Risk Assignment from the

Prenatal Diet Assessment Questionnaire

Questions in TWIST	Answers in TWIST	TWIST Risk Assignment
What changes have you made to your eating habits since becoming pregnant?	None	None
• What have you heard about eating during pregnancy?	None	None
• Thinking about a typical day, what meals and snacks would you have?	None	None
• How do you feel about the weight changes you have had with this pregnancy?	None	None
Have you had any discomforts with eating during this pregnancy?	 No Yes: Nausea and/or vomiting Constipation Heartburn, Poor appetite Other, please list 	None
• What foods, if any, do you avoid for health or other reasons?	None	None

Questions in TWIST	Answers in TWIST	TWIST Risk Assignment
• Are you on a low calorie or restricted diet?	 No Vegan Macrobiotic Low carbohydrate, high protein Other, please list 	427.2 - Eating Very Low Calorie or Nutrient Diets
• Do you eat anything that is not food?	 No Yes, please list ————————————————————————————————————	427.3 - Pica
• Do you eat raw or undercooked meat, poultry, fish or eggs?	No Yes	427.5 Eating Potentially Harmful Foods
• Do you use unpasteurized dairy products or juice?	J	
• What vitamins or other supplements do you take?	 Vitamin or supplement with iron and iodine None or supplement without iron and iodine Unknown 	427.4 - Inadequate Iron, Iodine or Folic Acid Supplementation

Risk Assignment from

Postpartum Diet Assessment Questionnaire

	Questions in TWIST	Answers in TWIST	TWIST Risk
•	On a typical day since you had your baby, what meals, snacks and beverages do you have?	None	None
•	How would you describe your appetite?	None	None
•	How do you feel about the weight changes you have experienced since delivery?	None	None
•	What foods, if any, do you avoid for health or other reasons?	None	None
	Are you on a low calorie or restricted diet?	 No Vegan Macrobiotic Low carbohydrate, high protein Other, please list 	427.2 - Eating Very Low Calorie or Nutrient Diet

	Questions in TWIST	Answers in TWIST	TWIST Risk
•	Do you eat anything that is not food?	 No Yes, please list 	427.3 – Pica
•	Do you eat raw or undercooked meat, poultry, fish or eggs?		
	Do you use unpasteurized dairy products or juice?	Yes	427.5 Eating Potentially Harmful Foods
	What vitamins or other supplements do you take?	 Vitamin with folic acid or a folic acid supplement None or supplement without folic acid Unknown 	427.4 - Inadequate Iron, Iodine or Folic Acid Supplementation

Job Aid

Risk Assignment from Infant Questionnaire:

Birth to 5 months

Questions from TWIST	Answers in TWIST	TWIST Risk Assignment
How are you feeding your baby?	BreastfeedingPartially breastfeedingFormula feeding	None
 If fully breastfeeding: How often does your baby breastfeed in 24 hours? 	 Appropriate for age Less than 8 feedings in 24 hours before age 2 months Less than 6 feedings in 24 hours between 2 and 6 months of age 	411.7 Infrequent Breastfeeding
• If fully breastfeeding: Is your baby breastfeeding as often as he/she wants?	 Yes No, scheduled feedings	411.7 Infrequent Breastfeeding
 If partially breastfeeding: How often does your baby breastfeed in 24 hours? 	• Numeric	None
 If formula feeding only: How long did you breastfeed? 	• Length of time	None
- If partially breastfeeding or formula feeding, at what age did you start giving formula to your baby?	• Age	None

Questions from TWIST	Answers in TWIST	TWIST Risk Assignment
 If partially breastfeeding or formula feeding, how much formula does your baby drink each day? 	• None	None
 If offering formula, how are you preparing the formula? 	 Correct Incorrect 	411.6 Incorrect Dilution of Formula
• If using a bottle, what does your baby drink from the bottle?	 Breast milk and/or formula Substitute for formula or breast milk 	411.1 Use of Substitutes for Breast Milk or Formula
• If using a bottle, what besides breast milk or formula do you put in the bottle?	 Breast milk, formula or water only Juice or other sweetened beverages Infant cereal Both sweetened beverages and cereal Other 	411.2 Inappropriate Use of Bottles or Cups
• If using a bottle, does your baby fall asleep with the bottle at nap or bedtime?	• No • Yes	411.2 Inappropriate Use of Bottles or Cups

