

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

Are you limited in any way in any activities because of any impairment or health problem?
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Yes		20.6	7.4	9.6	19.4	23.7	26.9	33.2
No		79.4	92.6	90.4	80.6	76.3	73.1	66.8
Male	Yes	19.4	4.8	9.7	18.0	23.7	23.3	35.5
	No	80.6	95.2	90.3	82.0	76.3	76.7	64.5
Female	Yes	21.6	10.1	9.5	20.8	23.7	30.3	31.5
	No	78.4	89.9	90.5	79.2	76.3	69.7	68.5

Denominator is: All survey respondents.

Are you limited in any way in any activities because of any impairment or health problem?
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		3,727	335	721	758	736	512	665
Yes		794	28	72	145	174	151	224
No		2,883	302	642	602	549	356	432
Don't know/Not sure		11	1		2	3	1	4
Refused		39	4	7	9	10	4	5
Male	Total	1,492	158	315	301	286	197	235
	Yes	287	9	31	49	68	49	81
	No	1,188	147	280	248	215	147	151
	Don't know/Not sure	3			2			1
	Refused	14	2	4	2	3	1	2
Female	Total	2,235	177	406	457	450	315	430
	Yes	507	19	41	96	106	102	143
	No	1,695	155	362	354	334	209	281
	Don't know/Not sure	8	1			3	1	3
	Refused	25	2	3	7	7	3	3

Denominator is: All survey respondents.

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

Because of any impairment or health problem, do you have any trouble learning, remembering, or concentrating?
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Yes		9.0	8.2	5.6	10.4	8.8	8.1	11.8
No		91.0	91.8	94.4	89.6	91.2	91.9	88.2
Male	Yes	8.0	7.0	5.2	7.7	8.3	5.0	14.2
	No	92.0	93.0	94.8	92.3	91.7	95.0	85.8
Female	Yes	9.9	9.3	6.0	13.1	9.4	11.2	10.0
	No	90.1	90.7	94.0	86.9	90.6	88.8	90.0

Denominator is: All survey respondents.

Because of any impairment or health problem, do you have any trouble learning, remembering, or concentrating?
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		3,727	335	721	758	736	512	665
Yes		356	33	44	82	76	47	74
No		3,323	297	668	667	651	460	580
Don't know/Not sure		16	1	3	2	3	2	5
Refused		32	4	6	7	6	3	6
Male	Total	1,492	158	315	301	286	197	235
	Yes	123	15	17	21	27	12	31
	No	1,352	140	294	277	255	185	201
	Don't know/Not sure	7	1	1	2	2		1
	Refused	10	2	3	1	2		2
Female	Total	2,235	177	406	457	450	315	430
	Yes	233	18	27	61	49	35	43
	No	1,971	157	374	390	396	275	379
	Don't know/Not sure	9		2		1	2	4
	Refused	22	2	3	6	4	3	4

Denominator is: All survey respondents.

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Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

Because of any impairment of health problem, do you need the help of other persons with your PERSONAL care needs, such as eating, bathing, dressing, or getting around the house?
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Yes		5.4	2.6	4.5	8.4	7.7	3.6	3.9
No		94.6	97.4	95.5	91.6	92.3	96.4	96.1
Male	Yes	6.9		3.1	12.8	9.4	5.8	4.4
	No	93.1	100.0	96.9	87.2	90.6	94.2	95.6
Female	Yes	4.3	4.3	5.9	4.6	6.3	2.0	3.5
	No	95.7	95.7	94.1	95.4	93.7	98.0	96.5

Denominator is: All survey respondents who are limited in any activities because of impairment or a health problem.

Because of any impairment of health problem, do you need the help of other persons with your PERSONAL care needs, such as eating, bathing, dressing, or getting around the house?
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		1,119	59	116	191	228	200	325
Yes		51	1	5	10	16	6	13
No		1,064	57	109	181	212	193	312
Don't know/Not sure		2	1	1				
Refused		2		1			1	
Male	Total	405	24	50	66	83	66	116
	Yes	22		1	5	8	3	5
	No	382	23	49	61	75	63	111
	Don't know/Not sure	1	1					
Female	Total	714	35	66	125	145	134	209
	Yes	29	1	4	5	8	3	8
	No	682	34	60	120	137	130	201
	Don't know/Not sure	1		1				
	Refused	2		1			1	
Denominator is: All survey respondents who are limited in any activities because of impairment or a health problem								

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

Because of any impairment or health problem, do need the help of other persons in handling your ROUTINE needs, such as everyday household chores, doing necessary business, shopping, or getting around for other purposes?

(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Yes		22.5	13.6	23.2	24.7	22.2	20.3	24.1
No		77.5	86.4	76.8	75.3	77.8	79.7	75.9
Male	Yes	15.4	16.5	17.6	23.7	14.8	6.8	13.8
	No	84.6	83.5	82.4	76.3	85.2	93.2	86.2
Female	Yes	28.4	11.5	29.2	25.5	28.9	30.7	32.0
	No	71.6	88.5	70.8	74.5	71.1	69.3	68.0

Denominator is: All survey respondents who are limited in any activities because of impairment or a health problem.

Because of any impairment or health problem, do need the help of other persons in handling your ROUTINE needs, such as everyday household chores, doing necessary business, shopping, or getting around for other purposes?

(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		1,119	59	116	191	228	200	325
Yes		254	8	22	45	56	41	82
No		862	51	93	146	171	158	243
Don't know/Not sure		1				1		
Refused		2		1			1	
Male	Total	405	24	50	66	83	66	116
	Yes	55	4	6	10	15	5	15
	No	350	20	44	56	68	61	101
Female	Total	714	35	66	125	145	134	209
	Yes	199	4	16	35	41	36	67
	No	512	31	49	90	103	97	142
	Don't know/Not sure	1				1		
	Refused	2		1			1	

Denominator is: All survey respondents who are limited in any activities because of impairment or a health problem.

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

If you use special equipment or help from others to get around, what type do you use?
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
No special equipment or help used		95.2	99.5	98.9	97.4	95.8	94.6	86.5
Other people		.1	.1		.1		.1	
Cane or walking stick		2.3		.2	1.0	2.5	2.9	7.0
Walker		.7	.3		.1	.5	.1	2.9
Crutch or crutches		.3			.2	.5	.8	.5
Manual wheelchair		.3		.2	.3	.3	.4	.5
Motorized wheelchair		.1		.1	.0			.3
Electric mobility scooter		.1			.1		.1	.3
Artificial leg		.1						.5
Brace		.2	.1	.2	.3		.3	.4
Oxygen/special breathing equipment		.2		.1		.1	.7	.5
Other		.4		.4	.5	.3	.1	.7
Male	No special equipment or help used	96.1	99.5	99.0	97.1	96.1	96.3	88.2
	Other people	.0	.3					
	Cane or walking stick	2.0			1.4	2.8	1.2	6.1
	Walker	.3						1.7
	Crutch or crutches	.2				.2	.9	.5
	Manual wheelchair	.4		.3	.4	.4	.6	.7
	Electric mobility scooter	.0						.2
	Artificial leg	.2						1.2
	Brace	.2	.3		.2		.6	.5
	Oxygen/special breathing equipment	.1		.2			.3	
	Other	.5		.5	.9	.4		.7
Female	No special equipment or help used	94.5	99.5	98.8	97.6	95.5	93.0	85.2
	Other people	.1			.3		.2	
	Cane or walking stick	2.7		.4	.5	2.1	4.4	7.6
	Walker	1.1	.5		.3	1.1	.2	3.8
	Crutch or crutches	.4			.4	.8	.6	.5
	Manual wheelchair	.2			.2	.1	.2	.3
	Motorized wheelchair	.1		.1	.1			.5
	Electric mobility scooter	.1			.1		.2	.3
	Brace	.2		.4	.4			.3
	Oxygen/special breathing equipment	.3				.1	1.0	.8
	Other	.3		.3	.1	.3	.2	.7

Denominator is: All survey respondents.

