

TABLE 2. PHYSICAL HEALTH, MENTAL HEALTH, ACTIVITY LIMITATIONS, AND PAIN BY DEMOGRAPHIC AND BEHAVIORAL CHARACTERISTICS, OREGON BRFS, 1996

CHARACTER- ISTICS	UN- WEIGHTED COUNT	NUMBER OF DAYS IN THE LAST 30 THAT HEALTH WAS NOT GOOD			NUMBER OF DAYS IN LAST 30 THAT MENTAL HEALTH WAS NOT GOOD		
		0	1-9	10	0	1-9	10
		Row %	Row %	Row %	Row %	Row %	Row %
TOTAL	2899	67.2	22.4	10.4	61.2	27.8	11.1
GENDER							
Male	1222	72.4	20.6	7.0	66.4	24.0	9.6
Female	1677	62.2	24.1	13.6	56.2	31.4	12.4
AGE GROUPS							
18-24	256	59.5	33.1	7.3	43.6	41.2	15.3
25-34	529	65.0	29.6	5.4	50.3	35.1	14.6
35-44	696	65.2	26.3	8.5	54.7	34.8	10.5
45-54	543	68.7	21.2	10.1	63.1	26.2	10.7
55-64	323	69.8	12.1	18.0	74.5	14.3	11.1
65-74	328	75.6	10.1	14.2	77.7	15.9	6.5
75+	208	68.8	12.8	18.4	85.4	9.2	5.4
MARITAL STATUS							
Married	1585	68.4	21.4	10.2	65.7	25.5	8.8
Divorced/separated	509	64.7	23.3	12.0	54.7	28.6	16.7
Widowed	262	73.4	12.5	14.1	70.2	21.5	8.3
Never married	534	62.7	28.7	8.5	47.3	36.9	15.8
EDUCATIONAL ATTAINMENT (AGES 25-64)							
< High school graduate	132	60.8	19.6	19.7	49.8	25.5	24.7
High school graduate	615	67.2	21.3	11.5	62.6	26.2	11.2
Some college	662	65.9	24.2	9.9	56.8	31.5	11.6
College graduate (4 yr)	681	68.5	26.4	5.0	58.6	31.7	9.7
EMPLOYMENT							
Wages	1461	68.2	26.2	5.6	58.3	31.4	10.3
Self	343	70.9	23.6	5.6	62.2	29.0	8.8
Out-of-work	133	62.8	21.8	15.4	41.7	35.1	23.2
Homemaker	203	66.3	23.7	10.0	58.7	29.5	11.8
Student	108	62.5	29.3	8.2	46.7	42.6	10.7
Retired	559	72.1	10.7	17.2	79.8	13.5	6.6
Disabled	89	15.8	20.8	63.4	37.3	19.9	42.8
HOUSEHOLD INCOME							
<\$10,000	219	48.3	21.8	29.9	47.9	27.3	24.8
\$10-19,999	500	63.7	21.1	15.2	59.7	24.4	15.9
\$20-34,999	771	65.3	25.2	9.5	58.8	30.7	10.6
\$35-49,999	548	73.6	20.2	6.2	61.5	29.3	9.3
\$50,000+	604	72.4	21.9	5.6	64.6	28.7	6.6
GEOGRAPHIC REGION							
Clackamas	231	65.3	24.3	10.4	58.0	28.7	13.3
Lane	329	67.1	24.9	8.0	60.9	27.8	11.3
Marion	205	61.0	23.4	15.6	62.7	27.0	10.2
Multnomah	544	65.2	25.0	9.9	58.6	29.0	12.3
Washington	283	69.7	23.4	6.9	61.5	29.5	9.0

Coast	211	64.3	19.2	16.6	61.3	26.5	12.2
Other Western	630	68.3	19.8	11.9	61.8	27.9	10.3
E of Cascades	457	71.1	21.3	7.6	64.4	25.1	10.5
UNABLE TO OBTAIN MEDICAL CARE BECAUSE OF COSTS							
Yes	330	44.5	36.3	19.2	40.1	39.0	20.9
No	2563	70.1	20.7	9.2	63.8	26.4	9.8
SMOKING STATUS AND THE PRESENCE OF ETS*							
Nonsmoker, no ETS	1982	69.3	22.0	8.6	62.9	28.5	8.7
Nonsmoker, ETS	353	62.4	26.1	11.5	56.7	29.2	14.1
Smoker, <20 cigs/day	245	62.0	25.1	12.9	49.5	31.5	19.0
Smoker, 20+ cigs/day	300	61.6	19.5	18.9	62.6	20.1	17.3
PARTICIPATE IN PHYSICAL ACTIVITY?							
Yes	2301	68.0	23.9	8.1	60.7	29.6	9.7
No	594	63.4	16.2	20.3	62.9	20.3	16.8
TRYING TO LOSE WEIGHT?							
Yes	1073	62.3	25.5	12.2	58.9	28.7	12.4
No	1814	69.8	20.8	9.5	62.5	27.2	10.3

