

ASHA: Partnering Coordinated School Health with 21st Century Community Learning Centers



Thanks for being here!

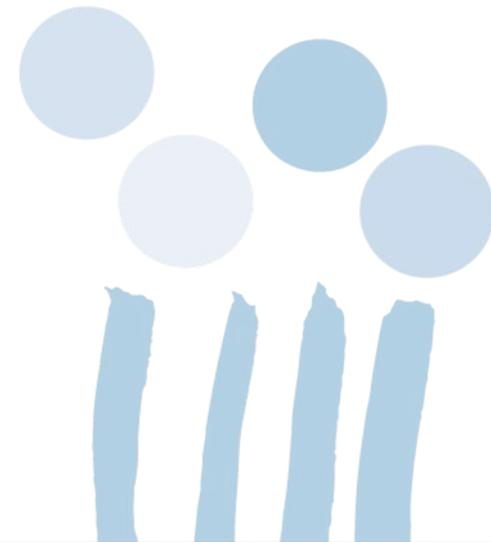
Objectives

- Understand the benefits and challenges of partnering Coordinated School Health Programs (CSHP) with 21st Century Community Learning Centers
- Describe examples of after-school programs focused on school health
- Brainstorm how you may be able to link 21st Century efforts to CSH in their community

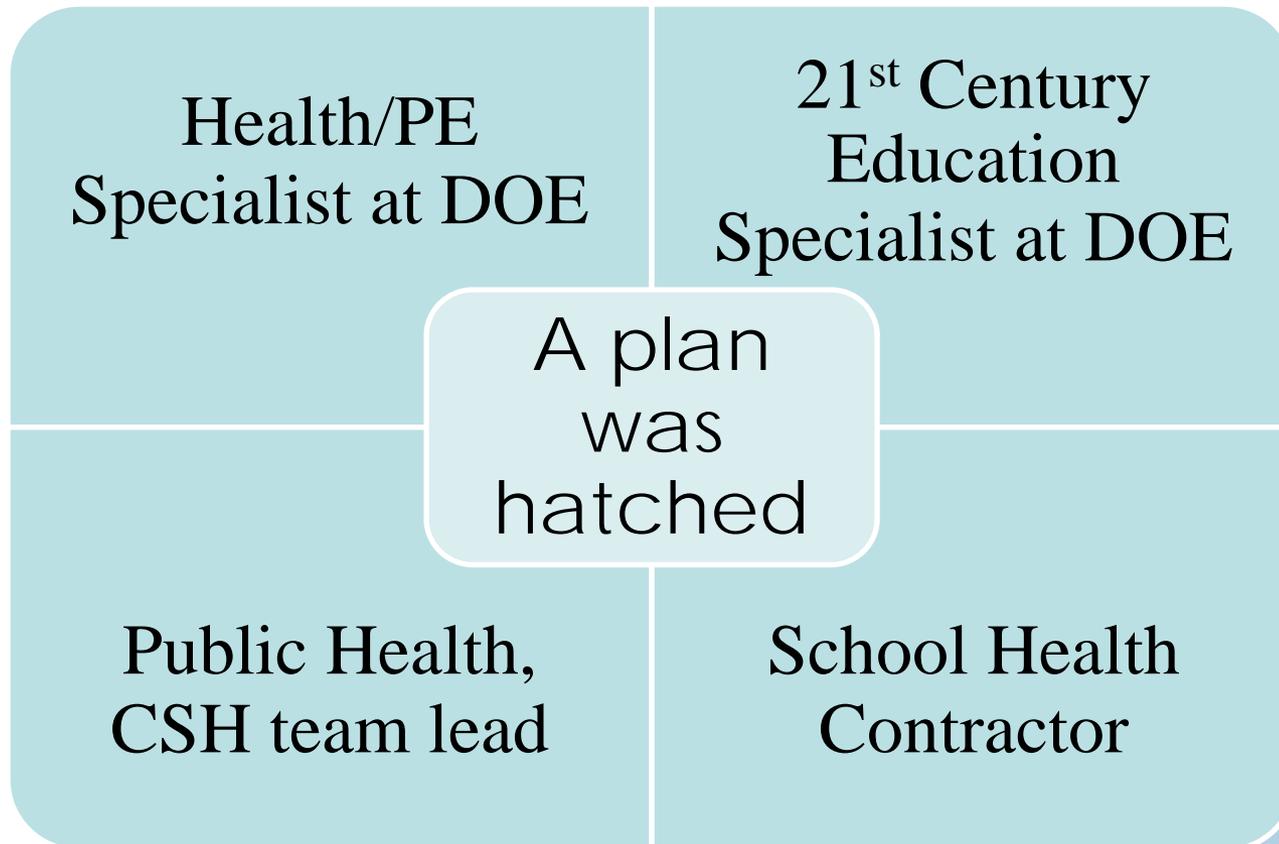


History of Coordinated School Health in Oregon

- CDC-DASH Funding ended 2008
- Shift in Coordinated School Health to Public Health
- What have we sustained?
 - Healthy Kids Learn Better Team Lead
 - Healthy Kids Learn Better Coalition
 - Healthy Kids Learn Better Cadre
 - www.hklb.org (website)