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

If you use special equipment or help from others to get around, what type do you use?
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		3,727	335	721	758	736	512	665
No special equipment or help used		3,488	328	704	728	696	475	557
Other people		3	1		1		1	
Cane or walking stick		96		1	3	18	19	55
Walker		30	1		2	3	1	23
Crutch or crutches		13			2	4	4	3
Manual wheelchair		12		1	3	2	2	4
Motorized wheelchair		4		1	1			2
Electric mobility scooter		4			1		1	2
Artificial leg		3						3
Brace		10	1	2	3		1	3
Oxygen/special breathing equipment		8		1		1	4	2
Other		14		2	4	3	1	4
Don't know/Not sure		9		3	3	2		1
Refused		33	4	6	7	7	3	6
Male	Total	1,492	158	315	301	286	197	235
	No special equipment or help used	1,419	154	308	293	272	188	204
	Other people	1	1					
	Cane or walking stick	27			1	8	4	14
	Walker	4						4
	Crutch or crutches	4				1	2	1
	Manual wheelchair	6		1	1	1	1	2
	Electric mobility scooter	1						1
	Artificial leg	3						3
	Brace	4	1		1		1	1
	Oxygen/special breathing equipment	2		1			1	
	Other	8		1	3	2		2
	Don't know/Not sure	3		2	1			
	Refused	10	2	2	1	2		3
Female	Total	2,235	177	406	457	450	315	430
	No special equipment or help used	2,069	174	396	435	424	287	353
	Other people	2			1		1	
	Cane or walking stick	69		1	2	10	15	41
	Walker	26	1		2	3	1	19
	Crutch or crutches	9			2	3	2	2
	Manual wheelchair	6			2	1	1	2
	Motorized wheelchair	4		1	1			2
	Electric mobility scooter	3			1		1	1
	Brace	6		2	2			2
	Oxygen/special breathing equipment	6				1	3	2
	Other	6		1	1	1	1	2
	Don't know/Not sure	6		1	2	2		1
	Refused	23	2	4	6	5	3	3

Denominator is: All survey respondents.

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Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

Using special equipment or help, what is the farthest distance that you can go?
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Across a small room		2.0				6.3	2.0	1.4
About the length of a typical house		20.2	50.2		27.5	15.8	27.5	19.6
About one or two city blocks		40.7		9.6	18.6	49.8	39.8	48.3
About one mile		17.5	24.9	42.3	22.1	19.2	16.3	12.7
More than one mile		19.7	24.9	48.0	31.9	8.9	14.3	17.9
Male	About the length of a typical house	17.7			50.0		30.0	14.6
	About one or two city blocks	33.1		22.2	6.3	63.2	30.0	33.3
	About one mile	22.3	50.0	55.6	6.3	21.1	20.0	22.9
	More than one mile	26.9	50.0	22.2	37.5	15.8	20.0	29.2
Female	Across a small room	3.4				11.8	2.9	2.3
	About the length of a typical house	21.8	100.0		4.8	29.4	26.5	22.6
	About one or two city blocks	45.7			31.0	38.2	44.1	57.1
	About one mile	14.3		32.3	38.1	17.6	14.7	6.8
	More than one mile	14.9		67.7	26.2	2.9	11.8	11.3
Denominator is: All survey respondents who are limited in any activities because of impairment or a health problem and use special equipment or help from others.								

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

Using special equipment or help, what is the farthest distance that you can go?
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		239	7	17	30	40	37	108
Across a small room		3				1	1	1
About the length of a typical house		40	1		2	7	9	21
About one or two city blocks		80		1	6	13	12	48
About one mile		35	1	4	6	7	4	13
More than one mile		39	1	7	7	3	5	16
Don't know/not sure		9			2	2	3	2
Refused		33	4	5	7	7	3	7
Male	Total	73	4	7	8	14	9	31
	About the length of a typical house	7			1		2	4
	About one or two city blocks	20		1	1	6	3	9
	About one mile	16	1	2	1	4	1	7
	More than one mile	17	1	2	3	2	1	8
	Don't know/not sure	3			1		2	
	Refused	10	2	2	1	2		3
Female	Total	166	3	10	22	26	28	77
	Across a small room	3				1	1	1
	About the length of a typical house	33	1		1	7	7	17
	About one or two city blocks	60			5	7	9	39
	About one mile	19		2	5	3	3	6
	More than one mile	22		5	4	1	4	8
	Don't know/not sure	6			1	2	1	2
	Refused	23	2	3	6	5	3	4
Denominator is: All survey respondents who are limited in any activities because of impairment or a health problem and use special equipment or help from others.								

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

What is the farthest distance you can walk by yourself, without any special equipment or help from others?
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Not any distance		.8	.4	.2	.5	.3	.7	2.6
Across a small room		.6	.3		.1	.9	.8	1.4
About the length of a typical house		1.5		.1	1.0	.7	2.0	4.7
About one or two city blocks		5.6	1.2	1.9	2.5	4.0	6.2	16.7
About one mile		7.0	5.0	2.7	3.7	5.4	7.2	17.7
More than one mile		84.6	93.1	95.1	92.1	88.6	83.1	57.0
Male	Not any distance	.6	.8			.4	.6	2.0
	Across a small room	.2				.2		.7
	About the length of a typical house	.9			1.4	.6	.9	2.5
	About one or two city blocks	4.4	.3	1.2	2.2	4.8	3.1	15.2
	About one mile	4.0	3.8	1.6	1.1	2.6	3.7	12.8
	More than one mile	89.9	95.2	97.2	95.3	91.4	91.6	66.8
Female	Not any distance	1.1		.4	1.1	.3	.8	3.0
	Across a small room	1.0	.5		.3	1.6	1.6	1.9
	About the length of a typical house	1.9		.1	.6	.8	3.0	6.3
	About one or two city blocks	6.6	2.2	2.7	2.8	3.3	9.2	17.8
	About one mile	9.8	6.3	3.9	6.2	8.2	10.5	21.4
	More than one mile	79.6	91.0	92.9	89.1	85.9	74.9	49.6
Denominator is: All survey respondents.								