Questions from TWIST	Answers in TWIST	TWIST Risk Assignment
• How can you tell when your baby is hungry or full?	 Recognizes appropriate cues Does not recognize cues 	411.4 Inappropriate Feeding Practices
• What is/was your plan for introducing infant cereal and baby foods to your baby?	 Appropriate for age Introduce early, before 4 months 	411.3 Early Introduction of Solid Foods
 How do you handle and store expressed breast milk or leftover formula? 	 Appropriate Inappropriate 	411.9 Improper Handling of Breast Milk or Formula
 Is your baby receiving a Vitamin D supplement? 	 Yes No but drinks 1 quart of formula/day No Unknown 	411.11 Inadequate Fluoride and Vitamin D Supplementation

Job Aid

Risk Assignment from Infant Questionnaire:

Age 6 to 9 months

Questions from TWIST	Answers in TWIST	TWIST Risk Assignment
How are you feeding your baby?	BreastfeedingPartially breastfeedingFormula feeding	None
 If fully breastfeeding: How often does your baby breastfeed in 24 hours? 	Numeric	None
• If fully breastfeeding: Is your baby breastfeeding as often as he/she wants?	 Yes No, scheduled feedings	411.7 Infrequent Breastfeeding
 If partially breastfeeding: How often does your baby breastfeed in 24 hours? 	Numeric	None
If formula feeding only: How long did you breastfeed?	• Length of time	None
• If partially breastfeeding or formula feeding, at what age did you start giving formula to your baby?	• Age	None

Questions from TWIST	Answers in TWIST	TWIST Risk Assignment
• If partially breastfeeding or formula feeding, how much formula does your baby drink each day?	• None	None
 If offering formula, how are you preparing the formula? 	 Correct Incorrect 	411.6 Incorrect Dilution of Formula
• If using a bottle, what does your baby drink in the bottle?	 Breast milk and/or formula or water only Substitute for formula or breast milk Juice or other sweetened beverages Infant cereal Sweetened beverage and cereal Other 	411.1 Use of Substitutes for Breast Milk or Formula411.2 Inappropriate Use of Bottles or Cups
• If using a bottle, does your baby fall asleep with the bottle at nap or bedtime?	• No • Yes	411.2 Inappropriate Use of Bottles or Cups
 How can you tell when your baby is hungry or full? 	 Recognizes appropriate cues Does not recognize cues 	411.4 Inappropriate Feeding Practices

Questions from TWIST	Answers in TWIST	TWIST Risk Assignment
• At what age did you start offering infant cereal and baby foods to your baby?	 Appropriate for age Introduce early, before 4 months Introduce late, after 8 months —> 	411.3 Early Introduction of Solid Foods 411.4 Inappropriate Feeding Practices
• What baby foods have you offered?	 Appropriate for age Inappropriate for age 	411.4 Inappropriate feeding Practices
• What is your plan for introducing finger foods?	• None	None
• What is your plan for introducing a cup?	• None	None
• Is your baby receiving fluoride?	 Yes, fluoridated water or fluoride supplements No Unknown 	411.11 Inadequate Fluoride and Vitamin D Supplementation
 Is your baby receiving a Vitamin D supplement? 	 Yes No but drinks 1 quart of formula/day No Unknown 	411.11 Inadequate Fluoride and Vitamin D Supplementation
 Screened and offered infant FVV? 	YesNo	None

Job Aid

Risk Assignment from Infant Questionnaire:

Age 10 to 12 months

Questions from TWIST	Answers in TWIST	TWIST Risk Assignment
 How are you feeding your baby? 	BreastfeedingPartially breastfeedingFormula feeding	None
 If fully breastfeeding: How often does your baby breastfeed in 24 hours? 	• Numeric	None
 If formula feeding only: How long did you breastfeed? 	• Length of time	None
- If partially breastfeeding or formula feeding, at what age did you start giving formula to your baby?	• Age	None
• If partially breastfeeding or formula feeding, how much formula does your baby drink each day?	• Numeric	None

