5
Very overweight	157	4.3	103	6.0	54	2.7

Unweighted counts and weighted percentages exclude missing and/or refused answers.

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49. Which of the following are you trying to do about your weight?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3728	100.0	1850	100.0	1878	100.0
Lose weight	1705	46.1	1133	63.7	572	29.4
Gain weight	583	16.1	66	3.4	517	28.2
Stay the same weight	635	17.0	314	16.2	321	17.8
I am not trying to do anything about my weight	805	20.8	337	16.7	468	24.7

Unweighted counts and weighted percentages exclude missing and/or refused answers.

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**50. During the past 30 days, did you vomit or take laxatives to lose weight or keep from gaining weight?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3732	100.0	1850	100.0	1882	100.0
Yes	135	3.3	87	4.9	48	1.7
No	3597	96.7	1763	95.1	1834	98.3

Unweighted counts and weighted percentages exclude missing and/or refused answers.