

1. Name of patient, Last: \_\_\_\_\_ First: \_\_\_\_\_ MI: \_\_\_\_\_
2. Name of Hospital: \_\_\_\_\_ County: \_\_\_\_\_
3. Date of Incident (Month/Day/Year): \_\_\_\_/\_\_\_\_/\_\_\_\_
4. Admitted as Inpatient?  Yes  No  Transferred to another hospital (Specify): \_\_\_\_\_
5. Patient or Hospital Chart Number: \_\_\_\_\_
6. Date of Birth (Month/Day/Year): \_\_\_\_/\_\_\_\_/\_\_\_\_ 7. Sex:  Male  Female
8. Race:  White  Black  Am. Indian  Other (Specify): \_\_\_\_\_ 9. Hispanic:  Yes  No
10. Residence City: \_\_\_\_\_ County: \_\_\_\_\_
11. Patient lives with:  Both Parents  Parent and Stepparent  Father only  Mother only  Foster Parents  
 Juvenile Facility  Friends  Homeless  Unknown  Other (Specify): \_\_\_\_\_
12. Type of self-harm behavior (check only one):  
 Verbalizes thoughts of self-harm with a specific plan  
 Verbalizes thoughts of self-harm without a specific plan  
 Acts on self-harm thoughts, but act does not result in poisoning or injury  
 Acts on self-harm thoughts, and act results in poisoning or injury
13. Was the act completed?  Yes  No  Unknown  
If the answer is no, was the act:  Stopped by the patient  Stopped by someone else  Unknown
14. Did the patient have any intent to die?  Yes  No  Unknown  
If the answer is yes, did the patient explicitly state that he/she intended to die?  Yes  No  Unknown
15. Place of self-harm behavior:  
 Own Home  Other Home  Foster Home  School  Juvenile Facility  Other (Specify): \_\_\_\_\_
16. Method or Methods of self-harm behavior:  
Poisoning by solid or liquid substance including drug or alcohol overdoses and other potentially toxic substances –  
Specify Substance(s): \_\_\_\_\_  
Cutting or Piercing – Specify instrument *and* body site: \_\_\_\_\_  
Hanging or Suffocation – Specify method: \_\_\_\_\_  
Firearms and Explosives – Specify type (Hand gun, rifle, etc.) *and* body site: \_\_\_\_\_  
Other means such as motor vehicle crash, drowning, fire, etc. – Specify: \_\_\_\_\_
17. History of Mental Health Issues:  
 Major Depression  Dysthymia  Bipolar Disorder  ADHD or ADD  Adjustment Disorder  
 Conduct Disorder  PTSD  Eating Disorder  Other (Specify) \_\_\_\_\_  None  Unknown
18. Number of previous suicide attempts made during lifetime:  
 0  1  2  3  4  5  6+  Attempts made, but # unknown  History unknown
19. Precipitating events and risk factors:  Family discord  School problems  Peer pressure/argument  
 Argument or breakup with boyfriend/girlfriend  Suicide or attempt by friend/relative  Pregnancy  
 Death of a friend/relative  Move or new school  None  
 Physical abuse – Specify type *and* relation to perpetrator, if known: \_\_\_\_\_  
 Sexual abuse or rape – Specify type *and* relation to perpetrator, if known: \_\_\_\_\_  
 Alcohol and/or drug abuse – Specify substance(s): \_\_\_\_\_  
 Prior arrests and/or convictions of a crime – Specify: \_\_\_\_\_  
 Other – Specify: \_\_\_\_\_
20. Is there a gun in the adolescent's home?  Yes  No  Unknown  
If yes, is it locked and kept separate from the ammunition?  Yes  No  Unknown
21. Did the youth tell others of his or her plan to attempt suicide?  Yes  No  Unknown
22. Was the youth referred for intervention?  No  Yes – Specify to whom: \_\_\_\_\_
23. Name of the person completing report (Print): \_\_\_\_\_ Dept.: \_\_\_\_\_

*Fax this form no later than the 15<sup>th</sup> of the month, following the month of the attempt to:*

Fax: 971-673-0990; Injury & Violence Prevention Program, 800 NE Oregon St, #772, Portland, OR 97232; Ph: 971-673-1033

## Instructions for Changes to the ASADS Reporting Form

Please report all incidences of adolescent self-harm (including ideation only cases and those not resulting in an injury or poisoning) from your hospital to the Adolescent Suicide Attempt Data System. The type of self-harming behavior must be classified, and the patient's intent, if known, noted. Following are definitions and guidelines for determining self-harm classifications, as well as some examples of each type of behavior. These are only guidelines, however, and assessments must be made on a case-by-case level using information specific to each case.

### **Question #1: Name of the patient**

The collection of personally identifiable data to public health authorities is authorized without patient consent or notification under Oregon law and under HIPAA; however, the reporting of names is not *required* by law. Names are necessary to ensure accurate data, de-duplicate records in the database, and perform special epidemiological studies as authorized by law.

### **Question #12: Type of self-harm behavior**

Self-harm ideation without a specific plan: patient has been thinking or talking about harming him/herself. He/she does *not* have a specific plan to do so.

Self-harm ideation with a specific plan: patient has been thinking or talking about a specific plan to harm him/herself; however, he/she has not acted on that plan.

Self-harm act not resulting in injury or poisoning: A patient acts in such a way that he/she intends to harm him/herself. However, the act is either not completed, or simply does not result in an injury or poisoning.

Self-harm act resulting in injury or poisoning: A patient acts in such a way that he/she intends to harm him/herself. The act results in an injury or poisoning.

### **Examples of self-harming behavior:**

Self-harm ideation without a specific plan:

A young boy tells a friend at school that he has been very depressed and sometimes talks about "ending it all." He has vague notions of how he would do this, but does not have a plan to do so.

Self-harm ideation with a specific plan:

A young boy tells a friend at school that he can no longer handle the pressures in his life. He talks about using his father's gun to shoot himself. A couple days later he shows his friend his father's gun and ammunition.

Self-harm act not resulting in injury:

A mother of a young girl walks in to her daughter's room and sees that her daughter is about to cut herself. She stops her before she starts to cut her arms with a razor blade.

-OR-

A mother of a young boy walks into her son's room and finds him sitting on his bed with a loaded gun in his hand. He is pointing it at himself, but she is able to get him to put the gun down.

Self-harm act resulting in injury:

A mother brings in her daughter after she finds that she has intentionally cut herself.

-OR-

A mother brings in her son after he has ingested a number of her prescription oxycontin pills.

### **Question #14: Did the patient intend to die?**

Answer 'Yes' to this question if the patient had any level of intent to die. Intent can be determined either explicitly by the patient or implicitly by the medical or mental health professional, or social worker, based on the circumstances surrounding the act. Only give an answer of 'Unknown' if the intent of the act cannot be determined.

Explicit intent to die: The patient specifically says that he/she wanted to die, even a little, or that he/she was trying to kill him/herself.

Implicit intent to die: The circumstances surrounding the patient's act of self-harm, or the act itself, are/is so severe that one can infer that the patient intended to take his/her own life. Example: patient has covered himself with gasoline and lit himself on fire.

**Please fax the form to 971-673-0990.** Fax is confidential and secure. The Injury and Violence Prevention Program no longer provides self-addressed stamped envelopes or forms. All printable forms can be found online at

<http://www.oregon.gov/DHS/ph/ipe/ysp/ASADS2.shtml>