Strategic Opportunity in 21st Century



Participating Schools/Districts

YAMHILL COUNTY

Sheridan School District

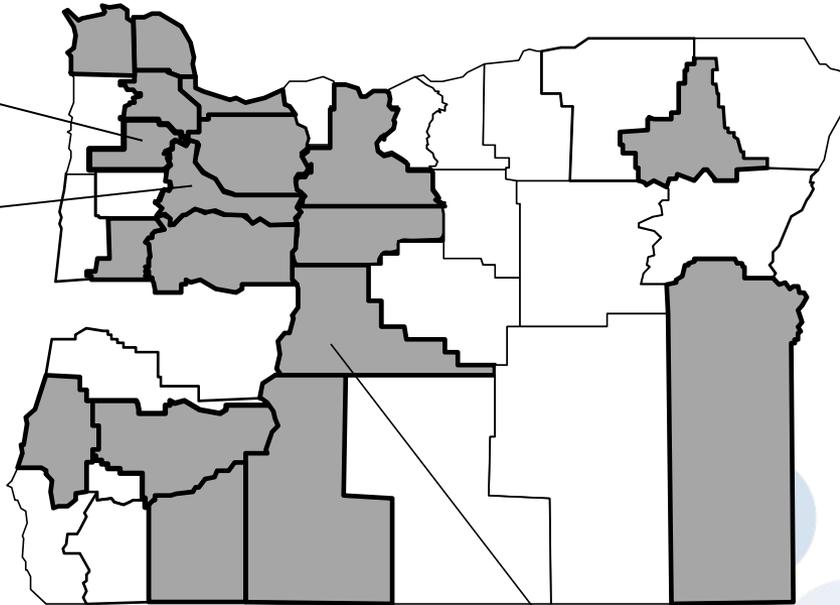
- Falconer-Chapman K-8
- Sheridan High School

MARION COUNTY

Gervais SD

Woodburn SD

- Woodburn High School



DESCHUTES COUNTY

Redmond SD

- Elton Gregory MS
- Obsidian MS

School/District Readiness

- 4 Districts were engaged in many other school health initiatives prior or over the 2 years
- Impact of CSH in the coordination of all these activities



Aligning CSH with 21st Century

- Training Institutes
 - Over two years, held 6 institutes (3 per year)
 - Process included:
 - Traveling teams attended Institutes co- facilitated by Dept of Health and Contractor (no DOE people directly involved, but hosted location and provided support when able)
 - SHAC development
 - SHI work (HSB for Alliance Schools)
 - Reviewing local and county data (YRBS)
 - Developing after-school action plans based on SHI and data results

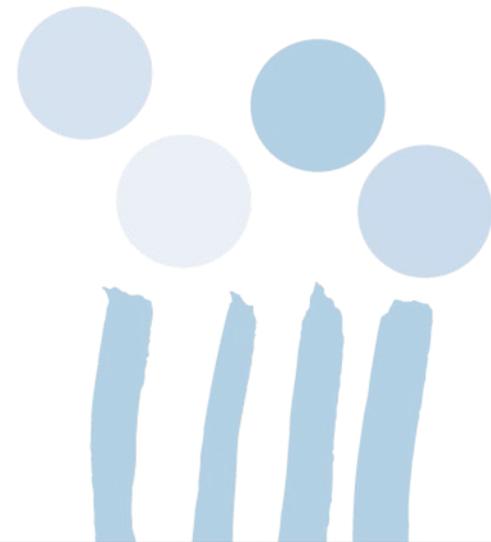


What happened?

- Gervais- Alliance for a Healthier Generation, after school Physical activity
- Woodburn- Positive Youth Development, SBHC Advocacy
- Redmond- Asthma Management Education with students, increase physical education opportunities
- Sheridan- Staff wellness activities

Strengths and Strains

- CSH- school day focus
- 21st Century- before and afterschool focus
- Continuity of health messages through out the entire day
- School Health Advisory Councils
- Administrator involvement
- Comprehensive school health action plans
- School Health Index- Pro's and Con's



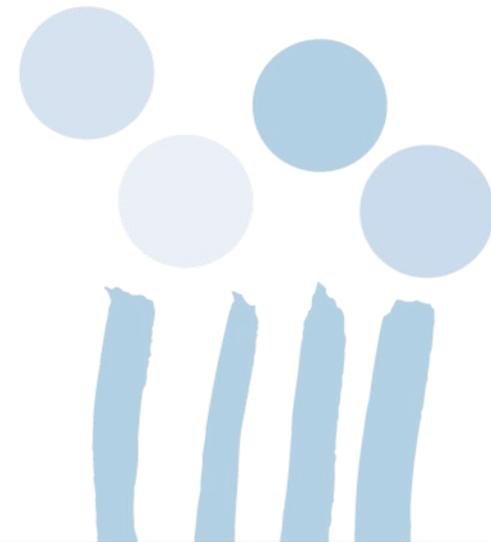
Outcomes and Lessons

- Technical Assistance + \$\$ = :)
- Action plans supported accountability
- Partnerships with local public health
- State level partnership- Education and Public Health
- Inclusive and collaborative
- Positive Youth Development is a great addition!



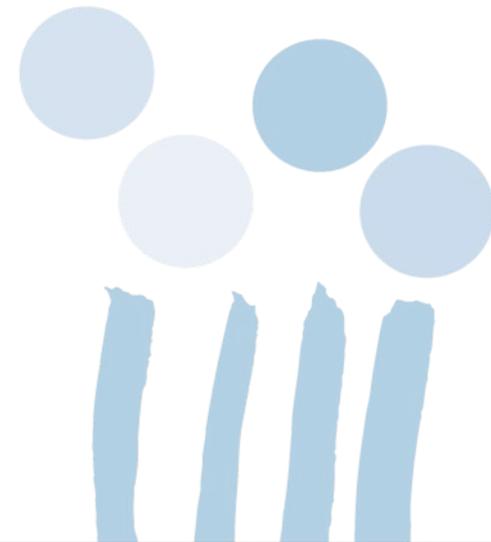
Next Steps

- Inclusion of before and after school best practices in the School Health Index
- Making the case that before and afterschool is a good venue to address health
- Sustainability



Pair Share

- How might you utilize 21st Century dollars to enhance school health in your state/community?



THANK YOU!

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