

☺ Job Aid: Risk Criteria Assessment

Chapter 3: Client Processes

Section 3: Assessment

Lesson: Risk Criteria and Risk Level

Following is a list of all nutrition risk criteria and the way in which the risks get assigned in the TWIST system. Remember, all applicable risks must be selected for each participant at each certification visit. Also, all identified risk factors must be supported by documentation in the participant's record.

Key Definitions

Risk Code: The USDA assigned code number for each risk

Risk Name: The name of each risk criteria

Category: The category of WIC participant to which the risk can be applied

Risk Level: Indicates the seriousness of the risk assigned and whether a referral is needed

Additional Documentation: Indicates if the use of this risk requires the user to document additional information in the TWIST system

How Assigned?: How the risk gets assigned in the TWIST system

TWIST-selected - The system assigns based on data entered or mandatory questions answered.

CPA-selected - The user assigns risk based on information provided by participant.

RISK LIST FOR WOMEN					
Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
100s – Anthropometric Risks					
101	Underweight	All Women	M	No	TWIST-selected
111	Overweight	All Women	M	No	TWIST-selected
131	Low Maternal Weight Gain	Pregnant Women only	H or M	Change to HIGH with twins or more	TWIST-selected
132	Maternal Weight Loss during Pregnancy	Pregnant Women only	M	No	TWIST-selected
133	High Maternal Weight Gain	All Women	M	No	TWIST-selected

RISK LIST FOR WOMEN					
Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
200s – Biochemical Risks					
201	Low Hemoglobin Low Hematocrit	ALL	H or M	Change risk level to HIGH when hgb is below 9.9 in 1 st or 3 rd trimester, 9.4 in 2nd trimester, or 10.9 postpartum	TWIST-selected
211	Elevated Blood Lead Levels	ALL	H	No	TWIST-selected
300s – Clinical/Medical Risks					
301	Hyperemesis Gravidarum	Pregnant Women only	H	No	CPA-selected
302	Gestational Diabetes	Pregnant Women only	H	No	CPA-selected
303	History of Gestational Diabetes	All Women	L	No	CPA-selected
304	History of Preeclampsia	All Women	L	No	CPA-selected
311	History of Preterm Delivery	All Women	L	No	CPA-selected
312	History of Low Birth Weight	All Women	L	No	CPA-selected
321	History of Fetal or Neonatal Loss	All Women	L	No	CPA-selected
331	Pregnancy at a Young Age	All Women	H or M	Change risk level to HIGH if 15 years or younger at conception.	TWIST-selected

RISK LIST FOR WOMEN					
Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
332	Closely Spaced Pregnancy	All Women	L	No	CPA-selected
333	High Parity and Young Age	All Women	L	Document age at conception in Notes or Progress Notes.*	CPA-selected
334	Lack of or Inadequate Prenatal Care	Pregnant Women only	L	If based on assessment of ongoing prenatal visits, document the number of visits and weeks gestation in Notes or Progress Notes.*	both
335	Multiple Fetus Pregnancy	All Women	M	Document number of fetuses in Notes or Progress Notes.*	TWIST-selected
336	Fetal Growth Restriction	Pregnant Women only	L	No	CPA-selected
337	History of a Birth of a Large for Gestational Age Infant	All Women	L	No	CPA-selected
338	Pregnant Woman Currently Breastfeeding	Pregnant Women only	L	No	CPA-selected
339	History of a Birth with a Congenital Birth Defect	All Women	L	No	CPA-selected
341	Nutrient Deficiency Diseases	ALL	H	Document specific condition in Progress Notes.	CPA-selected

RISK LIST FOR WOMEN					
Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
342	Gastro-Intestinal Disorders	ALL	H	Document specific condition in Progress Notes.	CPA-selected
343	Diabetes Mellitus	ALL	H	No	CPA-selected
344	Thyroid Disorders	ALL	M	Document specific condition in progress notes	CPA-selected
345	Hypertension and Prehypertension	ALL	H	No	CPA-selected
346	Renal Disease	ALL	H	Document specific condition in Progress Notes.	CPA-selected
347	Cancer	ALL	H	Document specific condition in Progress Notes.	CPA-selected
348	Central Nervous System Disorders	ALL	H	Document specific condition in Progress Notes.	CPA-selected
349	Genetic and Congenital Disorders	ALL	H	Document specific condition in Progress Notes.	CPA-selected
351	Inborn Errors of Metabolism	ALL	H	Document specific condition in Progress Notes.	CPA-selected
352	Infectious Diseases	ALL	H	Document specific condition in Progress Notes.	CPA-selected