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

What is the farthest distance you can walk by yourself, without any special equipment or help from others?
(Unweighted Frequencies)

		Total	Age Groups					65+
			18-24	25-34	35-44	45-54	55-64	
Total		3,727	335	721	758	736	512	665
Not any distance		36	1	2	8	3	4	18
Across a small room		27	1		2	7	5	12
About the length of a typical house		57		1	3	6	14	33
About one or two city blocks		211	3	11	17	28	37	115
About one mile		259	13	17	31	44	38	116
More than one mile		3,078	309	683	688	638	409	351
Don't know/Not sure		27	3	2	3	3	2	14
Refused		32	5	5	6	7	3	6
Male	Total	1,492	158	315	301	286	197	235
	Not any distance	9	1			2	1	5
	Across a small room	3				1		2
	About the length of a typical house	10			1	2	2	5
	About one or two city blocks	60	1	3	3	12	9	32
	About one mile	64	4	5	5	9	8	33
	More than one mile	1,327	149	303	288	257	176	154
	Don't know/Not sure	10	1	2	3	1	1	2
	Refused	9	2	2	1	2		2
Female	Total	2,235	177	406	457	450	315	430
	Not any distance	27		2	8	1	3	13
	Across a small room	24	1		2	6	5	10
	About the length of a typical house	47		1	2	4	12	28
	About one or two city blocks	151	2	8	14	16	28	83
	About one mile	195	9	12	26	35	30	83
	More than one mile	1,751	160	380	400	381	233	197
	Don't know/Not sure	17	2			2	1	12
	Refused	23	3	3	5	5	3	4
Denominator is: All survey respondents.								

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

Are you limited in the kind or amount of work you can do because of any impairment or a health problem?
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Yes		20.2	4.0	8.8	15.6	21.4	30.7	38.3
No		79.8	96.0	91.2	84.4	78.6	69.3	61.7
Male	Yes	18.7	3.3	8.3	14.6	19.6	28.5	38.9
	No	81.3	96.7	91.7	85.4	80.4	71.5	61.1
Female	Yes	21.6	4.6	9.2	16.5	23.2	32.9	37.8
	No	78.4	95.4	90.8	83.5	76.8	67.1	62.2

Denominator is: All survey respondents.

Are you limited in the kind or amount of work you can do because of any impairment or a health problem?
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		3,727	335	721	758	736	512	665
Yes		779	17	62	117	161	162	260
No		2,905	313	651	634	567	344	396
Don't know/Not sure		12	1	3	1	2	2	3
Refused		31	4	5	6	6	4	6
Male	Total	1,492	158	315	301	286	197	235
	Yes	278	6	25	40	59	57	91
	No	1,201	149	286	260	224	140	142
	Don't know/Not sure	4	1	2		1		
	Refused	9	2	2	1	2		2
Female	Total	2,235	177	406	457	450	315	430
	Yes	501	11	37	77	102	105	169
	No	1,704	164	365	374	343	204	254
	Don't know/Not sure	8		1	1	1	2	3
	Refused	22	2	3	5	4	4	4

Denominator is: All survey respondents.

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

During the past 30 days, for about how many days did PAIN make it hard for you to do your usual activities, such as self-care, work, or recreation?
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
No days		70.4	74.7	73.8	68.7	66.7	67.6	72.3
1-14 days		19.8	21.2	21.7	20.4	21.4	20.0	14.7
15-29 days		3.6	2.6	3.0	4.6	4.3	3.2	2.9
30+ days		6.2	1.5	1.5	6.4	7.6	9.3	10.1
Male	No days	73.5	77.7	75.5	71.9	68.1	73.3	76.9
	1-14 days	17.4	18.7	22.0	16.6	20.2	13.7	11.4
	15-29 days	3.5	1.5	1.8	5.6	3.8	4.4	3.2
	30+ days	5.6	2.1	.7	5.9	7.9	8.7	8.6
Female	No days	67.5	71.4	72.0	65.5	65.3	62.0	69.0
	1-14 days	22.2	23.9	21.4	24.1	22.6	26.1	17.1
	15-29 days	3.6	3.8	4.2	3.6	4.9	2.0	2.8
	30+ days	6.8	.8	2.5	6.8	7.2	9.9	11.1

Denominator is: All survey respondents.

During the past 30 days, for about how many days did PAIN make it hard for you to do your usual activities, such as self-care, work, or recreation?
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		3,727	335	721	758	736	512	665
No days		2,545	242	524	510	482	332	455
1-14 days		747	70	156	163	156	107	95
15-29 days		127	10	21	28	33	18	17
30+ days		233	6	11	44	55	47	70
Don't know/Not sure		38	2	3	5	2	4	22
Refused		37	5	6	8	8	4	6
Male	Total	1,492	158	315	301	286	197	235
	No days	1,081	121	237	215	190	141	177
	1-14 days	258	27	67	54	57	28	25
	15-29 days	49	3	5	13	11	11	6
	30+ days	79	4	2	14	25	16	18
	Don't know/Not sure	12	1	1	3		1	6
	Refused	13	2	3	2	3		3
Female	Total	2,235	177	406	457	450	315	430
	No days	1,464	121	287	295	292	191	278
	1-14 days	489	43	89	109	99	79	70
	15-29 days	78	7	16	15	22	7	11
	30+ days	154	2	9	30	30	31	52
	Don't know/Not sure	26	1	2	2	2	3	16
	Refused	24	3	3	6	5	4	3

Denominator is: All survey respondents.

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

Is there anyone else in your household who is limited in any way in any activities because of any impairment or health problem?
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Yes		18.6	13.0	11.1	15.9	19.0	23.0	32.8
No		81.4	87.0	88.9	84.1	81.0	77.0	67.2
Male	Yes	18.1	15.4	12.2	17.1	18.7	19.8	27.4
	No	81.9	84.6	87.8	82.9	81.3	80.2	72.6
Female	Yes	19.1	10.5	10.0	14.8	19.3	26.4	38.4
	No	80.9	89.5	90.0	85.2	80.7	73.6	61.6

Denominator is: All survey respondents who live with another person.

Is there anyone else in your household who is limited in any way in any activities because of any impairment or health problem?
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		2,804	292	624	646	556	336	350
Yes		497	37	68	95	104	76	117
No		2,275	251	549	542	445	257	231
Don't know/Not sure		2			1		1	
Refused		30	4	7	8	7	2	2
Male	Total	1,167	137	263	241	215	142	169
	Yes	208	22	32	39	40	27	48
	No	948	113	227	200	173	115	120
	Refused	11	2	4	2	2		1
Female	Total	1,637	155	361	405	341	194	181
	Yes	289	15	36	56	64	49	69
	No	1,327	138	322	342	272	142	111
	Don't know/Not sure	2			1		1	
	Refused	19	2	3	6	5	2	1

Denominator is: All survey respondents who live with another person.

