

¡Cuidate! Fidelity Monitoring Checklist



Group ID: _____

Facilitator(s): _____

City: _____

County: _____

Program Period:

Start Date: _____

End Date: _____

Total Number of
Sessions: _____

Site Location: _____

Parent
Informative
Session Held?

☐

Yes

☐

No

Module 1: Introduction and Overview

AND

Module 2: Building Knowledge about Pregnancy, STDs and HIV

Facilitator(s) _____

Length of time for Entry Survey (e.g. 25 minutes) _____

Number of Sessions to complete Modules 1 & 2 _____

Length of each session (e.g. Session 1: 60 minutes) _____

Number of Participants at each Session (e.g. Session 1: 10 participants) _____

Conducted in: ☐ English ☐ Spanish

Activity	Was activity carried out? Y = YES N = NO	Was activity carried out according to directions in the facilitator's curriculum? Y= YES N = NO (if no, please describe changes in next column)	In which ways was activity changed and why?
A: Conocimiento (Getting to Know You)			
B: Talking Circle			
C: Creating Group Rules			

D: ¡Cuidate! Logo/ Discussing HIV and AIDS			
E: Discussing Pregnancy <i>(optional)</i>			
F: Discussing STDs & HIV <i>(optional)</i>			
A: What it Means to be Latino/Latina Overview			
B: Cultural Values			
C: What Latinos think about unplanned pregnancy, STDs, HIV/AIDS, and Safer Sex			
D: View ¡Cuidate! DVD			
E: Myths and Facts			

Module 3: Understanding Vulnerability to Pregnancy, STDs and HIV Infection

Facilitator(s) _____

Number of Sessions to complete Module 3 _____

Length of each session (e.g. Session 1: 60 minutes) _____

Number of Participants at each Session (e.g. Session 1: 10 participants) _____

Conducted in: ☐ English ☐ Spanish

Activity	Was activity carried out? Y = YES N = NO	Was activity carried out according to directions in the facilitator's curriculum? Y= YES N = NO (if no, please describe changes in next column)	In which ways was activity changed and why?
A: Acknowledging the risk of unplanned pregnancy, STD/HIV and safer sex.			
B: View DVD Demasiado Joven (optional)			
C: “A Romance” a role-play			
D: Latino Cultural Attitudes and Safer Sex/ HIV			
E: La Loteria			
Talking Circle (optional)			

Module 4: Attitudes and Beliefs about Pregnancy, STDs, HIV, and Safer Sex

Facilitator(s) _____

Number of Sessions to complete Module 4 _____

Length of each session (e.g. Session 1: 60 minutes) _____

Number of Participants at each Session (e.g. Session 1: 10 participants) _____

Conducted in: ☐ English ☐ Spanish

Activity	Was activity carried out? Y = YES N = NO	Was activity carried out according to directions in the facilitator's curriculum? Y= YES N = NO (if no, please describe changes in next column)	In which ways was activity changed and why?
Welcome and Talking Circle (optional)			
A: ¿Quien Es Mas Macho? ¿Quien Es Mas Mujer?			
B: Music and Discussion			
C: Adolescent Vulnerability to unplanned pregnancy, STDs, and HIV			
D: La Zona Peligrosa			

Module 5: Building Condom-Use Skills

Facilitator(s) _____

Number of Sessions to complete Module 5 _____

Length of each session (e.g. Session 1: 60 minutes) _____

Number of Participants at each Session (e.g. Session 1: 10 participants) _____

Conducted in: ☐ English ☐ Spanish

Activity	Was activity carried out? Y = YES N = NO	Was activity carried out according to directions in the facilitator's curriculum? Y= YES N = NO (if no, please describe changes in next column)	In which ways was activity changed and why?
A: Discussing Condoms			
B: Condom-Use Skills			
C: Overcoming Barriers to Condom Use			

D: What gets in the way of Caring Behavior			
DVD Condom Animation <i>(optional)</i>			
E: Condom Line-Up			

Module 6: Building Negotiation and Refusal Skills

Facilitator(s) _____

Number of Sessions to complete Module 6 _____

Length of each session (e.g. Session 1: 60 minutes) _____

Number of Participants at each Session (e.g. Session 1: 10 participants) _____

Conducted in: ☐ English ☐ Spanish

Activity	Was activity carried out? Y = YES N = NO	Was activity carried out according to directions in the facilitator's curriculum? Y= YES N = NO (if no, please describe changes in next column)	In which ways was activity changed and why?
A: No Hay Razon			
B. Introduction to using the S.W.A.T/S.T.O.P. Technique and role plays.			
Sofia and Miguel DVD (optional)			
C: S.W.A.T./ S.T.O.P. Technique and Role-Plays			
D: Safer Sex/AIDS Jeopardy Game			

Module 7: Contraceptives

Facilitator(s) _____

Length of time for Exit Survey (e.g. 25 minutes) _____

Number of Sessions to complete Module 7 _____

Length of each session (e.g. Session 1: 60 minutes) _____

Number of Participants at each Session (e.g. Session 1: 10 participants) _____

Conducted in: ☐ English ☐ Spanish

Activity	Was activity carried out? Y = YES N = NO	Was activity carried out according to directions in the facilitator's curriculum? Y= YES N = NO (if no, please describe changes in next column)	In which ways was activity changed and why?
A: Commercial Activity			
B: Nine methods of birth control discussed			
C: Three discussion questions (asked throughout module)			
D: Passed out Self Care Plan			
E: Talking Circle			