RISK LIST FOR WOMEN					
Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
353	Food Allergies	ALL	M	Document specific allergy in Notes or Progress Notes.*	CPA-selected
354	Celiac Disease	ALL	H	No	CPA-selected
355	Lactose Intolerance	ALL	L	Document the symptoms when ingesting dairy products and that avoidance of dairy eliminates symptoms in Notes or Progress Notes.*	CPA-selected
356	Hypoglycemia	ALL	L	No	CPA-selected
357	Drug Nutrient Interactions	ALL	H	Document specific drug and symptom in Progress Notes.	CPA-selected
358	Eating Disorders	All Women	H	Document specific condition in Progress Notes.	CPA-selected
359	Recent Major Surgery, Trauma or Burns	ALL	L	Document specific type of surgery, trauma or burns in the Notes or Progress Notes*, except for Cesarean Section when documented in the health history questionnaire.	CPA-selected

RISK LIST FOR WOMEN					
Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
360	Other Medical Conditions	ALL	H	Document specific type of medical condition in the Progress Notes.	CPA-selected
361	Depression	All Women	M	Document type of depression in Progress Notes	CPA-selected
362	Developmental, Sensory or Motor Delays Interfering with Eating	ALL	H	Document specific type of delay in the Progress Notes.	CPA-selected
363	Pre-Diabetes	Post-partum Women	H	No	CPA-selected
371	Maternal Smoking	All Women	L	No	TWIST-selected
372	Alcohol or Illegal and/or Illicit Drug Use	All Women	M	Document specific type of alcohol or drug use in Notes or Progress Notes.*	TWIST-selected
381	Oral Health Conditions	ALL	L	Document specific type of dental problems in Notes or Progress Notes.*	CPA-selected
400s – Dietary Risks					
401	Presumed Eligibility for Women and Children (age 2-5 years)	All Women, C (2-5 years)	L	No	CPA-selected

RISK LIST FOR WOMEN					
Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
427.1	Inappropriate Use of Dietary Supplements	All Women	L	Document the specific inappropriate use of dietary supplements in Notes or Progress Notes	CPA-selected
427.2	Eating Very Low Calorie or Nutrient Diet	All Women	L	Document specific diet in Notes or Progress Notes	CPA-selected
427.3	Pica	All Women	L	Document specific non-food items eaten in Notes or Progress Notes	CPA-selected
427.4	Inadequate Iron, Iodine or Folic Acid Supplementation	All Women	L	Document nutrient that is inadequate.	CPA-selected
427.5	Eating Potentially Harmful Foods	Pregnant Women only	L	Document specific food in Notes or Progress Notes	CPA-selected
500s, 600s, 700s, 800s, 900s – Other Risks					
501	Preventive Maintenance	WE, WB, WN only	L	Document the reason for possible regression in the Notes or Progress Notes.*	CPA-selected
502	Transfer of Certification	ALL	L	No	CPA-selected
601	Breastfeeding Mother of Infant at Nutritional Risk	Breast-feeding women only	L	No	CPA-selected
602	Breastfeeding Complications or Potential Complications	Breast-feeding women only	M	Document specific type of breastfeeding problem in Notes or Progress Notes.*	CPA-selected

RISK LIST FOR WOMEN					
Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
801	Homelessness	ALL	L	No	TWIST-selected
802	Migrancy	ALL	L	No	TWIST-selected
901	Recipient of Abuse	ALL	L	No	TWIST-selected
902	Woman or Primary Caregiver with Limited Ability to Make Feeding Decisions and/or Prepare Food	ALL	H	Document specific type of problem in the Progress Notes.	CPA-selected
903	Foster Care	ALL	L	No	CPA-selected
904	Environmental Tobacco Smoke Exposure	All	L	No	CPA-selected

*Follow your Local Agency Policy on whether to enter additional documentation for low- and medium-risk levels in the Notes or Progress Notes. See the *Documentation* lesson in the *Nutrition Risk Module* for more information.

