

# How to request Zika virus testing in Oregon

In Oregon, both private and public labs can test for Zika. The algorithm below will help you request testing through the Oregon State Public Health Lab (OSPHL). For information on who to test for Zika, see [Whom to test for Zika virus in Oregon](#).

1

## Gather information about this patient:

- County of residence
- Symptom profile
- Date of symptom onset
- Travel location
- Exact dates of travel OR date of last sexual exposure to traveler

### And, if pregnant

- Pregnancy status
- Last menstrual period
- Due date
- Dates of ultrasounds
- Ultrasound findings

2

Obtain approval for testing from [local health department](#) where patient resides

3

Collect 3 mL of urine AND serum\*

If symptomatic and non-pregnant presenting > 2 weeks after onset, collect serum *only*

4

Fill out OSPHL Virology Form and OSPHL CDC Specimen Testing Forms and submit to OSPHL with specimens<sup>†</sup>

\*Collect matched specimens where possible (urine and serum on same day).

<sup>†</sup> Work with your lab, see [bitly.com/zika-lab](http://bitly.com/zika-lab) for details.

**NOTE: Specimens submitted without prior approval will not be tested.**