Questions from TWIST	Answers in TWIST	TWIST Risk Assignment
• If using a bottle, what does your baby drink from the bottle?	 Breast milk and/or formula and water only Early introduction of cow's or goat's milk or soy beverage Juice or other sweetened beverages 	411.1 Use of Substitutes for Breast Milk or Formula411.2 Inappropriate Use of Bottles or Cups
• If using a bottle, does your baby fall asleep with the bottle at nap or bedtime?	• No • Yes	411.2 Inappropriate Use of Bottles or Cups
• If using a bottle, what is your plan for weaning?	• None	None
 How can you tell when your baby is hungry or full? 	 Recognizes appropriate cues Does not recognize cues 	411.4 Inappropriate Feeding Practices
• How well does your baby feed himself/herself?	 Appropriate for age No self-feeding	411.4 Inappropriate Feeding Practices
 How well does your baby use a cup or Sippy cup? 	 Appropriate for age No cup use 	411.4 Inappropriate Feeding practices

Questions from TWIST	Answers in TWIST	TWIST Risk Assignment
• What finger foods do you offer to your baby?	 Appropriate for age Inappropriate for age 	411.4 Inappropriate Feeding Practices
 Does your baby eat honey, undercooked meat, or drink unpasteurized juice? 	• No • Yes	411.5 Feeding Potentially Harmful Foods
• Is your baby receiving fluoride?	 Yes, has fluoridated water or fluoride supplements No Unknown 	411.11 Inadequate Fluoride and Vitamin D Supplementation
 Is your baby receiving Vitamin D? 	 Yes, has a supplement or drinks 1 quart of formula and/or milk per day No Unknown 	411.11 Inadequate Fluoride and Vitamin D Supplementation

Risk Assignment from Children's Diet Questionnaire: Age 13 to 23 months

Questions in TWIST	Answers in TWIST	TWIST Risk Assignment
- Tell me about feeding your child.	None	None
 Are you breastfeeding your child now? 	NoYes	None
 If breastfeeding: How many times in 24 hours do you breastfeed? 	Numeric	None
 If not breastfeeding: How long did you breastfeed? 	Length of time	None
 At what age did you start giving formula to your child? 	Age	None
 How many meals and snacks do you offer to your child each day? 	Numeric	None
• What foods do you usually offer to your child?	 Offering a variety of appropriate foods and textures for age Not offering variety of appropriate foods or textures for age 	425.4 Inappropriate Feeding Practices

Questions in TWIST	Answers in TWIST	TWIST Risk Assignment
How well does your child feed himself/herself?	 Feeding skills appropriate for age Not feeding self 	425.4 Inappropriate Feeding Practices
• What does your child use when drinking?	 Cup or glass Sippy cup Cup and bottle before age 14 months Bottle after 14 months of age 	425.3 Inappropriate Use of Bottles, Cups or Pacifiers
• If your child is using a bottle, what is your plan for weaning?	• None	None
• What type of milk does your child usually drink?	 Whole milk or 2% Goat's milk WIC approved soy beverage Non- fat or 1% milk Inadequately fortified rice, soy or almond beverages 	425.1 Inappropriate Beverage as Milk Source
• What beverages other than milk does your child usually drink?	 Non-sweetened beverages Sweetened beverages Both sweetened and non-sweetened beverages 	425.2 Feeding Sweetened Beverages

Questions in TWIST	Answers in TWIST	TWIST Risk Assignment
• Is your child receiving fluoride?	 Yes, Fluoridated water or fluoride supplements No Unknown 	425.8 Inadequate Fluoride and Vitamin D Supplementation
Is your child receiving a Vitamin D supplement?	 Yes No but drinks 1 quart milk/day No Unknown 	425.8 Inadequate Fluoride and Vitamin D Supplementation

