

Oregon Healthy Teens 2015 - 11th Grade  
Nutrition

**41. In the past 12 months, did you ever eat less than you felt you should  
because there wasn't enough money to buy food?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	13137	100.0	6625	100.0	6512	100.0
Yes	2471	18.5	1244	18.0	1227	19.1
No	10666	81.5	5381	82.0	5285	80.9

Unweighted counts and weighted percentages exclude missing and/or refused answers.

**42-47. Summary: Five-a-day measure: In the past 7 days, average servings per day where  
student reported consuming fruits or vegetables.**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	12921	100.0	6546	100.0	6375	100.0
None	110	.8	39	.6	71	1.0
< One serving per day	1230	9.2	654	9.9	576	8.6
1 to < 3 servings per day	6106	47.3	3166	47.7	2940	46.9
3 to < 5 servings per day	2974	23.2	1476	22.8	1498	23.5
5 or more servings per day	2501	19.5	1211	19.0	1290	20.0

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**48. During the past 7 days, on how many days did you eat breakfast?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	13283	100.0	6669	100.0	6614	100.0
0 days	1512	11.2	761	11.3	751	11.1
1 day	876	6.5	502	7.4	374	5.6
2 days	1291	9.6	670	10.2	621	9.0
3 days	1370	10.0	759	10.7	611	9.4
4 days	1129	8.6	624	9.5	505	7.7
5 days	1318	10.0	671	10.5	647	9.5
6 days	1034	7.9	537	7.9	497	7.8
7 days	4753	36.2	2145	32.5	2608	39.9

Unweighted counts and weighted percentages exclude missing and/or refused answers.

**49. During the past 7 days, how many times did all, or most, of your family eat a meal together?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	13205	100.0	6637	100.0	6568	100.0
Never	2362	17.4	1209	17.9	1153	16.9
1-2 times	2891	22.2	1606	23.9	1285	20.4
3-4 times	2667	20.7	1320	20.9	1347	20.6
5-6 times	2149	16.3	1030	15.5	1119	17.1
7 times	1717	12.8	821	12.2	896	13.5
More than 7 times	1419	10.6	651	9.6	768	11.5

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**57. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not include diet soda or diet pop.)**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	13186	100.0	6630	100.0	6556	100.0
0 times in past 7 days	4162	33.0	2522	39.2	1640	26.6
1 to 3 times in past 7 days	5810	42.8	2926	43.4	2884	42.3
4 to 6 times in past 7 days	1696	12.9	639	9.4	1057	16.4
1 time per day	703	5.5	262	4.1	441	6.9
2 times per day	401	2.8	134	1.8	267	3.8
3 times per day	180	1.4	62	.9	118	1.9
4 or more times per day	234	1.6	85	1.1	149	2.1

Unweighted counts and weighted percentages exclude missing and/or refused answers.

**58. During the past 7 days, how many times did you drink: Fruit-flavored beverages such as Kool-Aid, Sunny Delight, or Snapple? (Do not include 100% fruit juice).**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	13172	100.0	6635	100.0	6537	100.0
0 times in past 7 days	6508	49.2	3615	53.5	2893	44.7
1 to 3 times in past 7 days	4376	34.1	2133	33.5	2243	34.7
4 to 6 times in past 7 days	1256	9.4	499	7.5	757	11.3
1 time per day	508	3.7	188	2.6	320	4.9
2 times per day	266	1.9	103	1.5	163	2.3
3 times per day	124	.8	54	.7	70	.8
4 or more times per day	134	1.0	43	.7	91	1.4

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**59. During the past 7 days, how many times did you drink: Energy drinks such as Red Bull, Rockstar, or Monster? (Do not include diet or sugar-free energy drinks)**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	13143	100.0	6617	100.0	6526	100.0
0 times in past 7 days	9571	72.6	4749	71.2	4822	74.0
1 to 3 times in past 7 days	2488	19.3	1332	20.8	1156	17.7
4 to 6 times in past 7 days	605	4.7	309	4.6	296	4.7
1 time per day	251	1.9	129	2.0	122	1.7
2 times per day	99	.7	45	.6	54	.8
3 times per day	49	.3	22	.3	27	.4
4 or more times per day	80	.6	31	.4	49	.7

Unweighted counts and weighted percentages exclude missing and/or refused answers.