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

What is the major impairment or health problem that limits the activity of the person in your home?
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Arthritis/rheumatism		9.9		1.4	6.5	6.7	11.7	17.8
Back or neck problem		18.1	6.7	15.8	23.2	26.3	20.7	10.9
Fracture, bone/joint injury		8.5	9.5	11.9	6.9	12.2	6.2	7.0
Walking problem		6.6	.9	1.3	3.1	2.1	7.7	14.1
Lung/breathing problem		7.4	10.5	7.6	5.2	3.2	9.5	9.7
Hearing problem		.9		.6	1.3	1.8	1.3	.2
Eye/vision problem		2.8		4.1	5.0	1.2	2.4	2.8
Heart problem		4.7		1.7	1.6	2.5	5.9	9.5
Stroke problem		1.4				2.1	1.3	2.7
Hypertension/high blood pressure		.8			.3	.6	1.4	1.5
Diabetes		2.4	1.9	2.3	4.1	2.2	3.1	1.3
Cancer		.4			.4		1.4	.5
Depression/anxiety/emotional problem		5.5	11.9	5.4	10.6	7.1	1.4	2.0
Other impairment/problem		30.5	58.5	47.9	31.9	32.1	25.9	20.1
Male	Arthritis/rheumatism	7.0		1.1	9.0	2.9	6.9	12.1
	Back or neck problem	20.4	6.7	20.3	30.2	26.9	27.5	7.9
	Fracture, bone/joint injury	9.0	6.7	16.9	6.5	16.0	5.9	4.7
	Walking problem	6.1	2.2		.8	2.5	7.9	14.2
	Lung/breathing problem	6.6		5.6	4.9	.7	9.3	12.1
	Hearing problem	1.7		1.1	1.6	2.9	3.0	.5
	Eye/vision problem	2.7		2.3	9.0		1.5	2.1
	Heart problem	6.0		3.4	1.6	5.1	8.9	10.0
	Stroke problem	1.7				.7	1.0	4.7
	Hypertension/high blood pressure	1.0					2.6	2.1
	Diabetes	3.3	4.5	4.5	6.5	1.5	3.9	1.6
	Cancer	.5			.8			1.1
	Depression/anxiety/emotional problem	5.5	9.0	5.6	8.2	10.9		2.1
	Other impairment/problem	28.5	70.8	39.0	20.7	29.8	21.6	24.5
Female	Arthritis/rheumatism	12.3		1.7	4.5	10.0	15.5	22.0
	Back or neck problem	16.3	6.6	11.2	17.6	25.7	15.5	13.2
	Fracture, bone/joint injury	8.1	11.6	6.9	7.3	8.8	6.3	8.6
	Walking problem	7.0		2.6	4.9	1.7	7.6	13.9
	Lung/breathing problem	8.0	18.2	9.5	5.4	5.4	9.6	7.9
	Hearing problem	.4			1.0	.8		
	Eye/vision problem	2.8		6.0	1.7	2.3	3.0	3.3
	Heart problem	3.7			1.5	.2	3.6	9.2
	Stroke problem	1.2				3.3	1.5	1.1
	Hypertension/high blood pressure	.7			.5	1.0	.5	1.1
	Diabetes	1.7			2.2	2.8	2.5	1.1
	Cancer	.4					2.5	
	Depression/anxiety/emotional problem	5.4	14.0	5.2	12.6	3.8	2.5	1.8
	Other impairment/problem	32.1	49.6	56.9	40.8	34.1	29.2	16.8
Denominator is: All survey respondents who are limited in any activities because of impairment or a health problem.								

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

What is the major impairment or health problem that limits the activity of the person in your home?
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		1,119	59	116	191	228	200	325
Arthritis/rheumatism		105		2	8	15	24	56
Back or neck problem		198	4	17	42	58	38	39
Fracture, bone/joint injury		87	3	11	14	25	13	21
Walking problem		69	1	1	6	5	12	44
Lung/breathing problem		80	7	10	10	9	17	27
Hearing problem		8		1	2	3	1	1
Eye/vision problem		28		4	5	3	6	10
Heart problem		55		2	3	5	12	33
Stroke problem		14				5	3	6
Hypertension/high blood pressure		10			1	2	3	4
Diabetes		21	1	2	4	5	6	3
Cancer		6			1		3	2
Depression/anxiety/emotional problem		59	5	6	23	16	3	6
Other impairment/problem		338	33	52	64	76	54	59
Don't know/Not sure		24	2	4	3	1	4	10
Refused		17	3	4	5		1	4
Male	Total	405	24	50	66	83	66	116
	Arthritis/rheumatism	24		1	3	3	4	13
	Back or neck problem	77	2	10	19	22	15	9
	Fracture, bone/joint injury	32	1	6	4	12	4	5
	Walking problem	24	1		1	3	5	14
	Lung/breathing problem	23		3	3	1	5	11
	Hearing problem	6		1	1	2	1	1
	Eye/vision problem	9		1	3		2	3
	Heart problem	27		2	1	4	7	13
	Stroke problem	5				1	1	3
	Hypertension/high blood pressure	4					2	2
	Diabetes	10	1	2	1	1	3	2
	Cancer	3			1			2
	Depression/anxiety/emotional problem	23	1	3	7	10		2
	Other impairment/problem	115	16	17	16	23	15	28
	Don't know/Not sure	13		2	3	1	1	6
	Refused	10	2	2	3		1	2
Female	Total	714	35	66	125	145	134	209
	Arthritis/rheumatism	81		1	5	12	20	43
	Back or neck problem	121	2	7	23	36	23	30
	Fracture, bone/joint injury	55	2	5	10	13	9	16
	Walking problem	45		1	5	2	7	30
	Lung/breathing problem	57	7	7	7	8	12	16
	Hearing problem	2			1	1		
	Eye/vision problem	19		3	2	3	4	7
	Heart problem	28			2	1	5	20

Stroke problem	9				4	2	3
Hypertension/high blood pressure	6			1	2	1	2
Diabetes	11			3	4	3	1
Cancer	3					3	
Depression/anxiety/emotional problem	36	4	3	16	6	3	4
Other impairment/problem	223	17	35	48	53	39	31
Don't know/Not sure	11	2	2			3	4
Refused	7	1	2	2			2

Denominator is: All survey respondents who are limited in any activities because of impairment or a health problem.

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

How often do you get the social and emotional support you need?
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Always		40.5	39.7	39.1	34.1	35.7	45.3	51.8
Usually		36.5	33.3	39.7	39.2	39.9	38.7	27.1
Sometimes		15.0	18.9	13.0	18.0	17.6	9.8	11.3
Rarely		4.4	5.1	4.9	5.7	4.0	2.7	3.5
Never		3.7	3.1	3.2	3.0	2.9	3.5	6.3
Male	Always	41.5	46.2	39.5	34.3	38.6	46.3	49.9
	Usually	33.6	28.2	36.9	34.9	38.0	37.7	23.6
	Sometimes	15.4	17.5	12.9	19.5	16.8	9.4	13.7
	Rarely	4.6	4.7	5.5	6.6	4.0	2.0	3.6
	Never	4.9	3.4	5.2	4.7	2.6	4.6	9.3
Female	Always	39.6	33.0	38.7	33.9	32.9	44.5	53.2
	Usually	39.1	38.6	42.6	43.3	41.7	39.7	29.6
	Sometimes	14.6	20.3	13.2	16.6	18.4	10.2	9.7
	Rarely	4.2	5.4	4.4	4.9	4.0	3.3	3.4
	Never	2.5	2.7	1.2	1.3	3.1	2.4	4.1

Denominator is: All survey respondents.