(continued)

CHARACTER- ISTICS	UN- WEIGHTED COUNT	LIMITED ACTIVITIES		PAIN MADE ACTIVITIES HARD TO DO	
		YES Row %	NO Row %	NO DAYS Row %	1-30 DAYS Row %
TOTAL	2899	21.5	78.5	86.4	13.6
GENDER					
Male	1222	21.5	78.5	87.1	12.9
Female	1677	21.6	78.4	85.7	14.3
AGE GROUPS					
18-24	256	14.1	85.9	90.4	9.6
25-34	529	11.7	88.3	92.9	7.1
35-44	696	19.6	80.4	86.6	13.4
45-54	543	20.9	79.1	84.4	15.6
55-64	323	30.8	69.2	77.6	22.4
65-74	328	31.9	68.1	84.6	15.4
75+	208	37.1	62.9	80.4	19.6
MARITAL STATUS					
Married	1585	19.8	80.2	86.9	13.1
Divorced/separated	509	24.3	75.7	82.8	17.2
Widowed	262	40.3	59.7	79.5	20.5
Never married	534	18.6	81.4	89.1	10.9
EDUCATIONAL ATTAINMENT (AGES 25-64)					
< High school graduate	132	32.4	67.6	73.8	26.2
High school graduate	615	18.9	81.1	86.9	13.1
Some college	662	20.8	79.2	84.8	15.2
College graduate (4 yr)	681	16.1	83.9	90.4	9.6

EMPLOYMENT					
Wages	1461	15.1	84.9	90.1	9.9
Self	343	14.5	85.5	92.6	7.4
Out-of-work	133	20.8	79.2	86.6	13.4
Homemaker	203	14.4	85.6	89.7	10.3
Student	108	15.7	84.3	89.6	10.4
Retired	559	36.1	63.9	80.3	19.7
Disabled	89	90.3	9.7	12.0	88.0
INCOME					
<\$10,000	219	36.2	63.8	72.9	27.1
\$10-19,999	500	30.4	69.6	78.8	21.2
\$20-34,999	771	20.7	79.3	87.6	12.4
\$35-49,999	548	16.9	83.1	89.2	10.8
\$50,000+	604	15.5	84.5	91.9	8.1
GEOGRAPHIC REGION					
Clackamas	231	19.3	80.7	87.3	12.7
Lane	329	23.3	76.7	88.9	11.1
Marion	205	22.9	77.1	85.6	14.4
Multnomah	544	22.9	77.1	86.3	13.7
Washington	283	15.6	84.4	90.4	9.6
Coast	211	28.2	71.8	79.9	20.1
Other Western	630	20.9	79.1	85.8	14.2
E of Cascades	457	20.6	79.4	85.9	14.1
UNABLE TO OBTAIN MEDICAL CARE BECAUSE OF COSTS					
Yes	330	32.9	67.1	72.0	28.0
No	2563	20.1	79.9	88.2	11.8
SMOKING STATUS AND THE PRESENCE OF ETS*					
Nonsmoker, no ETS	1982	21.2	78.8	87.4	12.6
Nonsmoker, ETS	353	23.1	76.9	84.7	15.3
Smoker, <20 cigs/day	245	15.3	84.7	87.8	12.2
Smoker, 20+ cigs/day	300	27.3	72.7	80.0	20.0
PARTICIPATE IN PHYSICAL ACTIVITY?					
Yes	2301	18.7	81.3	88.9	11.1
No	594	33.6	66.4	75.6	24.4
TRYING TO LOSE WEIGHT?					
Yes	1073	24.6	75.4	82.1	17.9
No	1814	19.9	80.1	88.8	11.2

* ETS = environmental tobacco smoke exposure in the home.

Note: All measures of health were for the 30 days preceding the survey