**60. During the past 7 days, how many times did you drink: Sports drinks such as Gatorade or Powerade?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	13066	100.0	6584	100.0	6482	100.0
0 times in past 7 days	7111	54.1	4274	63.8	2837	44.2
1 to 3 times in past 7 days	3512	27.7	1586	25.0	1926	30.4
4 to 6 times in past 7 days	1424	10.8	441	7.0	983	14.8
1 time per day	539	3.9	160	2.3	379	5.5
2 times per day	228	1.7	53	.9	175	2.6
3 times per day	131	.9	43	.6	88	1.1
4 or more times per day	121	.9	27	.4	94	1.4

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**61. During the past 7 days, how many times did you drink: Flavored milk such as Chocolate or Strawberry milk? (Do not include plain milk).**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	13082	100.0	6589	100.0	6493	100.0
0 times in past 7 days	8189	62.8	4659	70.6	3530	54.9
1 to 3 times in past 7 days	2754	20.6	1257	18.9	1497	22.3
4 to 6 times in past 7 days	1149	8.9	392	6.2	757	11.7
1 time per day	583	4.7	184	3.1	399	6.4
2 times per day	214	1.4	65	.9	149	2.0
3 times per day	76	.6	13	.2	63	1.0
4 or more times per day	117	.9	19	.2	98	1.6

Unweighted counts and weighted percentages exclude missing and/or refused answers.

**62. During the past 7 days, how many times did you drink: Plain milk? (Include milk that you added to cereal).**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	13072	100.0	6575	100.0	6497	100.0
0 times in past 7 days	2647	20.3	1652	24.9	995	15.5
1 to 3 times in past 7 days	3304	25.5	1956	30.0	1348	21.0
4 to 6 times in past 7 days	2544	19.5	1225	18.8	1319	20.2
1 time per day	1952	15.0	791	11.7	1161	18.3
2 times per day	1405	10.7	556	8.6	849	12.8
3 times per day	576	4.1	202	2.9	374	5.4
4 or more times per day	644	4.8	193	3.0	451	6.7

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**63. During the past 7 days, how many times did you drink: Sweetened coffee or tea beverages such as Starbucks Frappuccino or an Arizona Iced Tea?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	13057	100.0	6568	100.0	6489	100.0
0 times in past 7 days	6031	46.2	2515	38.3	3516	54.2
1 to 3 times in past 7 days	4189	32.1	2429	36.8	1760	27.3
4 to 6 times in past 7 days	1360	10.5	814	12.4	546	8.5
1 time per day	809	6.4	462	7.4	347	5.4
2 times per day	340	2.4	178	2.5	162	2.2
3 times per day	122	1.0	74	1.3	48	.6
4 or more times per day	206	1.5	96	1.3	110	1.8

Unweighted counts and weighted percentages exclude missing and/or refused answers.

**64. During the past 7 days, how many times did you drink: Plain water? (Include tap and bottled water).**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	13146	100.0	6622	100.0	6524	100.0
0 times in past 7 days	270	2.1	131	2.0	139	2.2
1 to 3 times in past 7 days	891	6.5	479	7.1	412	5.9
4 to 6 times in past 7 days	1225	9.6	613	9.4	612	9.7
1 time per day	1097	8.3	520	7.9	577	8.7
2 times per day	1672	12.1	837	11.8	835	12.6
3 times per day	2198	16.8	1121	17.3	1077	16.3
4 or more times per day	5793	44.6	2921	44.5	2872	44.7

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**During the past 7 days, how many times did you visit a convenience store such as Plaid Pantry, 7-Eleven, Circle K, a mini-mart, or a gas station store?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	13099	100.0	6593	100.0	6506	100.0
I did not visit a convenience store during the past 7 days	5482	42.6	3168	49.1	2314	36.0
1 time during the past 7 days	3080	23.7	1570	24.0	1510	23.3
2 or 3 times during the past 7 days	3270	24.2	1374	19.9	1896	28.5
4 to 6 times during the past 7 days	909	7.0	362	5.4	547	8.6
7 or more times during the past 7 days	358	2.5	119	1.6	239	3.5

Unweighted counts and weighted percentages exclude missing and/or refused answers.