

Oregon Healthy Teens 2015 - 8th Grade
Nutrition

35. In the past 12 months, did you ever eat less than you felt you should because there wasn't enough money to buy food?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	15721	100.0	7866	100.0	7855	100.0
Yes	2459	15.7	1333	17.4	1126	14.0
No	13262	84.3	6533	82.6	6729	86.0

Unweighted counts and weighted percentages exclude missing and/or refused answers.

36-41. Summary variable: Five-a-day measure: In the past 7 days, average servings per day where student reported consuming fruits or vegetables.

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	15291	100.0	7721	100.0	7570	100.0
None	143	.8	61	.7	82	.9
< One serving per day	1350	8.9	696	8.9	654	8.8
1 to < 3 servings per day	6702	44.2	3518	45.7	3184	42.7
3 to < 5 servings per day	3497	22.7	1801	23.3	1696	22.0
5 or more servings per day	3599	23.4	1645	21.4	1954	25.5

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42. During the past 7 days, on how many days did you eat breakfast?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	15793	100.0	7912	100.0	7881	100.0
0 days	1507	9.7	959	12.2	548	7.2
1 day	911	5.8	588	7.4	323	4.2
2 days	1274	8.0	818	10.4	456	5.5
3 days	1260	8.3	761	9.8	499	6.8
4 days	1181	8.0	662	8.9	519	7.0
5 days	1435	9.1	721	9.2	714	9.1
6 days	1324	8.2	644	8.1	680	8.3
7 days	6901	42.9	2759	34.1	4142	51.9

Unweighted counts and weighted percentages exclude missing and/or refused answers.

43. During the past 7 days, how many times did all, or most, of your family eat a meal together?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	15679	100.0	7866	100.0	7813	100.0
Never	2183	14.3	1191	15.6	992	13.0
1-2 times	2559	16.7	1411	18.4	1148	15.0
3-4 times	2794	17.3	1426	17.3	1368	17.2
5-6 times	2650	16.9	1313	16.7	1337	17.2
7 times	2523	15.8	1212	15.2	1311	16.5
More than 7 times	2970	18.9	1313	16.9	1657	21.0

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51. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not include diet soda or diet pop.)

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	15664	100.0	7859	100.0	7805	100.0
0 times in past 7 days	4643	29.3	2692	33.9	1951	24.6
1 to 3 times in past 7 days	7751	49.8	3833	48.9	3918	50.6
4 to 6 times in past 7 days	1655	10.5	670	8.6	985	12.5
1 time per day	728	4.8	313	4.1	415	5.5
2 times per day	398	2.4	154	1.9	244	3.0
3 times per day	170	1.2	80	1.1	90	1.3
4 or more times per day	319	2.0	117	1.5	202	2.5

Unweighted counts and weighted percentages exclude missing and/or refused answers.

52. During the past 7 days, how many times did you drink: Fruit-flavored beverages such as Kool-Aid, Sunny Delight, or Snapple? (Do not include 100% fruit juice).

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	15608	100.0	7840	100.0	7768	100.0
0 times in past 7 days	7239	45.6	3863	48.2	3376	43.0
1 to 3 times in past 7 days	5023	32.0	2553	32.6	2470	31.3
4 to 6 times in past 7 days	1776	12.2	776	10.6	1000	13.8
1 time per day	699	4.6	308	4.2	391	5.1
2 times per day	355	2.3	152	2.0	203	2.6
3 times per day	208	1.3	86	1.2	122	1.5
4 or more times per day	308	2.0	102	1.2	206	2.7

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53. During the past 7 days, how many times did you drink: Energy drinks such as Red Bull, Rockstar, or Monster? (Do not include diet or sugar-free energy drinks)

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	15557	100.0	7826	100.0	7731	100.0
0 times in past 7 days	12280	78.9	6209	79.2	6071	78.7
1 to 3 times in past 7 days	2231	14.5	1134	14.9	1097	14.2
4 to 6 times in past 7 days	487	3.0	241	2.9	246	3.2
1 time per day	224	1.3	110	1.2	114	1.4
2 times per day	121	.8	55	.9	66	.8
3 times per day	56	.4	26	.4	30	.4
4 or more times per day	158	1.0	51	.6	107	1.4

Unweighted counts and weighted percentages exclude missing and/or refused answers.

