

Pregnancy protection after sexual assault: **Your right to emergency contraception**

Oregon law* requires hospitals to:

- Inform sexual assault or rape victims about emergency contraception (EC) and treatment options, and
- Provide EC pills upon request to sexual assault or rape victims before they leave the hospital.

What are EC pills?

- EC pills prevent pregnancy after unprotected sex.
- EC pills have the same hormone used in birth control pills.
- EC pills are very safe and effective.

EC pills do NOT:

- EC pills will not work if you are already pregnant.
- EC pills do not cause an abortion.
- EC pills do not protect against sexually transmitted infections and HIV/AIDS.

When do I take EC?

- EC pills work best when taken soon after a rape or sex without birth control.
- EC pills can be taken up to 5 days (120 hours) after a rape or sex without birth control.

***You have a right to get and
use emergency contraception.***

If you are a sexual assault victim who is not offered EC information or is refused EC in the hospital, call OHA Health Care Licensure and Certification at 971-673-0540 in Portland between 8 a.m. and 5 p.m. (Pacific time).

* OAR 333-505-0120, ORS Chapter 441.

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