

EIGHT FORMS

- 1. (Opening form)
Hold the Ball**
- 2. Part the Wild Horse's Mane**
- 3. Single Whip**
- 4. Wave Hands like Clouds**
- 5. Repulse Monkey**
- 6. Brush Knees**
- 7. Fair Lady Works at Shuttles**
- 8. Grasp the Peacock's Tail
(Closing form)**