



# FPEP Orientation:

Introduction to the  
Family Planning Expansion Project



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# FPEP Orientation Overview

- Intro to FPEP
- Recent FPEP changes
  - Citizenship Verification Requirements
  - One-Time Only Visits for 100 days
  - Private Insurance Guidelines
  - Statewide FPEP Eligibility Database
- How to become a FPEP Provider

# Family Planning Program

- FPEP Reimbursement
  - Medicaid Waiver Title XIX
  - Since 1999
- Title X Grants
  - US DHHS Office of Population Affairs

Note:

- Division of Medical Assistance Programs (DMAP) manages Oregon Health Plan (OHP) family planning benefits



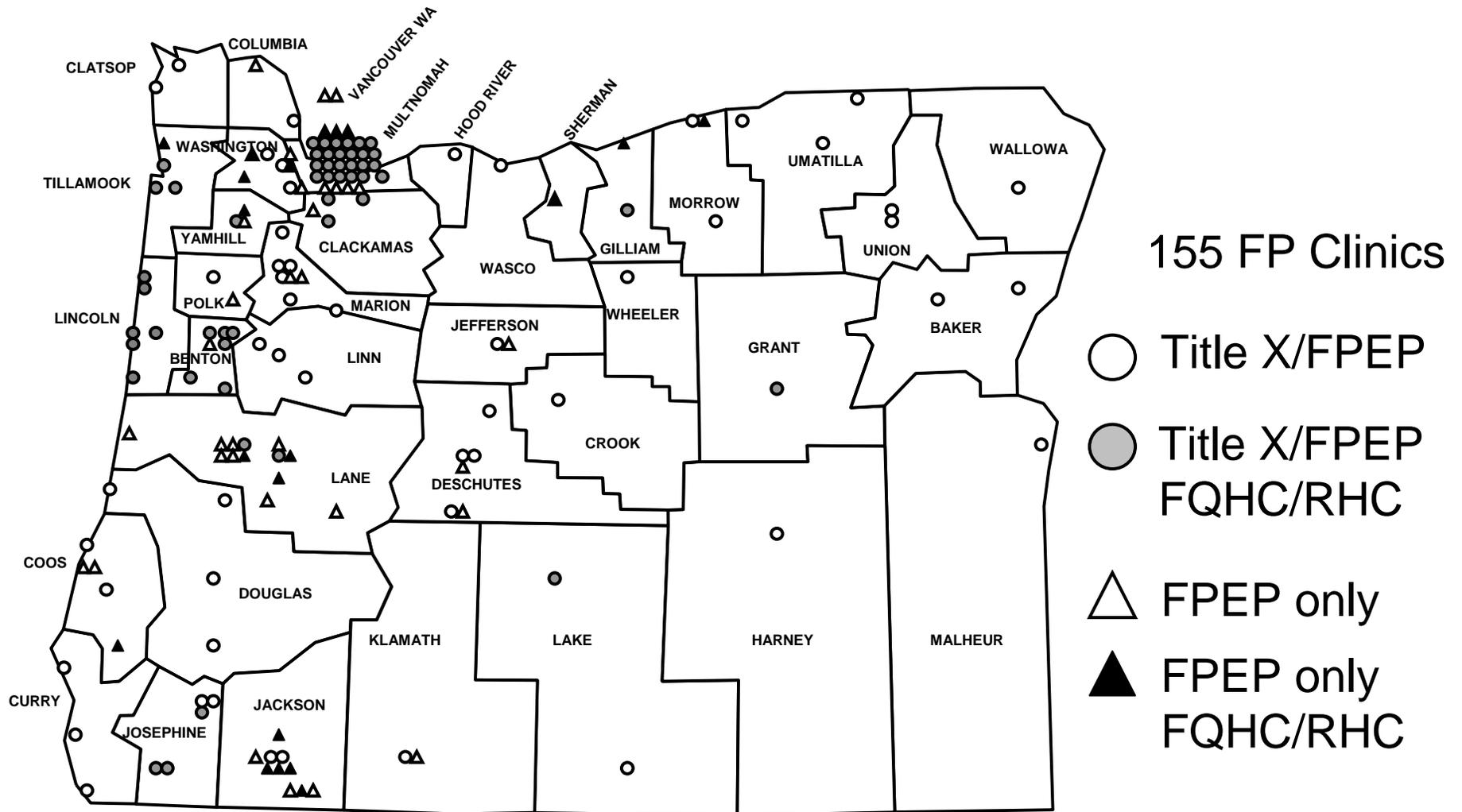


# Family Planning Expansion Project (FPEP) Purpose

- To improve family wellbeing
  - Reduce unintended pregnancies
  - Increase access to health care
- By providing:
  - **Contraceptives**
  - **Family planning services**
    - At no cost to eligible clients not covered by regular Medicaid (OHP), up to 185% FPL