Risk Assignment from Children's Diet Questionnaire: Age 24 to 35 months

Questions in TWIST	Answers in TWIST	TWIST Risk Assignment
 <u>Family Meals</u>: What is mealtime like for you and your family? 	None	None
• What is going well or is challenging at mealtimes?	None	None
 <u>Meal Pattern</u> How many meals and snacks does your child usually eat each day? 	None	None
• Who decides when, how much or what your child eats?	None	None
• What happens if your child does not eat the food that is offered?	None	None
 <u>Food Selection</u> What are some of your child's favorite or least favorite foods? 	None	None
• How willing is your child to try new foods?	None	None

Questions in TWIST	Answers in TWIST	TWIST Risk Assignment
• What foods do you usually offer to your child?	 Offering a variety of age appropriate foods Not offering variety of age appropriate foods 	425.4 Inappropriate Feeding Practices
• What beverages does your child usually drink?	 Non-sweetened beverages Sweetened beverages Both sweetened and unsweetened beverages 	425.2 Feeding Sweetened Beverages
 <u>Food safety</u> Does your child eat raw or undercooked meat, poultry, fish or eggs? 	• No • Yes	425.5 Feeding Potentially Harmful Foods
 Does your child drink unpasteurized milk or juice? 	• No • Yes	425.5 Feeding Potentially Harmful Foods
 <u>Feeding Skills</u> How well does your child feed himself/herself? 	 Feeding skills appropriate for age Not feeding self 	425.4 Inappropriate Feeding Practices
• What does your child use when drinking?	 Cup and glass Cup and Sippy cup Cup and bottle Cup and bottle only at bedtime 	425.3 Inappropriate Use of Bottles, Cups or Pacifiers

Questions in TWIST	Answers in TWIST	TWIST Risk Assignment
• If your child is using a bottle, what are your plans for weaning?	None	None
 <u>Supplementation</u> What vitamins or other supplements does your child take? 	None	None
• Is your child receiving fluoride?	 Yes, has fluoridated water or fluoride supplements No Unknown 	425.8 Inadequate Fluoride and Vitamin D Supplementation
Is your child receiving a Vitamin D supplement?	 Yes No but drinks 1 quart milk/day No Unknown 	425.8 Inadequate Fluoride and Vitamin D Supplementation

Risk Assignment from Children's Diet Questionnaire: Age 36 to 60 months

Questions in TWIST	Answers in TWIST	TWIST Risk Assignment
 <u>Family Meals</u>: Tell me about mealtimes in your home. 	None	None
- Besides home, where else does your child eat?	None	None
 How well does your child eat in places other than home/? 	None	None
 <u>Meal Pattern</u> How many meals and snacks does your child usually eat each day? 	None	None
 How do you involve your child in choosing foods for meals and snacks? 	None	None
 <u>Food Selection</u> What are some of the foods that your child likes or dislikes? 	NoneOffering a variety of age appropriate	None
• What foods do you usually offer to your child?	 foods Not offering a variety of age appropriate foods 	425.4 Inappropriate Feeding Practices

Questions in TWIST	Answers in TWIST	TWIST Risk Assignment
 What beverages do you usually offer to your child? 	 Non-sweetened beverages Sweetened beverages Both sweetened and unsweetened beverages 	425.2 Feeding Sweetened Beverages
 <u>Food safety</u> Does your child ear raw or undercooked meat, poultry, fish or eggs? 	 No Yes	425.5 Feeding Potentially Harmful Foods
 Does your child drink unpasteurized milk or juice? 	• No • Yes	425.5 Feeding Potentially Harmful Foods
 <u>Feeding Skills</u> How well does your child feed himself/herself? 	 Feeding skills appropriate for age Feeding skills inappropriate for age 	425.4 Inappropriate Feeding Practices
• What does your child use when drinking?	 Appropriate for age Inappropriate for age 	425.3 Inappropriate Use of Bottles, Cups or Pacifiers
 <u>Supplementation</u> What vitamins or supplements does your child take? 	None	None

Questions in TWIST	Answers in TWIST	TWIST Risk Assignment
• Is your child receiving fluoride?	 Yes, has fluoridated water or fluoride supplements No Unknown 	425.8 Inadequate Fluoride and Vitamin D Supplementation
Is your child receiving a Vitamin D supplement?	 Yes No but drinks 1 quart milk/day No Unknown 	425.8 Inadequate Fluoride and Vitamin D Supplementation