How often do you get the social and emotional support you need?
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		3,727	335	721	758	736	512	665
Always		1,428	124	272	245	248	212	327
Usually		1,343	112	282	294	285	192	178
Sometimes		554	65	105	133	130	54	67
Rarely		165	15	31	46	33	17	23
Never		127	11	17	20	21	19	39
Don't know/Not sure		67	5	7	11	10	12	22
Refused		43	3	7	9	9	6	9
Male	Total	1,492	158	315	301	286	197	235
	Always	577	69	118	101	100	81	108
	Usually	489	43	119	102	101	69	55
	Sometimes	231	31	44	56	50	22	28
	Rarely	62	5	13	18	13	6	7
	Never	72	5	13	13	10	9	22
	Don't know/Not sure	45	4	5	8	8	9	11
	Refused	16	1	3	3	4	1	4
Female	Total	2,235	177	406	457	450	315	430
	Always	851	55	154	144	148	131	219
	Usually	854	69	163	192	184	123	123
	Sometimes	323	34	61	77	80	32	39
	Rarely	103	10	18	28	20	11	16
	Never	55	6	4	7	11	10	17
	Don't know/Not sure	22	1	2	3	2	3	11
	Refused	27	2	4	6	5	5	5

Denominator is: All survey respondents.

Oregon Public Health Division - healthoregon.org/brfss

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

In general, how satisfied are you with your life?
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Very satisfied		39.6	33.5	40.6	36.2	39.2	46.3	42.3
Satisfied		54.0	60.4	54.0	55.5	52.8	49.5	52.2
Dissatisfied		5.0	5.1	4.7	6.3	5.9	3.4	3.9
Very dissatisfied		1.4	1.0	.7	1.9	2.1	.8	1.6
Male	Very satisfied	38.8	36.0	38.2	36.5	35.3	45.6	44.1
	Satisfied	54.5	57.5	55.4	55.3	55.8	52.2	50.5
	Dissatisfied	4.9	4.8	5.2	6.0	6.6	1.2	4.0
	Very dissatisfied	1.7	1.8	1.2	2.2	2.3	.9	1.5
Female	Very satisfied	40.3	30.8	43.1	36.0	43.2	47.0	41.0
	Satisfied	53.4	63.5	52.6	55.8	49.7	46.8	53.5
	Dissatisfied	5.1	5.4	4.2	6.6	5.2	5.5	3.8
	Very dissatisfied	1.2	.3	.1	1.6	1.9	.6	1.7

Denominator is: All survey respondents.

In general, how satisfied are you with your life?
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		3,727	335	721	758	736	512	665
Very satisfied		1,434	107	280	261	284	228	274
Satisfied		1,962	200	392	411	375	244	340
Dissatisfied		220	20	38	60	52	24	26
Very dissatisfied		51	4	5	12	14	5	11
Don't know/Not sure		25	1	1	5	2	8	8
Refused		35	3	5	9	9	3	6
Male	Total	1,492	158	315	301	286	197	235
	Very satisfied	569	57	116	111	97	86	102
	Satisfied	801	88	174	162	155	105	117
	Dissatisfied	84	9	19	20	23	4	9
	Very dissatisfied	25	3	4	4	9	2	3
	Don't know/Not sure	3			2			1
	Refused	10	1	2	2	2		3
Female	Total	2,235	177	406	457	450	315	430
	Very satisfied	865	50	164	150	187	142	172
	Satisfied	1,161	112	218	249	220	139	223
	Dissatisfied	136	11	19	40	29	20	17
	Very dissatisfied	26	1	1	8	5	3	8
	Don't know/Not sure	22	1	1	3	2	8	7
	Refused	25	2	3	7	7	3	3

Denominator is: All survey respondents.

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

Earlier you reported that due to your impairment, you need some assistance from another person with your PERSONAL care needs. Who usually helps you with your personal care needs, such as eating, bathing, dressing, or getting around the house?

(Weighted Column Percents)

		Total	Age Groups			
			18-24	25-34	35-44	45-54
Husband/wife/partner		67.2	100.0	36.6	72.4	66.0
Parent/son/son-in-law/daughter/daughter-in-law		10.6			18.8	
Paid employee or home health service		4.6		9.1	5.7	
Friend or neighbor		9.5			3.1	34.0
Combination of family and/or friends		2.7		18.3		
No one helps me		5.4		36.0		
Male	Husband/wife/partner	86.5			94.1	100.0
	Paid employee or home health service	4.1			5.9	
	No one helps me	9.4		100.0		
Female	Husband/wife/partner	41.4	100.0	57.1	21.1	28.6
	Parent/son/son-in-law/daughter/daughter-in-law	24.8			63.2	
	Paid employee or home health service	5.2		14.3	5.3	
	Friend or neighbor	22.2			10.5	71.4
	Combination of family and/or friends	6.4		28.6		

Denominator is: All survey respondents who are limited in any activities because of impairment or a health problem and said that they require assistance from another person for personal care needs.

Earlier you reported that due to your impairment, you need some assistance from another person with your PERSONAL care needs. Who usually helps you with your personal care needs, such as eating, bathing, dressing, or getting around the house?

(Unweighted Frequencies)

		Total	Age Groups			
			18-24	25-34	35-44	45-54
Total		23	1	5	10	7
Husband/wife/partner		12	1	2	5	4
Parent/son/son-in-law/daughter/daughter-in-law		2			2	
Paid employee or home health service		3		1	2	
Friend or neighbor		4			1	3
Combination of family and/or friends		1		1		
No one helps me		1		1		
Male	Total	9		1	5	3
	Husband/wife/partner	7			4	3
	Paid employee or home health service	1			1	
	No one helps me	1		1		
Female	Total	14	1	4	5	4
	Husband/wife/partner	5	1	2	1	1
	Parent/son/son-in-law/daughter/daughter-in-law	2			2	
	Paid employee or home health service	2		1	1	
	Friend or neighbor	4			1	3
	Combination of family and/or friends	1		1		

Denominator is: All survey respondents who are limited in any activities because of impairment or a health problem and said that they require assistance from another person for personal care needs.

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

Earlier you reported that due to your impairment, you need some assistance from another person with your ROUTINE care needs. Who usually helps you with your personal care needs, such as eating, bathing, dressing, or getting around the house?

(Weighted Column Percents)

		Total	Age Groups			
			18-24	25-34	35-44	45-54
Husband/wife/partner		43.0		58.2	46.5	37.4
Parent/son/son-in-law/daughter/daughter-in-law		19.9	6.3	7.1	25.1	26.7
Other relative		6.3		17.9	3.2	4.3
Paid employee or home health service		7.8	6.2	4.2	9.4	8.5
Friend or neighbor		10.6	37.5	12.7	1.1	18.9
Combination of family and/or friends		3.2	31.3		1.1	
Other		7.0			12.6	4.2
No one helps me		2.1	18.7		1.1	
Male	Husband/wife/partner	52.6		41.2	61.9	66.7
	Parent/son/son-in-law/daughter/daughter-in-law	7.4		17.6	6.3	3.7
	Other relative	8.7		35.3		7.4
	Paid employee or home health service	7.1	12.5	5.9	3.2	14.8
	Friend or neighbor	4.1	25.0			7.4
	Combination of family and/or friends	2.5	25.0			
	Other	13.9			28.6	
	No one helps me	3.7	37.5			
Female	Husband/wife/partner	35.6		69.7	34.3	14.8
	Parent/son/son-in-law/daughter/daughter-in-law	29.6	12.5		40.0	44.4
	Other relative	4.5		6.1	5.7	1.9
	Paid employee or home health service	8.3		3.0	14.3	3.7
	Friend or neighbor	15.6	50.0	21.2	1.9	27.8
	Combination of family and/or friends	3.8	37.5		1.9	
	Other	1.6				7.4
	No one helps me	.9			1.9	
Denominator is: All survey respondents who are limited in any activities because of impairment or a health problem and said that they require assistance from another person for routine care needs.						

