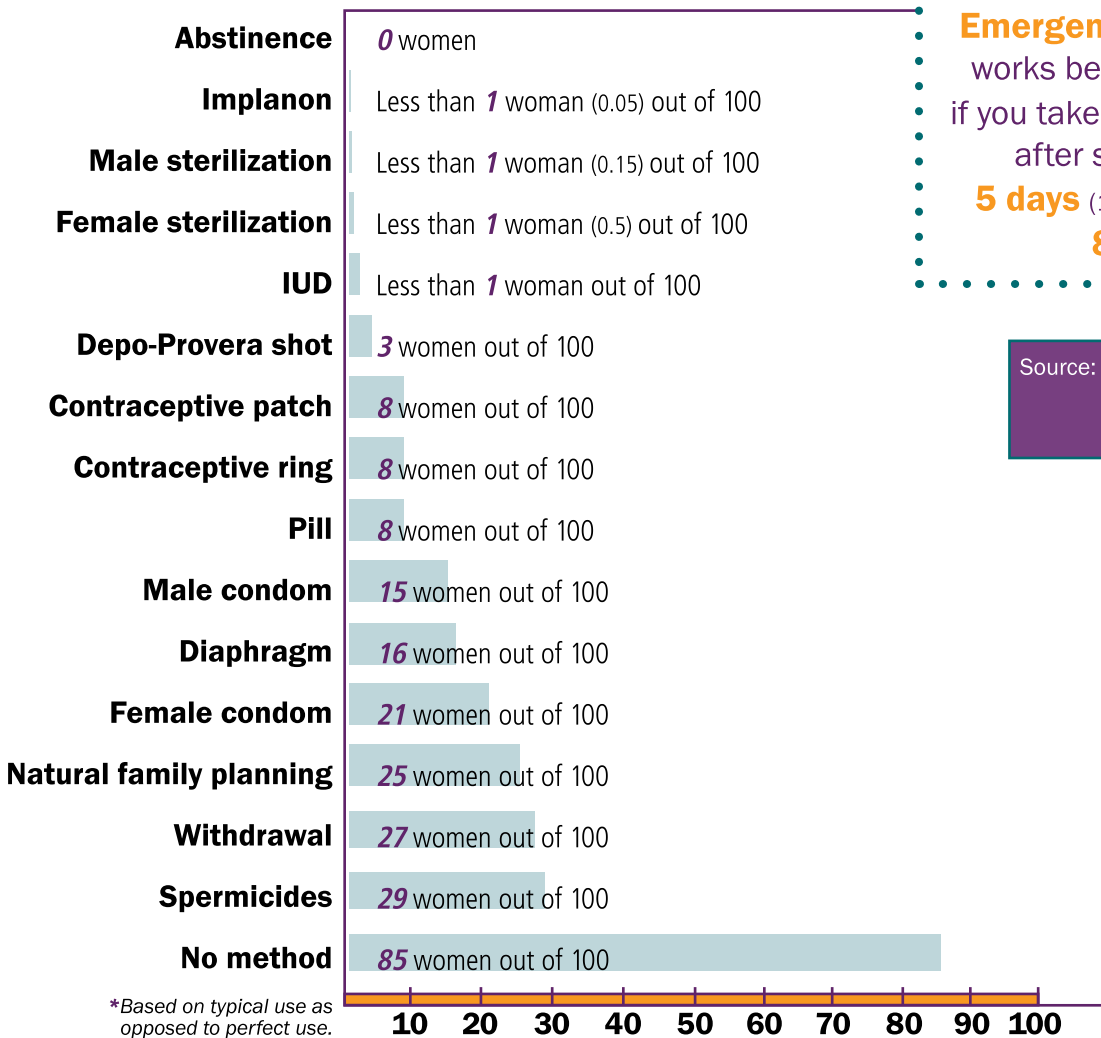


# How well your birth control method works for you depends on how well you use it.

The numbers show how many women out of 100 get pregnant the first year they use birth control methods.\*



**Emergency contraception (EC)** works best to prevent pregnancy if you take it within **3 days** (72 hours) after sex. It can work up to **5 days** (120 hours) and is **75% to 89% effective.**

Source: **Contraceptive Technology, 19th Revised Edition (2007)**

## Choose a method that is right for you!

Call **1-800-SAFENET** (1-800-723-3638) for a clinic near you.

Not everyone's birth control needs are the same. Family planning clinics will help you find a method that works for you and your lifestyle.