# Oregon Family Planning Clinics

## March 2008





# SBHC Policy Exception

- When school boards prohibit dispensing contraceptives on school grounds, school-based health center providers may offer contraceptive methods to clients either on-site or by referral.
- If by referral, must have an established agreement in place, preferably with another FPEP provider. Notify OFH.
- FPEP will reimburse FPEP providers for supplies; non-FPEP providers must make payment arrangements to be reimbursed by the referring provider.



# FPEP Family Planning Services

## *Covered:*

### Contraceptive Management

- Annual exams
- Follow-up visits to evaluate methods
- Counseling & education
- Laboratory tests
- Medical procedures
- Supplies and devices
- Up to one-year supply of method

## *Not Covered:*

### Any service or lab not related to contraceptive mgtmt

- Sterilizations-female
- Treatment for infections
- Prenatal care
- Repeat pap smears
- Hysterectomies, abortions
- Transportation to clinics
- Procedures for medical reasons



# FPEP Covered Services: Females

- Comprehensive health history
  - OB/GYN, contraception, personal, family, & sexual health along with contraceptive counseling
- Initial & annual physical exams
  - Breast, pelvic, pap smear
- Routine lab tests for contraceptive choices
- Broad range of FDA-approved methods
  - Including Emergency Contraception (EC)
- Follow-up care to maintain or change method
- Referrals for primary care & special conditions
- Preventative STI testing, diagnosis & reporting

# FPEEP Covered Services: Males

- Counseling and education
- Sexual health risk assessments along with contraceptive counseling
- Non-prescription contraceptive barrier methods and supplies
- Vasectomies (21 & older)





## FPEP Excluded Services

- Any services for sterilized clients
  - If had tubal ligation, Essure, hysterectomy, vasectomy
- Treatment for STIs, bladder infections
- Pregnancy confirmation for OHP
- Pregnancy tests\*
- Repeat pap smears\*
- Any other medical service or laboratory\*

\* If not required for contraceptive management.



# FPEP Counseling-Only Visits

## *Covered:*

- Comprehensive review of all approved methods
- Counseling when delayed physical exam
- “Medically necessary” evaluation & treatment of method-related issues
- Assessments for a new method or change of method

## *Not Covered:*

- Counseling visits to reinforce behavior (method use)
- Counseling provided with supply pick-up



# Average # of FPEP Visits Per Year

- Females
  - If problem-free = 2 the first year
    - 1 visit following years if successful use of method
  - Depo-Provera = 4
  - IUD follow-up visit clinically indicated
- Males = 1
  - In rare cases, may need a medically necessary follow-up visit due to latex allergies, for example
- Additional visits must have documented clinical reasons

# Who qualifies for FPEP?

- Oregon residents
- Fertile women & men
  - Females 10–60, Males 10+
- Income below 185% FPL
- No insurance or under-insured
- U.S. citizen, or Lawful Permanent Resident for at least 5 years
- *Eligibility effective for 12 months regardless of changes in income, FPL or insurance*





# FPEP Eligibility: Citizenship & Identity Verification

- **All** new and renewing clients must provide proof of U.S. Citizenship *before* services can be provided
- Make copies of official originals
- Verification only required once
  - Accessible by all FPEP Clinics via database



# Citizenship Verification: Tier 1

One of the following is required:

- U.S. Passport
- Expired U.S. Passport
- Certificate of Naturalization
- Certificate of U.S. Citizenship



# Citizenship Verification: Tier 2

## One Required + Proof of Identity:

- Birth certificate
- Electronic match – Vital Records
- Birth certificate abroad
- US Citizen ID card
- Northern Marianas card
- American Indian card
- Adoption decree
- Military record
- Civil service employment



# Citizenship Verification: Tier 3

## One Required + Proof of Identity:

- Hospital record on official letterhead
  - Do not accept hospital souvenir “birth certificates”
- Health, life insurance record within 5 years of application
- Official religious record within 3 mos of birth
- Early school record – see list of required info



# Citizenship Verification: Tier 4

## One Required + Proof of Identity:

- Census record
- Amended birth record
- Vital Statistics notice of birth registration
- Institutional (e.g. nursing home) admission record
- Medical record
- Seneca Indian Census
- BIA Navaho Census
- Roll of Alaska Natives
- Birth attendance record from physician or midwife

If cannot provide the above (if homeless, mentally ill, etc.), affidavits from client and at least 2 individuals.



