Quality of Life

Good or excellent health

Self-reported good or excellent health is a measure of health and well-being, which is an important indicator of the overall health status of the population. From 2000 through 2012, 82% – 86% of Oregon adults reported good to excellent health without discernible trends over time.

Self-reported good to excellent health declines slightly with age. Very similar proportions of men and women report good to excellent health.

Additional Resources: Oregon Behavioral Risk Factor Surveillance System (BRFSS)
About the Data: Data source is the Oregon Behavioral Risk Factor Surveillance System (BRFSS). BRFSS is a telephone survey conducted annually among non-institutionalized adults age 18+. Since 2010, the BRFSS data have included cell phone respondents as well as those reached by landline, and data weighting methods have changed. Therefore, caution should be used in interpreting changes over time. Data include responses of “good” or “excellent” to question: “How is your general health?”

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