54. During the past 7 days, how many times did you drink: Sports drinks such as Gatorade or Powerade?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	15455	100.0	7771	100.0	7684	100.0
0 times in past 7 days	7856	50.5	4587	58.0	3269	42.7
1 to 3 times in past 7 days	4327	28.6	2034	27.1	2293	30.1
4 to 6 times in past 7 days	1842	12.2	693	9.2	1149	15.4
1 time per day	661	4.1	235	3.1	426	5.1
2 times per day	319	1.8	113	1.2	206	2.5
3 times per day	155	.9	44	.5	111	1.4
4 or more times per day	295	1.9	65	.9	230	2.9

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55. During the past 7 days, how many times did you drink: Flavored milk such as Chocolate or Strawberry milk? (Do not include plain milk).

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	15459	100.0	7775	100.0	7684	100.0
0 times in past 7 days	9004	57.6	4990	63.7	4014	51.3
1 to 3 times in past 7 days	3442	22.3	1621	20.6	1821	24.0
4 to 6 times in past 7 days	1525	10.4	606	8.5	919	12.3
1 time per day	839	5.5	333	4.3	506	6.7
2 times per day	274	1.7	106	1.3	168	2.0
3 times per day	103	.7	40	.5	63	.9
4 or more times per day	272	1.9	79	1.1	193	2.7

Unweighted counts and weighted percentages exclude missing and/or refused answers.

56. During the past 7 days, how many times did you drink: Plain milk? (Include milk that you added to cereal).

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	15479	100.0	7774	100.0	7705	100.0
0 times in past 7 days	2263	14.2	1375	17.0	888	11.4
1 to 3 times in past 7 days	3549	23.4	2140	28.2	1409	18.5
4 to 6 times in past 7 days	3251	21.8	1602	21.3	1649	22.4
1 time per day	2498	15.6	1104	13.7	1394	17.6
2 times per day	1777	11.0	739	9.5	1038	12.5
3 times per day	872	5.4	358	4.3	514	6.5
4 or more times per day	1269	8.6	456	6.0	813	11.2

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57. During the past 7 days, how many times did you drink: Sweetened coffee or tea beverages such as Starbucks Frappuccino or an Arizona Iced Tea?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	15466	100.0	7779	100.0	7687	100.0
0 times in past 7 days	7892	51.2	3318	43.1	4574	59.6
1 to 3 times in past 7 days	4638	30.4	2724	35.5	1914	25.2
4 to 6 times in past 7 days	1422	8.7	896	10.9	526	6.6
1 time per day	768	4.8	457	5.5	311	4.0
2 times per day	296	2.0	165	2.1	131	1.8
3 times per day	151	1.0	72	1.0	79	.9
4 or more times per day	299	1.9	147	1.9	152	1.8

Unweighted counts and weighted percentages exclude missing and/or refused answers.

58. During the past 7 days, how many times did you drink: Plain water? (Include tap and bottled water).

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	15620	100.0	7840	100.0	7780	100.0
0 times in past 7 days	336	2.0	153	1.6	183	2.3
1 to 3 times in past 7 days	1133	7.4	637	7.8	496	7.0
4 to 6 times in past 7 days	1678	10.9	853	10.8	825	10.9
1 time per day	1289	8.3	651	8.3	638	8.3
2 times per day	1820	11.6	980	12.2	840	11.0
3 times per day	2241	14.0	1141	14.1	1100	14.0
4 or more times per day	7123	45.8	3425	45.1	3698	46.4

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64. During the past 7 days, how many times did you visit a convenience store such as Plaid Pantry, 7-Eleven, Circle K, a mini-mart, or a gas station store?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	15482	100.0	7799	100.0	7683	100.0
I did not visit a convenience store during the past 7 days	6493	41.6	3521	44.7	2972	38.3
1 time during the past 7 days	3894	25.3	1950	25.5	1944	25.1
2 or 3 times during the past 7 days	3753	24.3	1758	22.4	1995	26.3
4 to 6 times during the past 7 days	934	6.1	414	5.6	520	6.7
7 or more times during the past 7 days	408	2.7	156	1.8	252	3.6

Unweighted counts and weighted percentages exclude missing and/or refused answers.