RISK LIST FOR INFANTS AND CHILDREN					
Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
100s – Anthropometric Risks					
103	Underweight or at-Risk of	I, C	H	No	TWIST-selected
113	Overweight	C (2 – 5 years)	H or M	Change risk level to HIGH if wt/ht or BMI is above the 95 th percentile and increasing.	TWIST-selected
114	At Risk for Overweight	C (2 – 5 years)	M	No	TWIST-selected
115	High Weight for Length	I, C (up to 24 mo.)	M	No	TWIST-selected
121	Short Stature	I, C	L	No	TWIST-selected
134	Failure to Thrive	I, C	H	No	CPA-selected
135	Slow Weight Gain	I, C	M	No	TWIST-selected
141	Low Birth Weight (LBW)	I, C (up to 24 mo.)	H or M	Change risk level to HIGH if birthweight is below 3lbs 5oz.	TWIST-selected
142	Prematurity	I, C (up to 24 mo.)	M	If premature and under 24 months, document the weeks gestation.	TWIST-selected
151	Small for Gestational Age (SGA)	I, C (up to 24 mo.)	L	No	CPA-selected

RISK LIST FOR INFANTS AND CHILDREN					
Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
153	Large for Gestational Age	Infants only	L	No	TWIST-selected
200s – Biochemical Risks					
201	Low Hemoglobin Low Hematocrit	ALL	H or M	Change risk level to HIGH if hgb is below 9.9 from age 9-23 months or below 10.0 from 2-5 years	TWIST-selected
211	Elevated Blood Lead Levels	ALL	H	No	TWIST-selected
300s – Clinical/Medical Risks					
341	Nutrient Deficiency Diseases	ALL	H	Document specific condition in Progress Notes.	CPA-selected
342	Gastro-Intestinal Disorders	ALL	H	Document specific condition in Progress Notes.	CPA-selected
343	Diabetes Mellitus	ALL	H	No	CPA-selected
344	Thyroid Disorders	ALL	M	Document specific condition in progress notes	CPA-selected
345	Hypertension and Prehypertension	ALL	H	No	CPA-selected
346	Renal Disease	ALL	H	Document specific condition in Progress Notes.	CPA-selected
347	Cancer	ALL	H	Document specific condition in Progress Notes.	CPA-selected

RISK LIST FOR INFANTS AND CHILDREN

Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
348	Central Nervous System Disorders	ALL	H	Document specific condition in Progress Notes.	CPA-selected
349	Genetic and Congenital Disorders	ALL	H	Document specific condition in Progress Notes.	CPA-selected
351	Inborn Errors of Metabolism	ALL	H	Document specific condition in Progress Notes.	CPA-selected
352	Infectious Diseases	ALL	H	Document specific condition in Progress Notes.	CPA-selected
353	Food Allergies	ALL	M	Document specific allergy in Notes or Progress Notes.*	CPA-selected
354	Celiac Disease	ALL	H	No	CPA-selected
355	Lactose Intolerance	ALL	L	Document the symptoms when ingesting dairy products and that avoidance of dairy eliminates symptoms in Notes or Progress Notes.*	CPA-selected
356	Hypoglycemia	ALL	L	No	CPA-selected
357	Drug Nutrient Interactions	ALL	H	Document specific drug and symptom in Progress Notes.	CPA-selected

RISK LIST FOR INFANTS AND CHILDREN					
Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
359	Recent Major Surgery, Trauma or Burns	ALL	L	Document specific type of surgery, trauma or burns in the Notes or Progress Notes.*	CPA-selected
360	Other Medical Conditions	ALL	H	Document specific type of medical condition in the Progress Notes.	CPA-selected
362	Developmental, Sensory or Motor Delays Interfering with Eating	ALL	H	Document specific type of delay in the Progress Notes.	CPA-selected
381	Oral Health Conditions	ALL	L	Document specific type of dental problems in Notes or Progress Notes.*	CPA-selected
382	Fetal Alcohol Syndrome	I, C	H	No	CPA-selected
400s – Dietary Risks					
401	Presumed Eligibility for Women and Children (age 2-5 years)	W, C (2-5 years)	L	No	CPA-selected
411.1	Use of Substitutes for Breast Milk or Formula	I	L	Document specific substitute offered in Notes or Progress Notes	CPA-selected
411.2	Inappropriate Use of Bottles or Cups	I	L	Document specific inappropriate use in Notes or Progress Notes	CPA-selected

