**Local Agency Nutrition Services Standards Self-Assessment**

(**Part 1** of the 2016 Nutrition Services Plan)

Person(s) completing assessment: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date of assessment: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Instructions**:

1. This Assessment is for your agency’s use only. You will not turn it in to the State WIC Program. (You *will* turn in Part 2 of the Nutrition Services Plan which will be sent to you later, and it will be due in mid-June, 2016.)
2. In order to complete this Assessment, you will need to become familiar with the *WIC Nutrition Services Standards* (August 2013). If you do not already have a copy of this document, use either of the links below to access it.
* WIC Works: <https://wicworks.fns.usda.gov/wicworks//Topics/WICnutStand.pdf>
* Oregon WIC website – Information for WIC Coordinators – WIC Program Information: <http://public.health.oregon.gov/HealthyPeopleFamilies/wic/Pages/wic-coordinator.aspx>
1. Read through the *Introduction* at the beginning of the *WIC Nutrition Services Standards* (page v). This section describes WIC’s goal of providing high quality nutrition services, and explains how to interpret and use the 16 Standards that are included in the document.
2. Oregon WIC’s focus for the **2016 Nutrition Services Plan** will be on Standards 6-8:
* Standard 6 – Nutrition Assessment (page 27)
* Standard 7 – Nutrition Education and Counseling (page 32)
* Standard 8 – Breastfeeding Education, Promotion and Support (Page 38)

Encourage staff members to read the information on the three Standards above, to learn what is considered to be the essential aspects of quality nutrition services in these areas.

1. With the transition to an e-WIC environment, there is an opportunity to make changes that will positively enhance how Oregon WIC provides nutrition services to our participants! As your agency goes through rollout, take note of how e-WIC may be impacting the way your agency delivers nutrition services. Share these observations as a staff, in a meeting or mini-retreat. Discuss possible ideas for improving the quality of nutrition services in your agency.
2. After you have had some experience in the e-WIC environment, and you have talked together as a staff, answer the following series of questions for both Standard 6 and Standard 7. (If interested, you may also address Standard 8, which is *optional*.)
3. Plan to have this Assessment completed by mid-May. Part 2 of the **2016 Nutrition Services Plan** will involve setting at least one goal for improving your Nutrition Assessment process (Standard 6) and one goal for improving your Nutrition Education and Counseling Services (Standard 7). Your written Nutrition Services Plan will include your specific goals as well as one or more activities for achieving these goals during July – December of 2016. Details on this will be sent to you at a later date. ☺

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**Standard 6** – **Nutrition Assessment** (page 27)

1. Which elements under this area are you performing/meeting criteria? (If no additional elements listed under the area, then evaluate your performance in this area.)
2. Describe the strengths of your agency in this area. In what ways does your agency excel/perform particularly well in this area? What are the elements/factors that support and contribute to this excellence?
3. Describe the ways in which your agency can improve (this includes areas in which an agency is meeting criteria but would like to improve, as well as areas an agency is not currently meeting criteria).
4. What are your agency’s goals/plans for improvement? By what date do you plan on achieving these goals/plans?
5. What are the resources/technical assistance your agency needs to reach your improvement goals/plans?

**Standard 7 – Nutrition Education and Counseling** (page 32)

1. Which elements under this area are you performing/meeting criteria? (If no additional elements listed under the area, then evaluate your performance in this area.)
2. Describe the strengths of your agency in this area. In what ways does your agency excel/perform particularly well in this area? What are the elements/factors that support and contribute to this excellence?
3. Describe the ways in which your agency can improve (this includes areas in which an agency is meeting criteria but would like to improve, as well as areas an agency is not currently meeting criteria).
4. What are your agency’s goals/plans for improvement? By what date do you plan on achieving these goals/plans?
5. What are the resources/technical assistance your agency needs to reach your improvement goals/plans?

**\*\* *Optional* \*\***

**Standard 8** **– Breastfeeding Education, Promotion and Support** (Page 38)

1. Which elements under this area are you performing/meeting criteria? (If no additional elements listed under the area, then evaluate your performance in this area.)
2. Describe the strengths of your agency in this area. In what ways does your agency excel/perform particularly well in this area? What are the elements/factors that support and contribute to this excellence?
3. Describe the ways in which your agency can improve (this includes areas in which an agency is meeting criteria but would like to improve, as well as areas an agency is not currently meeting criteria).
4. What are your agency’s goals/plans for improvement? By what date do you plan on achieving these goals/plans?
5. What are the resources/technical assistance your agency needs to reach your improvement goals/plans?