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

Earlier you reported that due to your impairment, you need some assistance from another person with your ROUTINE care needs. Who usually helps you with your personal care needs, such as eating, bathing, dressing, or getting around the house?

(Unweighted Frequencies)

		Total	Age Groups			
			18-24	25-34	35-44	45-54
Total		103	8	22	45	28
Husband/wife/partner		34		11	16	7
Parent/son/son-in-law/daughter/daughter-in-law		24	1	1	14	8
Other relative		8		3	3	2
Paid employee or home health service		13	1	2	7	3
Friend or neighbor		14	2	4	1	7
Combination of family and/or friends		4	3		1	
Other		3			2	1
No one helps me		2	1		1	
Don't know/Not sure		1		1		
Male	Total	30	4	6	10	10
	Husband/wife/partner	14		3	6	5
	Parent/son/son-in-law/daughter/daughter-in-law	3		1	1	1
	Other relative	2		1		1
	Paid employee or home health service	5	1	1	1	2
	Friend or neighbor	2	1			1
	Combination of family and/or friends	1	1			
	Other	2			2	
	No one helps me	1	1			
Female	Total	73	4	16	35	18
	Husband/wife/partner	20		8	10	2
	Parent/son/son-in-law/daughter/daughter-in-law	21	1		13	7
	Other relative	6		2	3	1
	Paid employee or home health service	8		1	6	1
	Friend or neighbor	12	1	4	1	6
	Combination of family and/or friends	3	2		1	
	Other	1				1
	No one helps me	1			1	
	Don't know/Not sure	1		1		

Denominator is: All survey respondents who are limited in any activities because of impairment or a health problem and said that they require assistance from another person for routine care needs.

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

Is the assistance you need to meet your personal care needs:?
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Usually adequate		88.4	100.0	100.0	100.0	74.0	92.3	84.0
Sometimes adequate		7.9				16.8	7.7	10.7
Rarely adequate		3.7				9.2		5.3
Male	Usually adequate	88.5			100.0	58.3	100.0	100.0
	Sometimes adequate	6.9				25.0		
	Rarely adequate	4.6				16.7		
Female	Usually adequate	88.2	100.0	100.0	100.0	93.3	75.0	66.7
	Sometimes adequate	9.2				6.7	25.0	22.2
	Rarely adequate	2.7						11.1
Denominator is: All survey respondents who are limited in any activities because of impairment or a health problem and said that they require assistance from another person for personal care needs.								

Is the assistance you need to meet your personal care needs:?
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		48	1	4	10	15	6	12
Usually adequate		41	1	4	10	11	5	10
Sometimes adequate		5				3	1	1
Rarely adequate		2				1		1
Male	Total	20			5	7	3	5
	Usually adequate	17			5	4	3	5
	Sometimes adequate	2				2		
	Rarely adequate	1				1		
Female	Total	28	1	4	5	8	3	7
	Usually adequate	24	1	4	5	7	2	5
	Sometimes adequate	3				1	1	1
	Rarely adequate	1						1
Denominator is: All survey respondents who are limited in any activities because of impairment or a health problem and said that they require assistance from another person for personal care needs.								

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

Is the assistance you need to meet your routine care needs?
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Usually adequate		79.4	54.0	66.2	86.4	80.1	84.2	78.7
Sometimes adequate		13.4	30.7	15.5	6.8	15.7	13.0	14.3
Rarely adequate		6.0	15.3	18.3	6.8	.5	2.9	5.2
Don't know/Not sure		.8				1.0		1.8
Refused		.5				2.6		
Male	Usually adequate	71.6		17.6	93.7	74.4	100.0	73.1
	Sometimes adequate	17.8	60.0	35.3	3.2	20.5		23.1
	Rarely adequate	8.6	40.0	47.1	3.2			
	Don't know/Not sure	1.0						3.8
	Refused	1.0				5.1		
Female	Usually adequate	82.8	87.5	97.1	80.6	82.7	81.4	80.6
	Sometimes adequate	11.5	12.5	2.9	9.7	13.5	15.3	11.4
	Rarely adequate	4.8			9.7	.8	3.4	6.9
	Don't know/Not sure	.7				1.5		1.1
	Refused	.3				1.5		

Denominator is: All survey respondents who are limited in any activities because of impairment or a health problem and said that they require assistance from another person for routine care needs.

Is the assistance you need to meet your routine care needs?
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		243	7	22	44	53	39	78
Usually adequate		185	3	17	35	40	31	59
Sometimes adequate		39	3	3	5	9	7	12
Rarely adequate		14	1	2	4	1	1	5
Don't know/Not sure		3				1		2
Refused		2				2		
Male	Total	52	3	6	10	14	5	14
	Usually adequate	35		2	8	10	5	10
	Sometimes adequate	11	2	2	1	3		3
	Rarely adequate	4	1	2	1			
	Don't know/Not sure	1						1
	Refused	1				1		
Female	Total	191	4	16	34	39	34	64
	Usually adequate	150	3	15	27	30	26	49
	Sometimes adequate	28	1	1	4	6	7	9
	Rarely adequate	10			3	1	1	5
	Don't know/Not sure	2				1		1
	Refused	1				1		

Denominator is: All survey respondents who are limited in any activities because of impairment or a health problem and said that they require assistance from another person for routine care needs.

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

During the past 30 days, for about how many days have you felt sad blue, or depressed?
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
No days		50.0	38.4	40.3	42.7	45.8	63.6	70.9
1-14 days		41.5	53.1	51.1	47.4	44.1	30.1	22.6
15-29 days		5.1	6.4	6.2	5.9	6.0	3.1	2.5
30+ days		3.4	2.1	2.4	4.0	4.1	3.2	4.1
Male	No days	56.9	43.6	48.3	52.7	51.6	74.0	76.3
	1-14 days	35.6	48.6	45.7	38.6	39.0	22.4	16.0
	15-29 days	4.1	5.2	4.4	5.3	4.8	1.4	2.7
	30+ days	3.3	2.5	1.7	3.5	4.6	2.2	5.0
Female	No days	43.4	33.0	32.0	32.9	39.8	53.6	66.8
	1-14 days	47.1	57.8	56.8	56.2	49.4	37.6	27.5
	15-29 days	6.0	7.6	8.1	6.5	7.2	4.8	2.3
	30+ days	3.5	1.6	3.1	4.5	3.6	4.1	3.4

Denominator is: All survey respondents.