RISK LIST FOR INFANTS AND CHILDREN					
Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
411.3	Early Introduction of Beverages or Solid Foods	I	L	No	CPA-selected
411.4	Inappropriate Feeding Practices	I	L	Document specific inappropriate feeding practice in Notes or Progress Notes	CPA-selected
411.5	Feeding Potentially Harmful Foods	I	L	Document specific food in Notes or Progress Notes	CPA-selected
411.6	Incorrect Dilution of Formula	I	L	Document specific issue with formula dilution in Notes or Progress Notes	CPA-selected
411.7	Infrequent Breastfeeding	Exclusively Breastfed Infants only	L	No	CPA-selected
411.8	Feeding Very Low Calorie or Nutrient Diet	I	L	Document specific diet in Notes or Progress Notes	CPA-selected
411.9	Improper Handling of Expressed Breast Milk or Formula	I	L	Document specific issue in Notes or Progress Notes	CPA-selected
411.10	Inappropriate Use of Dietary Supplements	I	L	Document the specific inappropriate use of dietary supplements in Notes or Progress Notes	CPA-selected
411.11	Inadequate Fluoride and Vitamin D Supplementation	I	L	No	CPA-selected

RISK LIST FOR INFANTS AND CHILDREN

Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
425.1	Inappropriate Beverages as Milk Source	C	L	Document specific beverage in Notes or Progress Notes	CPA-selected
425.2	Feeding Sweetened Beverages	C	L	Document specific sweetened beverage in Notes or Progress Notes	CPA-selected
425.3	Inappropriate Use of Bottles, Cups or Pacifiers	C	L	Document specific inappropriate use in Notes or Progress Notes	CPA-selected
425.4	Inappropriate Feeding Practices	C	L	Document specific inappropriate feeding practice in Notes or Progress Notes	CPA-selected
425.5	Feeding Potentially Harmful Foods	C	L	Document specific food in Notes or Progress Notes	CPA-selected
425.6	Feeding Very Low Calorie or Nutrient Diet	C	L	Document specific diet in Notes or Progress Notes	CPA-selected
425.7	Inappropriate Use of Dietary Supplements	C	L	Document the specific inappropriate use of dietary supplements in Notes or Progress Notes	CPA-selected
425.8	Inadequate Fluoride and Vitamin D Supplementation	C	L	No	CPA-selected
425.9	Pica	C	L	Document specific non-food items eaten in Notes or Progress Notes	CPA-selected

RISK LIST FOR INFANTS AND CHILDREN					
Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
428	Presumed Eligibility for Infants and Children (age 4-23 months)	I, C (4-23 months)	L	No	CPA-selected
500s, 600s, 700s, 800s, 900s – Other Risks					
501	Preventive Maintenance	I, C	L	Document the reason for possible regression in the Notes or Progress Notes.*	CPA-selected
502	Transfer of Certification	ALL	L	No	CPA-selected
603	Breastfeeding Complications for Potential Complications	Infants only	M	Document specific type of breastfeeding problem in Notes or Progress Notes.*	CPA-selected
701	Infant Born to WIC Mom or WIC-Eligible Mom	Infants only < 6 months	L	If mother not on WIC during pregnancy, document which risk would have qualified her for WIC.	CPA-selected
702	Breastfeeding Infant of Woman at Nutritional Risk	Infants only	L	No	CPA-selected

RISK LIST FOR INFANTS AND CHILDREN					
Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
703	Infant of Woman with Alcohol or Drug Use or Mental Retardation	Infants only	H	Document specific type of problem in the Progress Notes.	CPA-selected
801	Homelessness	ALL	L	No	TWIST-selected
802	Migrancy	ALL	L	No	TWIST-selected
901	Recipient of Abuse	ALL	L	No	TWIST-selected
902	Woman or Primary Caregiver with Limited Ability to Make Feeding Decisions and/or Prepare Food	ALL	H	Document specific type of problem in the Progress Notes.	CPA-selected
903	Foster Care	ALL	L	No	CPA-selected
904	Environmental Tobacco Smoke Exposure	ALL	L	No	CPA-selected

*Follow your Local Agency Policy on whether to enter additional documentation for low- and medium-risk levels in the Notes or Progress Notes. See the *Documentation* lesson in the *Nutrition Risk Module* for more information.