

# School-Based Health Centers

## General Information



### What is an SBHC?

School-Based Health Centers (SBHCs) are medical clinics that offer primary care services either within or on the grounds of a school. With easy access to health care in a school setting, SBHCs reduce barriers such as cost, transportation, and concerns surrounding confidentiality that often keep children and youth from seeking the health services they need. SBHCs provide a full range of physical, mental and preventive health services to all students, regardless of their ability to pay.

Each SBHC is staffed by a primary care provider (i.e., doctor, nurse practitioner or physician assistant), other medical, mental, or dental health professionals and support staff such as a receptionist.

SBHCs have existed in Oregon since 1986 and succeed through unique public-private partnerships between the Oregon Public Health Division, school districts, county public health departments, public and private practitioners, parents, students, and community members.

### What do SBHCs do?

SBHCs provide patient-centered care services for all students whether or not they have health insurance coverage.

SBHCs can:

- Perform routine physicals, well-child exams, and sports exams;
- Diagnose and treat acute and chronic illnesses;
- Treat minor injuries/illnesses;
- Provide vision, dental and blood pressure screenings;
- Administer vaccinations;
- Prevent and treat alcohol and drug problems;
- Deliver preventive health and wellness messaging;
- Provide and/or connect students with mental health counseling;
- Provide reproductive health services;
- Give classroom presentations on health and wellness;
- Prescribe medication;
- Help students find social supports.

### School-based health centers...

- Improve access to affordable and high quality physical, mental, dental and preventive health services.
- Treat children and youth who otherwise may not receive care.
- Reduce costs related to unnecessary hospital stays and use of emergency rooms.
- Save parents time by reducing missed work hours.
- Get students back to the classroom faster and ready to learn.
- Support students while they take charge of their health care as they become young adults.
- Meet community needs through patient-centered care.

<b>STATE-LEVEL DATA</b>		<b>Service Year: July 1, 2012 to June, 30, 2013</b>			
<b>General SBHC Information</b>	Number of certified SBHCs in Oregon:	68			
	Total number of clients served:	22,408			
	Total number of visits:	65,705			
	# of Oregon school - aged children (5-21)				
	with access to an SBHC:	54,233			
<b>Health System Transformation</b>	% SBHCs with PCPCH recognition:	42.6%			
	Tier 1 /Tier 2 /Tier 3:	T1/ 0	T2/ 25.0%	T3/ 17.6%	
<b>Sponsorship</b>	% SBHCs sponsored by FQHCs:	64.7%			
	% SBHCs sponsored by LPHAs (& FQHC status):	32.3%			
<b>Billing/ Sustainability</b>	<b>Insurance status of SBHC clients-</b>	OHP/Medicaid:	37.6%		
		Ccare:	2.1%		
		Private:	17.3%		
		Other/ Unknown/ None:	43.1%		
		% billing private insurance:	79.4%		
<b>State-level Patient Data</b>	Average number of visits per client:	3.0			
	Male % clients, % visits:	44.2%, 39.5%			
	Female % clients, % visits:	55.8%, 60.5%			
	School-aged youth: % clients, % visits:	85.1%, 88.5%			
	Most common reasons for SBHC visits:	Routine Child Health Exam, Contraception Management, Flu Vaccine			
<b>SBHC Services</b>	% of visits for mental health concern:	17.9%			
	% of visits for dental concern:	1.1%			
	% of clients who received immunizations:	29.9%			
	% of clients who received Adolescent Well Visit (ages 12 to 21):	33.8%			
<b>SBHC Staffing</b>	% of visits provided by Nurse Practitioners (N.P.):	50.7%			
	% of visits provided by Physician Assistants (P.A.):	3.8%			
	% of visits provided by Medical Doctors (M.D.):	5.1%			
	% of SBHCs with Dental Providers:	1.1%			
	% of SBHCs with Mental Health Providers:	17.9%			
	% of visits provided by Mental Health Providers:	13.0%			

**LOCAL-LEVEL DATA**

**Service Year: July 1, 2012 to June, 30, 2013**

<b>SBHC Basics</b>	SBHC Name: _____ Year SBHC opened: _____ SBHC Host School: _____ School District: _____ County: _____ CCO(s): _____
<b>Partnerships</b>	Medical Sponsor Name: _____ <input type="checkbox"/> FQHC PCPCH Recognition Status: <input type="checkbox"/> Tier 1 <input type="checkbox"/> Tier 2 <input type="checkbox"/> Tier 3 <input type="checkbox"/> N/A Other Local Partnerships: _____ EHR system used: _____ Mental Health EHR system used: _____
<b>Operations</b> (2013-14 School year information)	Population(s) Served: <input type="checkbox"/> Pre-K (Children from birth through 5 years of age) <input type="checkbox"/> Post-High School Individuals <input type="checkbox"/> Faculty/Staff of the school <input type="checkbox"/> Other Hours of Operation: _____ Summer Hours: _____ SBHC Staffing Model: <input type="checkbox"/> MD <input type="checkbox"/> DO <input type="checkbox"/> ND <input type="checkbox"/> PA <input type="checkbox"/> NP <input type="checkbox"/> RN <input type="checkbox"/> LPN <input type="checkbox"/> CNA <input type="checkbox"/> Medical Assistant <input type="checkbox"/> QMHP <input type="checkbox"/> LCSW <input type="checkbox"/> Dental Provider <input type="checkbox"/> Alcohol & Drug Counselor <input type="checkbox"/> Health Educator
<b>Visit Statistics</b>	Total Clients Served: _____ % School-Aged Clients Served (ages 5-21): _____ % "Established" Clients (3+ visits in a year): _____ Total Visits: _____ % of visits with mental health concern: _____ % of visits with dental concern: _____ % of clients who received immunizations: _____ % of clients who received Adolescent Well Visit (ages 12 to 21): _____
<b>Insurance</b>	OHP/Medicaid: _____ Ccare: _____ Private: _____ Other /Unknown /None: _____
<b>Billing</b>	Total Charges: _____ % of Visits Billed: _____ Total Reimbursement: _____ % Visits Reimbursed: _____