

Oregon BRFSS 2004

Oregon women (age <45) who reported current use of multivitamin or other supplement containing folic acid.

(Weighted Column Percents)

	Total	Age Groups		
		18-24	25-34	35-44
Female	100.0	100.0	100.0	100.0
Yes, takes folic acid	57.4	44.2	63.1	60.4
No, does not take folic acid	42.6	55.8	36.9	39.6

Denominator is:
All female survey respondents younger than 45.

Oregon women (age <45) who reported current use of multivitamin or other supplement containing folic acid.

(Unweighted Frequencies)

	Total	Age Groups		
		18-24	25-34	35-44
Female	459	73	178	208
Yes, takes folic acid	269	32	114	123
No, does not take folic acid	186	40	63	83
Don't know/Not sure	4	1	1	2

Denominator is:
All female survey respondents younger than 45.

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How often took folic acid: weekly.

(Weighted Column Percents)

	Total	Age Groups		
		18-24	25-34	35-44
Female	100.0	100.0	100.0	100.0
Did not take weekly	42.8	55.8	36.9	40.1
Approximately 3 or fewer times per week	6.7	4.9	6.0	8.4
More than four times per week	50.0	39.3	56.6	50.7
Unknown	.5		.5	.8

Denominator is:
All female survey respondents younger than 45.

How often took folic acid: weekly.

(Unweighted Frequencies)

	Total	Age Groups		
		18-24	25-34	35-44
Female	453	72	177	204
Did not take weekly	186	40	63	83
Approximately 3 or fewer times per week	34	4	13	17
More than four times per week	230	28	100	102
Unknown	3		1	2

Denominator is:
All female survey respondents younger than 45.

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**Some health experts recommend that women take 400 micrograms of the B vitamin folic acid.
Why is folic acid recommended?**

(Weighted Column Percents)

For which of the following reasons:	Total	Age Groups		
		18-24	25-34	35-44
Female	100.0	100.0	100.0	100.0
To make strong bones	16.0	19.3	15.9	14.4
To prevent birth defects	66.7	62.5	69.5	66.4
To prevent high blood pressure	3.3	3.5	1.8	4.5
Some other reason	14.0	14.7	12.9	14.7

Denominator is:
All female survey respondents younger than 45 .

**Some health experts recommend that women take 400 micrograms of the B vitamin folic acid.
Why is folic acid recommended?**

(Unweighted Frequencies)

For which of the following reasons:	Total	Age Groups		
		18-24	25-34	35-44
Female	459	73	178	208
To make strong bones	53	9	20	24
To prevent birth defects	248	33	100	115
To prevent high blood pressure	12	1	2	9
Some other reason	53	8	18	27
Don't know/Not sure	92	22	37	33
Refused	1		1	

Denominator is:
All female survey respondents younger than 45 .