

## How to Mail Newborn Screening Specimens

Dried blood spots are not subject to 6.2 Infectious Material Department of Transportation requirements (49 CFR 173.134). Please follow these instructions carefully:

1. **Complete the entire Newborn Screening form.** Missing information has the potential to cause delayed or missed Newborn Screening disorders.
2. After collection of blood, allow specimen to dry at least three hours before processing for shipping.
3. Fold protective flap over dried blood.
4. Place specimen in self-addressed manila envelope that has been pro-

vided by the Newborn Screening Program. More than one specimen can be placed in this envelope.

5. Place the manila envelope in a Tyvek® envelope or cardboard envelope affixing mailing label to outside (see illustration). Please do NOT use boxes.

6. Shipping addresses:

UPS or FedEx:

OSPHL/Newborn Screening Program  
3150 NW 229th Ave., Suite 100  
Hillsboro, OR 97124-6536

USPS:

OSPHL/Newborn Screening Program  
PO Box 275  
Portland, OR 97207-0275

## Blood Spots FedEx-Clinical Pak Example

