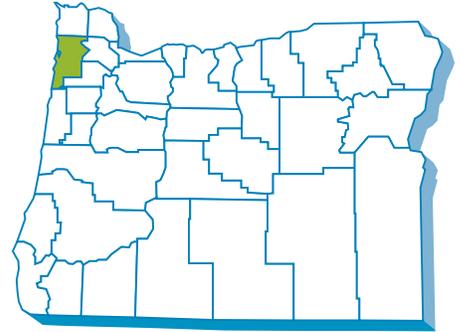
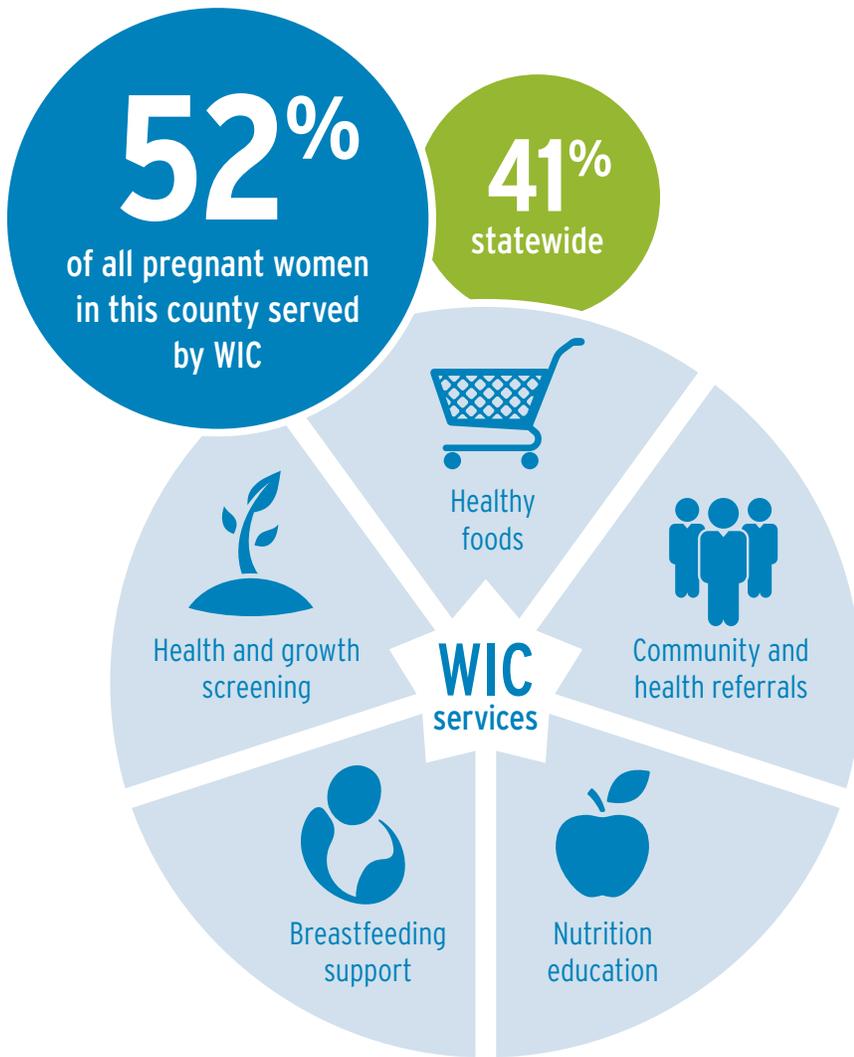




# 2015 WIC Facts

Tillamook County Health Department



# 1,089

Women, infants and children who participated in WIC

# 784

Infants and children under five

# 305

Pregnant, breastfeeding and post-partum women

# 457

WIC families served

# 73%

Working families

## BREASTFEEDING

# 95%

WIC moms start out breastfeeding.

# 39%

WIC moms breastfeed exclusively for six months.

National health organizations recommend that breastfeeding is the sole source of nutrition in the first 6 months.

# 2015 WIC Facts

## Tillamook County Health Department

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### WIC-AUTHORIZED GROCERY STORES IN THIS COUNTY

#### 7 WIC-authorized stores:

- 5 Independent stores
  - 2 Large regional or national chain stores
  - 0 Small chain stores
  - 0 Pharmacies
- 



### WIC AND FDNP-AUTHORIZED FARMERS IN THIS COUNTY

- 13 Farmers at 2 farmers' markets
  - 6 Farm stands
- 



### WIC CLINIC SITES

- Tillamook
  - Rockaway Beach
  - Cloverdale
- 



For more details about these numbers, please visit:

<https://public.health.oregon.gov/HealthyPeopleFamilies/wic/Pages/annual.aspx>

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### Contact your local WIC

503-842-3900

<http://tinyurl.com/hve5c7n>

### Contact the Oregon State WIC Program

1-800-735-2900

[www.healthoregon.org/wic](http://www.healthoregon.org/wic)

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### ECONOMIC BENEFITS OF WIC

Total dollars spent by this agency's participants at local WIC retailers for healthy foods:

# \$450,545

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### WIC FARM DIRECT NUTRITION PROGRAM

*The Farm Direct Nutrition Program (FDNP) provides families an additional source of nutritious food and education on selecting and preparing fresh produce. FDNP also supports local farmers' markets and farmers.*

FDNP dollars spent by this agency's participants and paid to local farmers:

# \$2,376

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