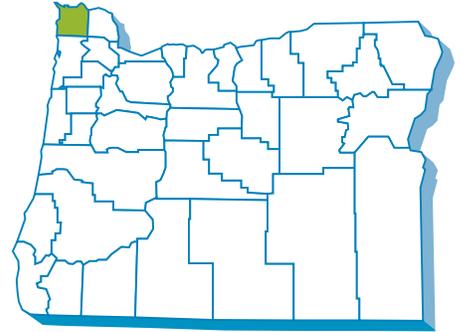
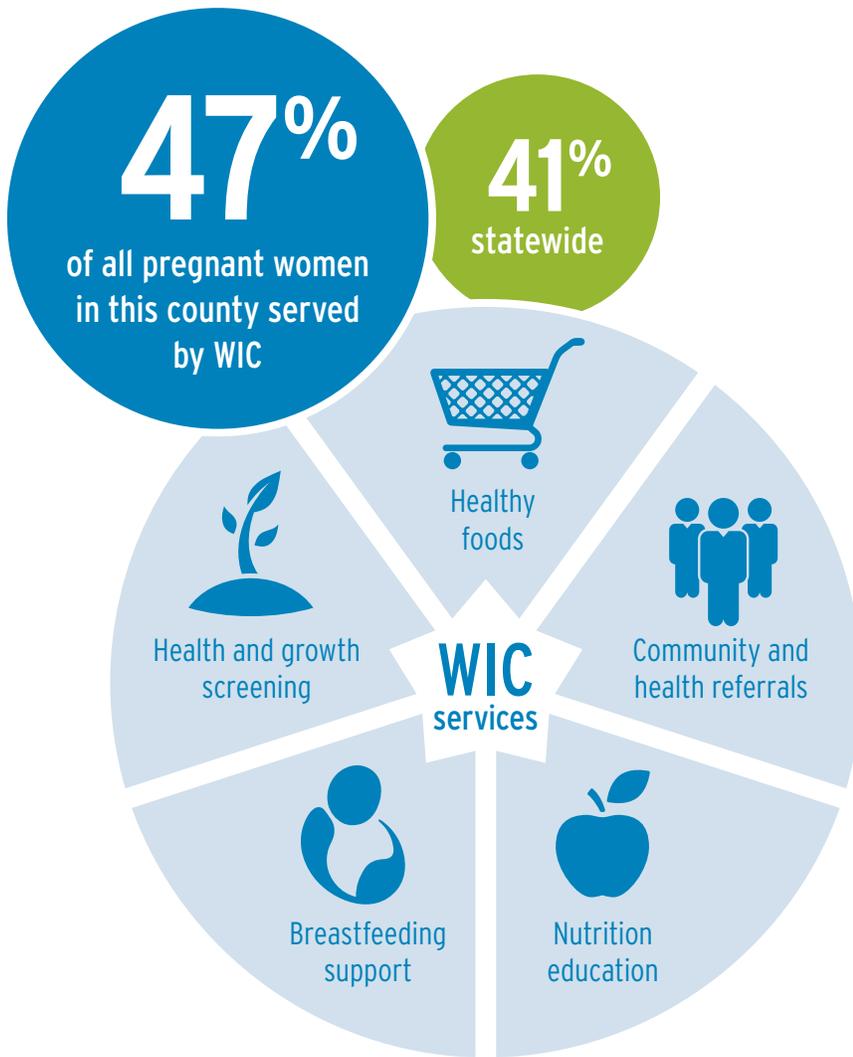




# 2015 WIC Facts

Clatsop County Health & Human Services



# 1,811

Women, infants and children who participated in WIC

# 1,298

Infants and children under five

# 513

Pregnant, breastfeeding and post-partum women

# 725

WIC families served

# 75%

Working families

## BREASTFEEDING

# 90%

WIC moms start out breastfeeding.

# 30%

WIC moms breastfeed exclusively for six months.

National health organizations recommend that breastfeeding is the sole source of nutrition in the first 6 months.

# 2015 WIC Facts

## Clatsop County Health & Human Services

---



### WIC-AUTHORIZED GROCERY STORES IN THIS COUNTY

#### 7 WIC-authorized stores:

- 3 Independent stores
- 3 Large regional or national chain stores
- 0 Small chain stores
- 1 Pharmacy



### WIC AND FDNP-AUTHORIZED FARMERS IN THIS COUNTY

- 13 Farmers at 3 farmers' markets
- 1 Farm stand



### ECONOMIC BENEFITS OF WIC

Total dollars spent by this agency's participants at local WIC retailers for healthy foods:

# \$684,626

---



### WIC FARM DIRECT NUTRITION PROGRAM

*The Farm Direct Nutrition Program (FDNP) provides families an additional source of nutritious food and education on selecting and preparing fresh produce. FDNP also supports local farmers' markets and farmers.*

FDNP dollars spent by this agency's participants and paid to local farmers:

# \$3,324

---



### WIC CLINIC SITES

- Astoria
- Seaside



For more details about these numbers, please visit:

<https://public.health.oregon.gov/HealthyPeopleFamilies/wic/Pages/annual.aspx>

---

### Contact your local WIC

503-325-8500

<http://tinyurl.com/hboxvce>

### Contact the Oregon State WIC Program

1-800-735-2900

[www.healthoregon.org/wic](http://www.healthoregon.org/wic)

---

This document can be provided upon request in an alternate format for individuals with disabilities or in a language other than English for people with limited English skills. To request this publication in another format or language, contact Oregon WIC at 971-673-0040 or 711 for TTY.