New Email Firewall

The State of Oregon’s Department of Human Services (DHS) and Oregon Health Authority (OHA) is replacing our current email firewall used for securing email. Please see the attached for more information.

Sex and Tech: Results from a Survey of Teens and Young Adults

Results from a groundbreaking survey show that 21% of teen girls and 18% of teen boys have sent/posted nude or semi-nude images of themselves. What is going on with teens, tech, and sex? Click here to read the report.

IUS/IUD Training Opportunity - Grant County

Grant County will be hosting an IUS/IUD insertion training on Monday, September 29th, 2014 at 9:00 AM PST. This training will cover Paragard, Mirena, Skyla, insertions and removals, as well as upcoming changes to the Mirena insertion device (spoiler alert: the device will be the same as that for Skyla). The training will include discussion of the method and the insertion/removal process as well as hands-on practice using pelvic models (no live insertions). Please see the attached agenda and call Connie Clark to register at 541-380-0362.
Health at Every Size Workshop

Despite findings that diets don’t work, health professionals are still promoting weight loss. New and exciting evidence suggests that implementing health programming from the weight-neutral Health at Every Size (HAES®) perspective may be more effective at promoting permanent dietary and physical activity behavior change than traditional approaches.

Dawn Clifford, PhD, RD and Michelle Neyman Morris, PhD, RD will highlight the benefits of non-diet approaches and the potentially negative health outcomes of weight-centered approaches. Participants will learn useful strategies and resources for implementing non-diet concepts into health promotion programming through engaging and interactive activities.

Two workshops will be offered:

**BEND**
- **Date:** September 19, 2014
- **Time:** 9:00am – 3:00pm
- *Check-in and networking begins at 8:30am*
- **Location:** Deschutes County
  DeArmond Room
  1300 NW Wall St
  Bend, OR 97701
- Click [here](#) to register

**PORTLAND**
- **Date:** September 22, 2014
- **Time:** 9:00am – 3:00pm
- *Check-in and networking begins at 8:30am*
- **Location:** Kaiser Town Hall
  3704 N Interstate Ave.
  Portland, Oregon 97227
- Click [here](#) to register

**Cost:** $45 OPHA members; $90 non-members

*Registration includes a light breakfast and lunch.*

**NCHEC CHES/MCHES:** Six contact hours are provided at no additional cost.
Enrollment in a Box

NFPRHA’s newest enrollment tool, Enrollment in a Box, provides essential information and materials that help educate staff and patients about the basics of ACA enrollment – on any budget. It includes a guide on how to plan a successful enrollment program, strategies for contacting patients, how to work with the media, and more. Pre-order your Enrollment in a Box to have it shipped September 9th.

HPV: A Parents’ Guide to Preteen and Teen HPV Vaccination

This fact sheet for parents describes HPV (what it is? how it is spread? how serious it is?) and the HPV vaccine. Originally developed by the Michigan Department of Community Services, it is now available in both English and Spanish.

Condom Fact Sheet

Consistent and correct use of male latex condoms can reduce the risk of STD transmission. In July, the CDC released a fact sheet based on how different STDs are transmitted, the physical properties of condoms, and epidemiologic studies assessing condom use and STD risk.

As a reminder, for upcoming webinars check the External Webinar Resources section of our website:
http://public.health.oregon.gov/HealthyPeopleFamilies/ReproductiveSexualHealth/Resources/Pages/AllProvidersMaterials.aspx#extwebinars
## Reproductive Health Program Staff Contact List

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