During the past 30 days, for about how many days have you felt sad blue, or depressed?
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		3,727	335	721	758	736	512	665
No days		1,731	122	262	296	310	300	441
1-14 days		1,586	174	386	374	332	164	156
15-29 days		197	25	48	43	48	18	15
30+ days		123	7	15	27	29	18	27
Don't know/Not sure		42	2	3	4	6	7	20
Refused		48	5	7	14	11	5	6
Male	Total	1,492	158	315	301	286	197	235
	No days	805	64	137	157	137	140	170
	1-14 days	553	78	152	119	116	46	42
	15-29 days	61	10	16	12	15	3	5
	30+ days	45	3	5	7	13	5	12
	Don't know/Not sure	13	1	1	3	2	3	3
	Refused	15	2	4	3	3		3
Female	Total	2,235	177	406	457	450	315	430
	No days	926	58	125	139	173	160	271
	1-14 days	1,033	96	234	255	216	118	114
	15-29 days	136	15	32	31	33	15	10
	30+ days	78	4	10	20	16	13	15
	Don't know/Not sure	29	1	2	1	4	4	17
	Refused	33	3	3	11	8	5	3

Denominator is: All survey respondents.

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

During the past 30 days, for about how many days have you felt worried tense, or anxious?
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
No days		34.7	22.2	23.9	26.3	28.4	45.4	62.8
1-14 days		50.6	63.1	59.5	53.8	55.9	43.8	29.0
15-29 days		8.3	9.4	10.3	11.4	8.9	4.6	3.9
30+ days		6.3	5.3	6.3	8.5	6.8	6.1	4.2
Male	No days	39.6	26.5	25.5	33.7	35.1	54.5	68.1
	1-14 days	46.8	61.4	59.6	46.8	49.5	37.6	24.5
	15-29 days	8.5	8.2	10.1	13.3	8.8	4.4	3.1
	30+ days	5.1	4.0	4.8	6.3	6.6	3.5	4.3
Female	No days	30.1	17.7	22.2	19.0	21.7	36.6	58.9
	1-14 days	54.2	64.9	59.5	60.7	62.4	49.9	32.3
	15-29 days	8.1	10.8	10.5	9.6	9.0	4.8	4.5
	30+ days	7.5	6.6	7.8	10.7	6.9	8.7	4.2

Denominator is: All survey respondents.

During the past 30 days, for about how many days have you felt worried tense, or anxious?
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		3,727	335	721	758	736	512	665
No days		1,205	64	157	183	192	213	396
1-14 days		1,854	203	430	405	407	229	180
15-29 days		303	35	74	80	64	24	26
30+ days		262	22	49	72	53	37	29
Don't know/Not sure		54	5	4	6	8	4	27
Refused		49	6	7	12	12	5	7
Male	Total	1,492	158	315	301	286	197	235
	No days	567	40	74	102	94	102	155
	1-14 days	687	92	187	140	138	77	53
	15-29 days	117	14	32	32	23	8	8
	30+ days	87	8	17	22	22	9	9
	Don't know/Not sure	18	2	1	2	5	1	7
	Refused	16	2	4	3	4		3
Female	Total	2,235	177	406	457	450	315	430
	No days	638	24	83	81	98	111	241
	1-14 days	1,167	111	243	265	269	152	127
	15-29 days	186	21	42	48	41	16	18
	30+ days	175	14	32	50	31	28	20
	Don't know/Not sure	36	3	3	4	3	3	20
	Refused	33	4	3	9	8	5	4

Denominator is: All survey respondents.

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

During the past 30 days, for about how many days have you felt you did not get enough rest or sleep?
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
No days		26.9	20.3	14.5	19.0	20.8	35.0	53.2
1-14 days		48.3	50.2	54.2	49.6	55.5	46.3	33.7
15-29 days		15.4	21.1	21.0	17.6	15.2	11.6	6.7
30+ days		9.4	8.3	10.4	13.7	8.5	7.2	6.4
Male	No days	29.2	20.9	16.6	22.3	23.6	40.4	57.8
	1-14 days	48.3	50.6	56.2	48.9	55.0	45.7	30.2
	15-29 days	13.7	21.1	18.3	15.0	13.5	9.6	4.4
	30+ days	8.8	7.4	8.9	13.8	8.0	4.4	7.6
Female	No days	24.7	19.7	12.3	15.9	17.9	29.8	49.7
	1-14 days	48.3	49.7	52.0	50.2	56.1	46.9	36.4
	15-29 days	17.1	21.2	23.8	20.2	17.0	13.4	8.5
	30+ days	9.9	9.3	11.9	13.7	9.0	9.8	5.4

Denominator is: All survey respondents.

During the past 30 days, for about how many days have you felt you did not get enough rest or sleep?
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		3,727	335	721	758	736	512	665
No days		937	58	89	135	142	166	347
1-14 days		1,768	157	391	373	391	244	212
15-29 days		588	80	152	140	119	55	42
30+ days		356	33	78	97	65	40	43
Don't know/Not sure		33	1	3	4	7	3	15
Refused		45	6	8	9	12	4	6
Male	Total	1,492	158	315	301	286	197	235
	No days	408	26	44	60	71	76	131
	1-14 days	722	80	177	156	145	91	73
	15-29 days	216	37	62	47	40	19	11
	30+ days	125	13	28	33	25	9	17
	Don't know/Not sure	6			2	1	2	1
	Refused	15	2	4	3	4		2
Female	Total	2,235	177	406	457	450	315	430
	No days	529	32	45	75	71	90	216
	1-14 days	1,046	77	214	217	246	153	139
	15-29 days	372	43	90	93	79	36	31
	30+ days	231	20	50	64	40	31	26
	Don't know/Not sure	27	1	3	2	6	1	14
	Refused	30	4	4	6	8	4	4

Denominator is: All survey respondents.

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

During the past 30 days, for about how many days have you felt very healthy and full of energy?
(Weighted Column Percents)

	Total	Age Groups						
		18-24	25-34	35-44	45-54	55-64	65+	
1	.6	.4	.3	.6	.7		1.1	
2	1.9	1.3	1.9	2.9	2.0	1.4	1.2	
3	1.3	1.8	1.3	1.7	1.6	1.6	.2	
4	.8	.7	.6	.9	.6	1.1	1.1	
5	4.4	5.1	5.1	5.0	5.7	2.9	2.2	
6	.5	.7	.6	.6	.4	.3	.2	
7	1.2	1.5	1.4	1.1	2.0	.7	.3	
8	.4	.7	.4	1.0	.2	.2	.2	
9	.1		.4				.1	
10	7.3	8.9	9.2	6.2	8.0	4.1	7.0	
12	.4	.4	.5	.9	.3	.1	.1	
13	.1		.3				.1	
14	1.3	2.1	1.9	1.6	1.2	1.0	.4	
15	8.7	11.2	11.2	8.8	7.4	6.9	7.4	
16	.3	.3	.5	.4	.2		.2	
18	.1	.5	.4		.1			
20	12.8	15.9	14.8	12.4	15.9	10.2	7.6	
21	.7	1.1	.2	1.0	.3	1.1	.6	
22	.4	1.3	.6		.3		.2	
23	.7	1.5	.6	.9	.8		.5	
24	.3	.3	.2	.4	.5		.5	
25	12.0	9.8	14.3	12.6	12.8	14.1	8.4	
26	1.1	.8	1.0	2.0	.9	1.4	.5	
27	2.1	2.0	3.2	2.3	2.8	.8	.8	
28	4.5	3.2	4.6	4.4	5.3	4.2	4.8	
29	2.6	1.1	3.1	3.4	3.0	3.0	1.5	
30	24.0	23.1	15.6	20.8	18.6	33.8	35.5	
None	9.2	4.5	5.8	7.9	8.2	11.0	17.2	
Male	1	.3	.8		.4		.8	
	2	1.4	.8	2.1	2.2	.6	1.9	.5
	3	1.2	2.2	.7	1.3	1.6	1.6	
	4	.9	.3	.3	.9	.8	1.6	1.5
	5	4.0	4.4	5.0	3.1	5.5	2.8	2.9
	6	.7	1.0	.7	.7	.8	.6	.3
	7	.6		.2	.4	2.5		
	8	.5		.6	1.7			
	9	.2		.8				.3
	10	6.8	8.1	8.8	5.9	8.0	3.5	5.9
	12	.5		1.0	.9	.4		
	13	.1		.5				
	14	1.1	1.3	1.7	1.1	.4	1.6	.5
	15	8.1	10.3	11.7	7.2	7.0	6.3	6.4
	16	.3	.5	.8		.4		

