

## EMERGENCY KIT CHECKLIST

- Water - one gallon per person, per day (3 -day supply for evacuation, 2- week supply for home)
- Food - non-perishable, easy -to -prepare items (3- day supply for evacuation, 2- week supply for home)
- Flashlight
- Battery- powered or hand-crank radio ([NOAA Weather Radio](#), if possible)
- Extra batteries
- First aid kit
- Medications (7- day supply) and medical items
- Multi-purpose tool
- Sanitation and personal hygiene items
- Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies)
- Cell phone with chargers
- Family and emergency contact information
- Extra cash
- Emergency blanket
- Map(s) of the area

Consider the needs of all family members and add supplies to your kit. Suggested items to help meet additional needs are:

- Medical supplies (hearing aids with extra batteries, glasses, contact lenses, syringes, cane)
- Baby supplies (bottles, formula, baby food, diapers)
- Games and activities for children
- Pet supplies (collar, leash, ID, food, carrier, bowl)
- Two--way radios
- Extra set of car keys and house keys
- Manual can opener

## EMERGENCY KIT CHECKLIST (CONTINUED)

Additional supplies to keep at home or in your kit based on the types of disasters common to your area:

- Whistle
- N95 or surgical masks
- Matches
- Rain gear
- Towels
- Work gloves
- Tools/supplies for securing your home
- Extra clothing, hat and sturdy shoes
- Plastic sheeting
- Duct tape
- Scissors
- Household liquid bleach
- Entertainment items
- Blankets or sleeping bags

### **Pack, label and store your items**

Pack the items in easy-to-carry containers, label the containers clearly and store them where they will be easily accessible. Duffle bags, backpacks, and covered trash receptacles are good candidates for containers. In a disaster situation, you may need quick access to your emergency kit - whether you are sheltering at home or evacuating. Following a disaster, having the right supplies can help your household endure home confinement or evacuation.

Make sure the needs of everyone who would use the kit are covered, including infants, seniors and pets. It's good to involve whoever is going to use the supplies, including children, when assembling your kit.

For more information, please visit: <http://www.bt.cdc.gov/preparedness/kit/disasters/index.asp>

