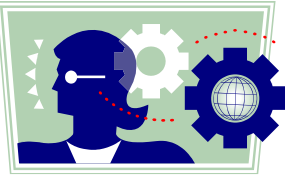


**Job Aid****Observation Tool: Diet Assessment of a Infant**

Use the spaces provided to note what you observe.

<b>Areas to Cover</b>	<b>Step① What feeding behaviors questions were asked?</b>	<b>Step② What OARS/PCE skills were used to dig deeper?</b>
Opening the conversation about <b>Eating Habits</b>		
<b>Attitudes</b> <ul style="list-style-type: none"> <li>▪ Feeding relationships</li> <li>▪ Recognition of feeding cues</li> <li>▪ Breastfeeding success/concerns</li> <li>▪ Interaction during bottle feeding (propping, etc)</li> </ul>		
<b>Actions</b> <ul style="list-style-type: none"> <li>▪ Feeding Behaviors</li> <li>▪ Frequency of nursing</li> <li>▪ Breastfeeding skills</li> <li>▪ Appropriate introduction of solids/cup</li> <li>▪ Preparation of formula</li> </ul>		

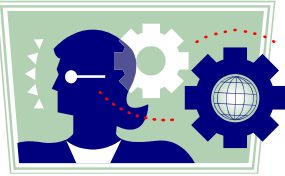
Areas to Cover	Step① What feeding behaviors questions were asked?	Step② What OARS/PCE skills were used to dig deeper?
<b>Supplementation</b> <ul style="list-style-type: none"> <li>▪ Fluoride and Vitamin D supplements</li> <li>▪ Herbal remedies</li> </ul>		
Other topics relating to food or eating?		
<b>Step③</b> <b>What risks were assigned?</b>		
<b>Step ④ - Critical Thinking and Review</b>  	<b>Was any other information needed in order to complete the diet assessment?</b>  <b>Are there any critical thinking items you would consider?</b>  <b>How was the assessment summarized? (Health outcome statement?)</b>	
<b>Step ⑤ - Documentation in TWIST?</b>		

# Job Aid

## Observation Tool: Diet Assessment of a Child

Use the spaces provided to note what you observe.

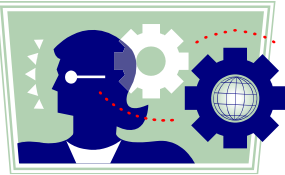
Areas to Cover	Step① What feeding behaviors questions were asked?	Step② What OARS/PCE skills were used to dig deeper?
Opening the conversation about <b>Eating Habits</b>		
<b>Attitudes</b> <ul style="list-style-type: none"> <li>▪ Feeding relationships</li> <li>▪ Feeding concerns</li> <li>▪ Support for independent feeding</li> <li>▪ Division of responsibility (how much to eat, when to eat, what is offered)</li> <li>▪ Recognition of hunger/satiety</li> </ul>		
<b>Actions</b> <ul style="list-style-type: none"> <li>▪ Feeding Behaviors</li> <li>▪ Meal Patterns</li> <li>▪ Weaning, use of cup/bottle</li> <li>▪ Self-Feeding</li> <li>▪ Food avoidance</li> <li>▪ Cultural issues</li> </ul>		

Areas to Cover	Step① What feeding behaviors questions were asked?	Step② What OARS/PCE skills were used to dig deeper?
<b>Supplementation</b> <ul style="list-style-type: none"> <li>▪ Use of fluoride supplements</li> <li>▪ Herbal remedies</li> </ul>		
Other topics relating to food or eating?		
<b>Step③</b> <b>What risks were assigned?</b>		
<b>Step ④ - Critical Thinking and Review</b>  	<b>Was any other information needed in order to complete the diet assessment?</b>  <b>Are there any critical thinking items you would consider?</b>  <b>How was the assessment summarized? (Health outcome statement?)</b>	
<b>Step ⑤ - Documentation in TWIST?</b>		

**Job Aid****Observation Tool: Diet Assessment of a Woman**

Use the spaces provided to note what you observe.

<b>Areas to Cover</b>	<b>Step① What feeding behaviors questions were asked?</b>	<b>Step② What OARS/PCE skills were used to dig deeper?</b>
Opening the conversation about <b>Eating Habits</b>		
<b>Attitudes</b> <ul style="list-style-type: none"> <li>▪ Eating issues</li> <li>▪ Interest in eating</li> <li>▪ Appetite</li> <li>▪ Nutrition knowledge</li> </ul>		
<b>Actions</b> <ul style="list-style-type: none"> <li>▪ Eating Behaviors</li> <li>▪ Meal patterns</li> <li>▪ Food preferences</li> <li>▪ Food fads</li> <li>▪ Food avoidance</li> <li>▪ Cultural issues</li> </ul>		

Areas to Cover	Step① What feeding behaviors questions were asked?	Step② What OARS/PCE skills were used to dig deeper?
<b>Supplementation</b> <ul style="list-style-type: none"> <li>▪ Use of vitamin or mineral supplements</li> <li>▪ Herbal remedies</li> </ul>		
Other topics relating to food or eating?		
<b>Step③</b> <b>What risks were assigned?</b>		
<b>Step ④ - Critical Thinking and Review</b>  	<b>Was any other information needed in order to complete the diet assessment?</b>  <b>Are there any critical thinking items you would consider?</b>  <b>How was the assessment summarized? (Health outcome statement?)</b>	
<b>Step ⑤ - Documentation in TWIST?</b>		