	18	.2	1.0	.3				
	20	12.7	16.4	13.7	10.9	17.7	9.8	6.9
	21	.4	1.0	.2	.9		.6	
	22	.2	.8	.3		.4		
	23	.5			1.3	.8		.5
	24	.3	.5	.2	.6	.6		
	25	12.5	10.5	13.0	14.4	14.2	11.5	9.7
	26	1.2	1.0	1.2	2.0	.4	1.6	.8
	27	2.2	1.8	3.6	2.4	2.7	.6	1.0
	28	4.4	3.3	5.1	4.8	3.2	5.2	4.8
	29	3.0	1.3	2.6	3.9	3.7	4.4	1.5
	30	27.9	27.7	20.8	27.8	21.1	38.1	36.9
	None	7.9	5.2	4.0	5.3	7.1	8.3	18.9
Female	1	.8		.7	.8	1.4		1.4
	2	2.4	1.9	1.7	3.7	3.4	1.0	1.7
	3	1.5	1.4	1.9	2.0	1.6	1.6	.3
	4	.8	1.1	.8	.9	.4	.7	.9
	5	4.8	5.8	5.2	6.9	6.0	3.0	1.7
	6	.3	.3	.6	.4			.2
	7	1.8	3.0	2.8	1.9	1.5	1.4	.5
	8	.4	1.4	.1	.3	.4	.4	.3
	10	7.7	9.7	9.6	6.6	8.1	4.7	7.9
	12	.4	.8		.9	.3	.1	.3
	13	.0						.2
	14	1.6	3.0	2.1	2.1	2.1	.4	.3
	15	9.3	12.2	10.7	10.3	7.8	7.4	8.1
	16	.3		.2	.8			.3
	18	.1		.4		.2		
	20	12.9	15.4	15.9	13.9	14.2	10.6	8.0
	21	.9	1.1	.3	1.2	.6	1.6	1.0
	22	.5	1.9	.8		.3		.3
	23	.9	3.0	1.3	.5	.7		.5
	24	.4		.3	.3	.4		.9
	25	11.6	9.1	15.6	10.9	11.4	16.6	7.4
	26	1.1	.6	.8	2.0	1.4	1.2	.3
	27	2.0	2.2	2.8	2.2	2.9	1.0	.7
	28	4.6	3.0	4.0	4.1	7.5	3.2	4.7
	29	2.2	.8	3.5	2.8	2.3	1.6	1.5
	30	20.3	18.1	10.1	14.0	15.9	29.6	34.5
	None	10.6	3.9	7.7	10.4	9.3	13.6	15.9
Denominator is: All survey respondents.								

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

During the past 30 days, for about how many days have you felt very healthy and full of energy?
(Unweighted Frequencies)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Total	3,727	335	721	758	736	512	665
1	25	2	3	5	7		8
2	70	3	15	20	18	6	8
3	49	7	10	14	8	8	2
4	29	4	5	6	4	4	6
5	170	18	40	42	43	13	14
6	15	2	5	4	1	1	2
7	44	5	11	8	14	4	2
8	16	1	4	6	2	2	1
9	3		2				1
10	257	26	67	49	54	20	41
12	16	2	2	7	2	1	2
13	3		2				1
14	53	8	15	13	10	5	2
15	332	38	82	71	59	35	47
16	14	2	4	5	1		2
18	6	1	3		2		
20	474	56	114	94	110	55	45
21	28	3	2	10	3	6	4
22	11	4	4		2		1
23	23	4	5	6	4		4
24	13	1	2	3	4		3
25	417	27	96	88	87	69	50
26	39	2	6	13	8	7	3
27	80	7	24	14	23	6	6
28	170	10	31	34	42	23	30
29	86	4	19	21	20	13	9
30	806	69	94	140	121	162	220
Don't know/Not sure	60	6	4	8	9	6	27
None	365	17	42	65	65	61	115
Refused	53	6	8	12	13	5	9
	Total	1,492	158	315	301	286	235
	1	5	2		1		2
	2	20	1	7	6	2	3
	3	18	4	3	5	3	
	4	10	1	1	2	2	2
	5	64	7	18	10	18	6
	6	8	1	2	2	1	1
	7	10		1	2	7	
	8	8		3	5		
	9	3		2			1
	10	99	13	28	18	20	13
	12	6		2	3	1	

Male	13	2		2				
	14	17	2	6	3	2	3	1
	15	135	15	40	27	25	14	14
	16	6	2	3		1		
	18	2	1	1				
	20	189	28	45	35	48	18	15
	21	8	1	1	4		2	
	22	3	1	1		1		
	23	7			4	2		1
	24	6	1	1	2	2		
	25	173	13	40	40	38	21	21
	26	16	1	3	6	1	3	2
	27	32	3	12	4	8	2	3
	28	67	4	15	14	11	11	12
	29	37	2	7	10	8	7	3
	30	386	41	54	80	56	74	81
	Don't know/Not sure	21	3	1	4	2	3	8
	None	117	9	12	11	23	18	44
	Refused	17	2	4	3	4		4
	Total	2,235	177	406	457	450	315	430
Female	1	20		3	4	7		6
	2	50	2	8	14	16	3	7
	3	31	3	7	9	5	5	2
	4	19	3	4	4	2	2	4
	5	106	11	22	32	25	8	8
	6	7	1	3	2			1
	7	34	5	10	6	7	4	2
	8	8	1	1	1	2	2	1
	10	158	13	39	31	34	13	28
	12	10	2		4	1	1	2
	13	1						1
	14	36	6	9	10	8	2	1
	15	197	23	42	44	34	21	33
	16	8		1	5			2
	18	4		2		2		
	20	285	28	69	59	62	37	30
	21	20	2	1	6	3	4	4
	22	8	3	3		1		1
	23	16	4	5	2	2		3
	24	7		1	1	2		3
	25	244	14	56	48	49	48	29
	26	23	1	3	7	7	4	1
	27	48	4	12	10	15	4	3
	28	103	6	16	20	31	12	18
	29	49	2	12	11	12	6	6
	30	420	28	40	60	65	88	139
	Don't know/Not sure	39	3	3	4	7	3	19
	None	248	8	30	54	42	43	71
	Refused	36	4	4	9	9	5	5

Denominator is: All survey respondents.

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