

**Oregon Healthy Teens 2011 - 8th Grade
State Summary Report**

32. In the past 12 months, did you ever eat less than you felt you should because there wasn't enough money to buy food?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3832	100.0	1897	100.0	1935	100.0
Yes	602	16.1	298	16.3	304	15.9
No	3230	83.9	1599	83.7	1631	84.1

Unweighted counts and weighted percentages exclude missing and/or refused answers.

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33-38. Summary variable: Five-a-day measure: In the past 7 days, average servings per day where student reported consuming fruits or vegetables.

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3829	100.0	1901	100.0	1928	100.0
None	34	.8	9	.4	25	1.2
< One serving per day	290	7.6	137	7.8	153	7.5
1 to < 3 servings per day	1535	38.7	834	43.7	701	33.9
3 to < 5 servings per day	945	26.3	457	25.5	488	27.1
5 or more servings per day	1025	26.5	464	22.6	561	30.3

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39. During the past 7 days, on how many days did you eat breakfast?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3917	100.0	1945	100.0	1972	100.0
0 days	297	6.8	173	7.6	124	6.1
1 day	204	4.6	126	6.0	78	3.3
2 days	272	5.6	174	7.7	98	3.7
3 days	296	7.9	180	10.5	116	5.5
4 days	258	7.3	143	7.9	115	6.8
5 days	301	7.5	169	8.6	132	6.5
6 days	390	10.2	204	11.2	186	9.3
7 days	1899	49.9	776	40.5	1123	58.9

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Nutrition

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40. During the past 7 days, how many days did you buy soft drinks at school?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3905	100.0	1934	100.0	1971	100.0
I did not buy soft drinks at school	3506	90.0	1766	91.7	1740	88.5
1 day	160	3.7	73	3.4	87	4.0
2 days	80	2.3	30	1.8	50	2.7
3 days	50	1.3	23	1.3	27	1.4
4 days	23	.7	11	.3	12	1.0
5 or more days	86	2.0	31	1.5	55	2.4

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41. During the past 7 days, how many times did you eat from a restaurant or fast food restaurant, including take-out? Take-out food could be from a restaurant, supermarket, or deli counter.

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3913	100.0	1942	100.0	1971	100.0
I did not eat from a restaurant during the past 7 days	1139	29.6	555	29.0	584	30.2
1 to 3 times during the past 7 days	2334	60.4	1178	61.3	1156	59.5
4 to 6 times during the past 7 days	287	6.7	148	6.9	139	6.6
1 time per day	71	1.5	30	1.1	41	1.8
2 times per day	39	.8	17	.7	22	.9
3 times per day	15	.3	7	.4	8	.2
4 or more times per day	28	.7	7	.6	21	.9

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50. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not include diet soda or diet pop.)

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3897	100.0	1935	100.0	1962	100.0
0 times in past 7 days	1018	26.6	565	30.2	453	23.2
1 to 3 times during the past 7 days	1925	49.3	996	49.9	929	48.7
4 to 6 times during the past 7 days	517	13.1	213	10.8	304	15.3
1 time per day	193	4.6	64	3.6	129	5.5
2 times per day	104	2.4	44	2.3	60	2.5
3 times per day	48	1.8	17	1.1	31	2.4
4 or more times per day	92	2.3	36	2.2	56	2.3

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51. During the past 7 days, how many times did you drink: Fruit-flavored beverages such as Kool-Aid, Sunny Delight, or Snapple? (Do not include 100% fruit juice).

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3878	100.0	1926	100.0	1952	100.0
0 times in past 7 days	1520	39.2	795	40.4	725	38.1
1 to 3 times during the past 7 days	1315	32.8	675	34.0	640	31.6
4 to 6 times during the past 7 days	547	14.7	243	12.8	304	16.5
1 time per day	207	5.3	93	5.7	114	4.9
2 times per day	112	3.2	45	2.5	67	3.8
3 times per day	71	2.2	31	2.0	40	2.4
4 or more times per day	106	2.6	44	2.6	62	2.7

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52. During the past 7 days, how many times did you drink: Energy drinks such as Red Bull, Rockstar, or Monster? (Do not include diet or sugar-free energy drinks)

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3872	100.0	1925	100.0	1947	100.0
0 times in past 7 days	2942	75.7	1514	80.6	1428	71.1
1 to 3 times during the past 7 days	639	17.1	298	14.3	341	19.8
4 to 6 times during the past 7 days	142	3.6	61	2.6	81	4.6
1 time per day	48	1.3	17	1.0	31	1.6
2 times per day	35	.8	15	.8	20	.8
3 times per day	19	.3	5	.1	14	.6
4 or more times per day	47	1.2	15	.7	32	1.6

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53. During the past 7 days, how many times did you drink: Sports drinks such as Gatorade or Powerade?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3850	100.0	1918	100.0	1932	100.0
0 times in past 7 days	1867	48.3	1120	58.8	747	38.2
1 to 3 times during the past 7 days	1140	30.2	527	27.9	613	32.4
4 to 6 times during the past 7 days	483	12.8	168	8.1	315	17.4
1 time per day	156	3.6	45	1.9	111	5.2
2 times per day	90	2.0	22	1.1	68	2.9
3 times per day	43	1.4	13	1.0	30	1.7
4 or more times per day	71	1.7	23	1.4	48	2.0

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54. During the past 7 days, how many times did you drink: Flavored milk such as Chocolate or Strawberry milk? (Do not include plain milk).

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3863	100.0	1922	100.0	1941	100.0
0 times in past 7 days	2010	50.4	1113	58.7	897	42.4
1 to 3 times during the past 7 days	898	24.7	447	23.4	451	26.0
4 to 6 times during the past 7 days	450	11.8	187	10.5	263	13.1
1 time per day	295	7.0	122	5.1	173	8.8
2 times per day	90	2.8	23	1.2	67	4.4
3 times per day	34	1.1	7	.4	27	1.7
4 or more times per day	86	2.2	23	.8	63	3.5

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55. During the past 7 days, how many times did you drink: Sweetened coffee or tea beverages such as Starbucks Frappuccino or an Arizona Iced Tea?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3860	100.0	1919	100.0	1941	100.0
0 times in past 7 days	2082	54.9	908	47.6	1174	61.9
1 to 3 times during the past 7 days	1180	30.5	694	36.4	486	24.9
4 to 6 times during the past 7 days	305	7.4	167	8.3	138	6.6
1 time per day	149	3.3	79	3.8	70	2.9
2 times per day	58	1.7	33	1.9	25	1.5
3 times per day	27	.9	14	1.0	13	.9
4 or more times per day	59	1.2	24	1.0	35	1.4

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56. During the past 7 days, how many times did you drink: Plain water? (Include tap and bottled water).

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	3890	100.0	1934	100.0	1956	100.0
0 times in past 7 days	91	2.2	47	1.9	44	2.6
1 to 3 times during the past 7 days	289	7.7	159	9.4	130	6.0
4 to 6 times during the past 7 days	413	10.5	201	10.0	212	10.9
1 time per day	289	7.6	141	7.3	148	8.0
2 times per day	490	12.4	274	14.3	216	10.6
3 times per day	560	14.1	294	15.3	266	13.0
4 or more times per day	1758	45.4	818	41.8	940	48.9

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