

My
IDEAL
birth control

oregon **contraceptive** care



Misconceptions

- There are a lot of misconceptions about contraception.
- What is misconception and what is contraception?

A woman can't get pregnant if the male "pulls out" before he ejaculates.



source: Deviantart - CANDIESforEVERYONE

Misconception!

True, the “pulling out” method or withdrawal, if done perfectly, can be pretty effective. However, pulling out at the right time can be like trying to stop a speeding train. VERY DIFFICULT.

A woman can't
get pregnant if
she has sex
during her
period.

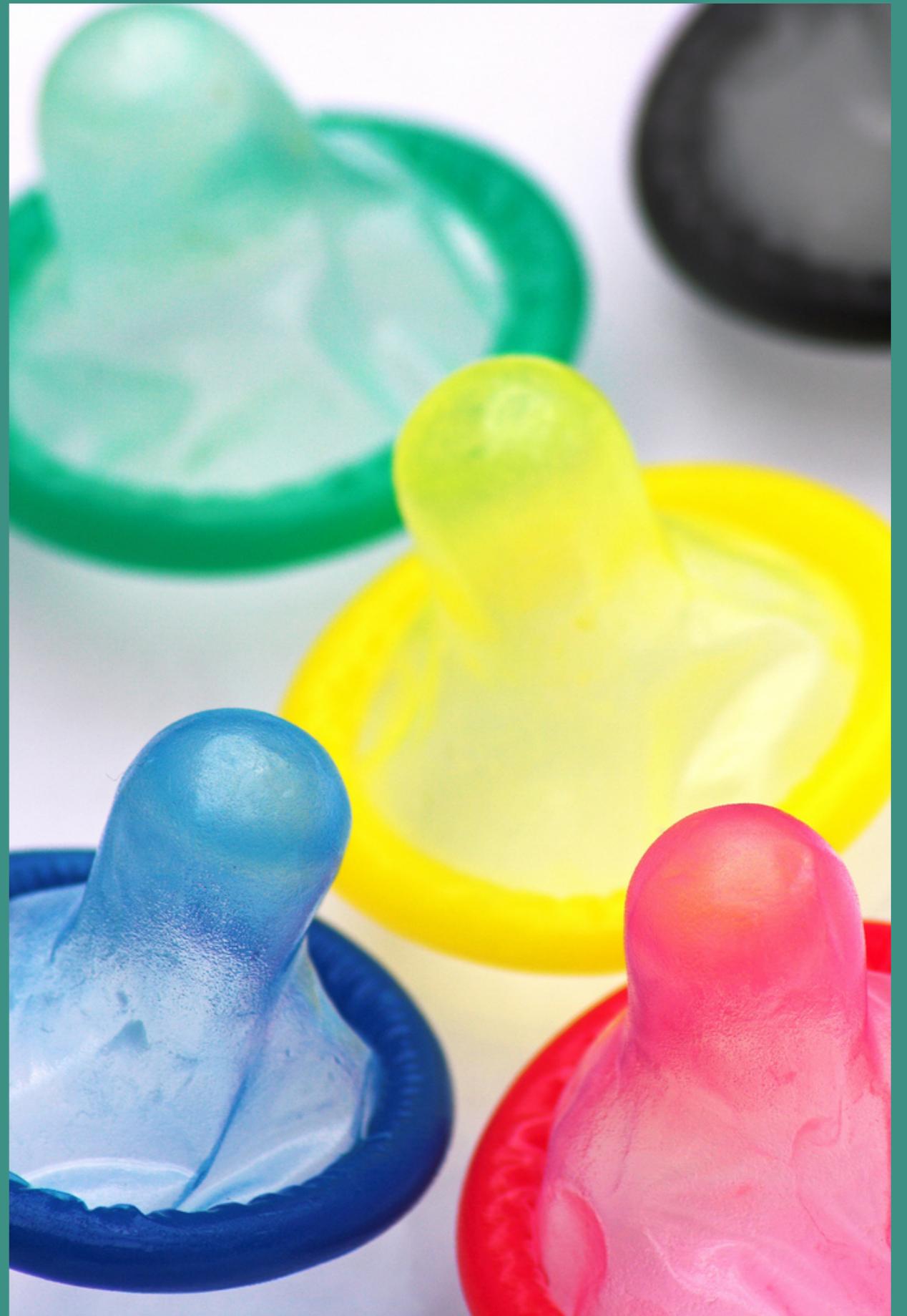


source: Flickr - In_Future

Misconception!

Although the risk is low, sperm can live inside the woman up to 5 days waiting for conditions to be just right to fertilize an egg.

Some
condoms just
don't fit.



Source: Flickr - Tomizak

Misonception!

There are a variety of condoms from extra snug to “king size” that fit all sizes and shapes.

Tighter
condoms
provide more
protection.



