Rules for WIC shoppers

- Do not make any changes to your vouchers or WIC ID card.
- Substitutions are not allowed. Do not ask for foods or formula that are not listed on your vouchers.
- Never sell, trade or give away your WIC foods, formula or vouchers.
- Don’t return WIC foods or formula for cash, credit or other items.
- Don’t use a voucher you told your WIC clinic was stolen or lost.
- Never physically or verbally abuse or threaten anyone at a WIC clinic or store.

Call your WIC clinic if:

- You have questions or problems with your WIC vouchers or WIC ID card.
- You lose your WIC ID card or need to change the second signer.
- You don’t see the WIC foods you need at the store.
- You have concerns about your WIC foods.

Your WIC clinic:

For more information or if you need this in an alternate format, call 971-673-0040. TTY 1-800-735-2900. WIC is an equal opportunity program and employer.

www.healthoregon.org/wic
Before you go to the store

• Check the “First Day to Use” and “Last Day to Use” on each voucher. You must use your vouchers within these dates.
• Take coupons and store discount cards if you have them.
• Take your WIC ID card and Food List to the store with you.
• If another person is shopping for you, make sure they sign the WIC ID card and teach them how to shop with WIC vouchers.
• Your WIC ID card is not valid if there are more than two signatures.

At the store

• Use your vouchers only at stores that are authorized with the Oregon WIC Program.
• Look at the front of each voucher for the amount, size and kind of food or formula you can buy.
• Look at the Food List to see the foods, brands and sizes that are allowed.
• Look for “WIC Food” tags on store shelves to help you choose the right foods.
• If you need help, ask a store clerk to help you find the right foods.

At the checkstand

• Separate WIC foods from your other groceries. Group WIC foods by voucher.
• Check to see that you are charged the correct price.
• Wait to sign the front of each voucher in the box until after the correct total has been entered.
• Remember to get your receipt and WIC ID card before you leave.

Fruit and veggie vouchers

• If your family has multiple vouchers for the current month, you may combine them to pay for your WIC fruit and vegetable purchase.
• If your fruit and vegetable purchase goes over the value of your vouchers, you can either:
  ➔ Pay the difference with cash, debit, credit or Oregon Trail card, OR
  ➔ Let the checker know which fruits and vegetables you'd like to put back so your purchase meets the value of the voucher.
• The amount the cashier writes in the "Pay Exactly" box on your voucher should equal your purchase amount. However, it should not go over the maximum value of your fruit and veggie voucher.