Illness & Injury

Heart attack hospitalizations

Heart disease is the second leading cause of death in Oregon and a major cause of hospitalization. During 2013 in Oregon, there were 3,972 hospitalizations for heart attack in persons aged 18-74 years, which were estimated to cost more than $226 million.

The rate of heart attack hospitalizations has been gradually decreasing during the past 15 years, likely due to a combination of improved cardiac care, as well as a decrease in tobacco use. Addressing primary risk factors for heart disease (i.e., tobacco, diet, physical activity) are needed to control hospitalizations and medical care costs of heart disease.
Additional Resources: Diabetes, Heart Disease and Stroke in Oregon 2013

About the Data: The rate of heart attack hospitalizations was calculated per 100,000 Oregonians. The rate calculation included the number of hospitalizations with a primary diagnosis of heart attack among those between the ages of 18 and 74 in the numerator and the estimated number of Oregon adults between the ages of 18 and 74 in the denominator. Data on hospitalizations with a primary diagnosis of heart attack were from the Oregon Hospital Discharge Dataset (HDD). The HDD is provided by the Oregon Association of Hospitals and Health Systems and contains information on hospital discharges from all general hospitals in Oregon except federal or psychiatric hospitals. Primary diagnoses of heart attack were those with an ICD-9 code of 410. Estimates of the number of Oregon adults between the ages of 18 and 74 were from the Portland State University Population Research Center.

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