

Referral to Living Healthy Program
FAX TO: Lavinia Goto (503)485-3224

Criteria: Living Healthy is a 6-week Chronic Disease Self-Management Program and teaches patients and their caregivers how to become an active manager of their chronic disease. Classes are open to MPCHPA, MPCHP OHP, and Physician Advantage patients. Patients must have the cognitive ability to participate in some capacity in the class. They are not required to be able to read. This class is designed for ADULTS. **Physician referral is required.**

Referred by: _____ Phone: _____ Date of Referral: _____

Reason for the Referral (please name the chronic condition(s)): _____

Name of Patient: _____ DOB: _____

PCP/Physician: _____ Insurance Type/#: _____

Pt Address: _____ City: _____ Zip: _____

Phone #: _____ Alt#: _____ Email: _____

Caregiver Name: _____ Phone #: _____

- Yes, patient was given a brochure or information about the program
- No, patient was NOT given a brochure or information about the program

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