# Proof of Identity

## Must Include Photo or Physical Description

- Drivers license
- School ID
- Military card
- Military dependent card
- Federal, state, local ID
- Merchant Mariner card
- Native American Tribal Documentation



# Proof of Identity, Under 16 y.o.

Must Include Photo or Physical Description

- Daycare/Nursery school/Medical record
- Primary/secondary school record
- Affidavit by parent or guardian (cannot use if affidavit used for proof of citizenship)



# Proof of Identity

Must Include Photo or Physical Description

With Tier 2 or 3 citizenship docs only, any 3 of the following:

- Employer ID card
- Accredited HS or college diploma
- Marriage certificate
- Divorce decree
- Property title or deed



## 2 Additional Remedies

- Oregon Birth Record Request
  - State Family Planning Staff search electronic Oregon Vital Records
  - Oregon Birth Information Form
- One-Time Exception/Reasonable Opportunity Period (100 Days)
  - 100 days of service without documentation
  - Clients must verify citizenship within the 100 days to get a full year of FPEP eligibility



# Eligibility - Private Insurance

- Clients with full contraceptive management coverage are not FPEP eligible
- *Full* coverage = covers any portion of BOTH visit + supplies
  - Regardless of copay, deductible, or partial payment of the total cost



# Eligibility – Special Confidentiality

- Confidentiality from parents, spouse
- Regardless of insurance coverage
- Not just for teens, & not for all teens
- *Be Sure To:*
- Document fear of physical or emotional harm
- Use third party resource (TPR) code “NC” (Not Covered) in box 17A on the CVR form
- Have client initial the Enrollment Form



# FPEP Eligibility: Income

- Persons  $\geq$  20 years old
  - **Eligibility based on household size**
    - Family income below 185% of FPL
  
- Persons  $\leq$  19 years old (teens)
  - **Eligibility based on teen's own income**
    - Individual income below 185% FPL
    - Family income may exceed 185% FPL



# Billing Overview

- FPEP Encounter Rate = \$140
- Supplies reimbursed at acquisition cost
- FPEP is the payor of last resort
- A Clinic Visit Record (CVR) must be completed for every family planning visit, even if FPEP not billed



# How to Become a FPEP Provider

- Visit FP Program Website:
  - <http://www.oregon.gov/DHS/ph/fp/providers.shtml#How>
  - Read 2 documents:
    - Provider Enrollment Memo
    - Prospective Provider Packet
- Download & complete 2 forms:
  - FP Provider Application
  - Project/Site Number Request Form
- Contact Jon or Karol with questions
- Read the FP Manual & FPEP Admin. Rules

# Family Planning Website

- See the FPEP and CVR manuals for complete details
- Available at:  
[www.healthoregon.org/fp](http://www.healthoregon.org/fp)

OREGON.gov

Enter search term(s) Find

Text Size: A+ A A Text Only Site Accessibility

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**Public Health Division**

A-Z Topics

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Programs & Offices

Staff Directory

**Encouraging healthy, well-timed and intended pregnancies**

 We are a health promotion and prevention-based sexual and reproductive health program designed to provide people with tools and skills to plan healthy, well-timed and intended pregnancies. We work to assure that a full range of family planning, sexual and reproductive health services are available across the state.

[More about us, including our 2008 Annual Report](#)

**Birth Control Information**

**You may qualify for no cost birth control and services:**

Oregon Family Planning Program clinics provide confidential, high-quality family planning services.

[Do I qualify?](#)



**Not everyone's birth control needs are the same:**

We offer a variety of the most effective methods of birth control.

[What are the different methods?](#)



**For Providers**

**Provider Materials**

Resources for family planning providers such as enrollment packets, administrative rules, provider standards, forms, etc.

[All Providers](#)

[Title X Providers](#)

[FPEP Providers](#)

[Training Updates](#)

[Out-of-state Birth Certificate Requests](#)

[Links to State Birth Certificate Request Forms](#)

[Links to California County Forms](#)

**Health Education Materials**



# Family Planning Program

- DHS Public Health Division
  - Women's & Reproductive Health Section
    - Office of Family Health  
Family Planning Program  
800 NE Oregon Street, Suite 370  
Portland, OR 97232  
Ph: 971-673-0355  
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# Thank you!

Please contact me with any questions.



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