In-service Guide: 2010 Risk Criteria Update

6/11/10

- This in-service is mandatory for all staff who determine eligibility for WIC participants.
- Staff will need to complete this in-service by July 31, 2010.
- This in-service can be one of your agency’s required quarterly in-services.
- Estimated time to complete the in-service is one hour.

Goals and objectives

- Agency staff who determine WIC eligibility will be aware of the changes to WIC risk criteria which go into affect 8/2/2010.
  - Staff will be able to correctly assign the risk criteria described in the in-service.
  - Staff will be able to identify new Vitamin D supplement recommendations for WIC participants.

Materials Needed

(See Website [http://egov.oregon.gov/DHS/ph/wic/training.shtml#In_Services_for_WIC_staff](http://egov.oregon.gov/DHS/ph/wic/training.shtml#In_Services_for_WIC_staff) for electronic versions of these materials)

- PowerPoint presentation – 2010 Risk Criteria Update
- Handout – Summary of 2010 Risk Criteria Updates
- Handout – Vitamin D Information for Staff

Available Soon

- Participant education 1/3 sheet on Vitamin D supplementation for the family will be available online in July 2010 and available for order in August 2010.
- Participant education handout for participants with a higher reading level and wanting specific information will be available on our website in July 2010.
- Updated Risk Information sheets and Job Aids from the Nutrition and Dietary Risk Assignment training modules will be available online by 7/1/2010:
  - Nutrition Risk Information sheets
    - 101 Underweight
    - 111 Overweight
    - 131 Low maternal weight gain
    - 133 High maternal weight gain
    - 304 History of Preeclampsia
    - 342 Gastrointestinal disorders
    - 345 Hypertension and prehypertension
    - 363 Pre-Diabetes
    - 350 Pyloric Stenosis (deleted)
o Dietary Risk Information sheets
  - 411.5 Feeding potentially harmful foods
  - 411.11 Inadequate fluoride or Vitamin D supplementation
  - 425.1 Inappropriate beverages as milk source
  - 425.5 Feeding potentially harmful foods
  - 425.8 Inadequate fluoride or Vitamin D supplementation
  - 427.4 Inadequate iron or folic acid supplementation

o Job aids
  - List of Risk Numbers and Names
  - Risk List for Women
  - Risk List for Infants and Children
  - Risk assignment from Children’s Diet Assessment Questionnaire
  - Risk Assignment from Infant’s Diet Assessment Questionnaire

Training Information

- Please review the in-service information prior to sharing with staff. This information was shared with RD’s that attended the 5/26/2010 LARD meeting. We encourage you to involve your RD in presenting the in-service. Coordinators will have a chance to discuss the risk criteria changes at the July OWCA meeting.
- The in-service can be broken into 2 parts if desired. The first section of the PowerPoint presentation reviews the basic risk criteria changes, while the second section focuses on Vitamin D. The newest research and information about Vitamin D supplementation focuses on the importance of supplementation for the whole family rather than breastfed babies only. Although WIC staff do not prescribe specific vitamins, we can recommend Vitamin D supplements just as we do with prenatal vitamins.
- When in slide show mode, there are several places in the PowerPoint where information will appear when the presenter clicks, which allows time for staff to discuss questions first. Printed handouts will have overlapping images on some slides.
- Many of the risk criteria changes are related to weight and weight gain. These will be calculated automatically by TWIST starting August 2, 2010. The prenatal weight gain grids that go with these changes will also change automatically. The remainder of the risks are CPA selected, which means that certifiers need to have this information to correctly assign risks.
- The Nutrition Risk and the Dietary Risk training modules are being updated to reflect these risk changes. The affected Risk Information sheets and Job Aids from these 2 modules will be available on our website by July 1, 2010. While these may answer specific questions, you will find the majority of the changes summarized in the handout accompanying this in-service.
- Please contact Vernita Reyna or your state Nutrition Consultant if you have any questions about the risk criteria or information included in this website.