BE PREPARED!

Flu season in Oregon is from October to April.

Persons of any age with CHRONIC DISEASES, such as diabetes or asthma, or children under 5 years of age are at HIGHER RISK for complications FROM THE FLU.

The BEST WAY TO PROTECT children younger than 6 months of age IS TO VACCINATE FAMILY members who are older.

Every year an average of 450 OREGONIANS DIE BECAUSE OF INFLUENZA. Fight the flu! Wash your hands. Avoid contact with people who are sick. Stay home when infected.

GET VACCINATED!
BE PREPARED!

Flu season in Oregon is from October to April.

**PERSONS AGES 65 AND OLDER** are at **HIGHER RISK** than other age groups **FOR COMPLICATIONS** from the flu.

**PERSONS WITH CHRONIC DISEASES**, such as diabetes or asthma, **CAN SUFFER SERIOUS COMPLICATIONS** from catching the flu.

**FLU VACCINE HELPS YOU AVOID THE FLU** and spreading it to those close to you.

GET VACCINATED!

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CLINIC LOCATION
Flu season in Oregon is from October to April.

If you provide support or HEALTH SERVICES, or are a CAREGIVER, it’s vital to GET A FLU VACCINE.

Don’t get the flu. Don’t spread the flu.

GET VACCINATED!
GET VACCINATED!

Flu season in Oregon is from October to April.

To **KNock the Virus OUT**, wash your hands often with soap and water, **Avoid Close Contact** with **People Who Are Sick**, and don’t touch your eyes, nose or mouth. You can **Stop Germs From Spreading**.

Don’t get the flu.

Don’t spread the flu.

BE PREPARED!

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CLINIC LOCATION

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