Source: Flickr - westmidlandspolice

Misconception!

Tighter condoms are more likely to break during intercourse. You want them to be a bit snug, however.

Birth control pills cause cancer.



Source: hFlickr - raychehb01ts

Misconception!

Recent research suggests that there is little, if any, risk of cancer.

It is always a good idea to have a condom in your wallet, just to be prepared.



Misconception!

Keeping condoms in wallets increases the chance of damage with extra heat.

Some people may keep them in their wallets way past the expiration date, when they are more likely to break.

If a woman jumps really hard after sex, she will not get pregnant.

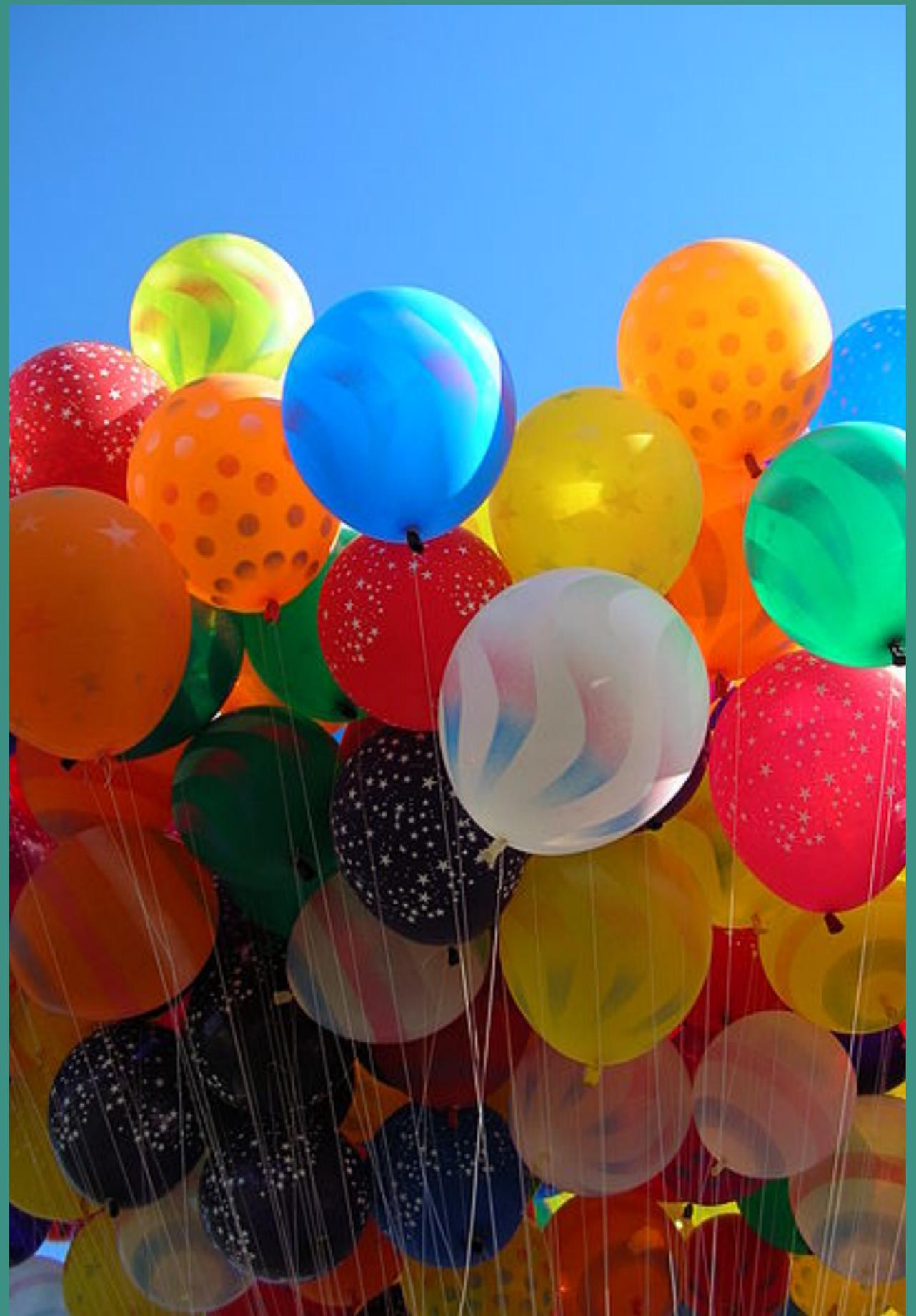


Source: Andi.

Misconception!

Jumping up and down is great for exercise but will not prevent the sperm from traveling and fertilizing an egg.

A balloon will
work if you can't
find a condom.



source: Flickr - Crystal

Misconception!

Balloons are porous and allow sperm to pass through. Only condoms and other barrier methods are effective at blocking sperm.