

Fruit and vegetable servings index - Meets FDA nutritional requirements of 5 or more servings of fruits and vegetables per day.

(Weighted Column Percents)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
Consume < one serving per day or never		5.6	10.0	4.1	5.7	5.2	5.2	4.7
Consume 1 to less than 3 servings per day		41.0	46.2	40.1	42.1	39.4	39.8	40.3
Consume 3 to less than 5 servings per day		32.0	24.1	33.6	28.3	33.9	32.9	35.7
Consume 5 or more servings per day		21.4	19.6	22.3	23.9	21.4	22.1	19.3
Male	Consume < one serving per day or never	6.3	13.0	4.2	4.2	6.7	6.9	4.9
	Consume 1 to less than 3 servings per day	46.1	41.7	48.1	47.4	44.8	46.3	46.7
	Consume 3 to less than 5 servings per day	31.3	26.3	31.4	26.4	34.8	31.1	35.5
	Consume 5 or more servings per day	16.3	19.0	16.3	22.0	13.7	15.7	12.9
Female	Consume < one serving per day or never	4.9	7.3	4.0	7.1	3.8	3.7	4.5
	Consume 1 to less than 3 servings per day	36.2	50.4	31.8	36.7	34.0	33.8	35.1
	Consume 3 to less than 5 servings per day	32.6	22.0	35.8	30.2	33.1	34.5	35.9
	Consume 5 or more servings per day	26.3	20.2	28.4	25.9	29.1	28.0	24.5

Denominator is:
All survey respondents.

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(Unweighted Frequencies)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
Total		5,521	300	555	590	809	1,343	1,924
Consume < one serving per day or never		262	33	21	33	36	62	77
Consume 1 to less than 3 servings per day		2,097	134	221	228	299	507	708
Consume 3 to less than 5 servings per day		1,906	75	190	184	291	454	712
Consume 5 or more servings per day		1,256	58	123	145	183	320	427
Male	Total	2,373	152	288	271	372	566	724
	Consume < one serving per day or never	139	23	14	14	23	34	31
	Consume 1 to less than 3 servings per day	1,038	62	136	119	151	251	319
	Consume 3 to less than 5 servings per day	806	41	93	80	140	186	266
Female	Consume 5 or more servings per day	390	26	45	58	58	95	108
	Total	3,148	148	267	319	437	777	1,200
	Consume < one serving per day or never	123	10	7	19	13	28	46
	Consume 1 to less than 3 servings per day	1,059	72	85	109	148	256	389
Consume 3 to less than 5 servings per day		1,100	34	97	104	151	268	446
Consume 5 or more servings per day		866	32	78	87	125	225	319

Denominator is:
All survey respondents.

Less than 5 fruit and vegetable servings per day and more than 5 fruit and vegetable servings per day.

(Weighted Column Percents)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
Less than 5 per day or never		78.6	80.4	77.7	76.1	78.6	77.9	80.7
5 or more times per day		21.4	19.6	22.3	23.9	21.4	22.1	19.3
Male	Less than 5 per day or never	83.7	81.0	83.7	78.0	86.3	84.3	87.1
	5 or more times per day	16.3	19.0	16.3	22.0	13.7	15.7	12.9
Female	Less than 5 per day or never	73.7	79.8	71.6	74.1	70.9	72.0	75.5
	5 or more times per day	26.3	20.2	28.4	25.9	29.1	28.0	24.5

Denominator is:
All survey respondents.

Less than 5 fruit and vegetable servings per day and more than 5 fruit and vegetable servings per day.

(Unweighted Frequencies)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
Total		5,521	300	555	590	809	1,343	1,924
Less than 5 per day or never		4,265	242	432	445	626	1,023	1,497
5 or more times per day		1,256	58	123	145	183	320	427
Male	Total	2,373	152	288	271	372	566	724
	Less than 5 per day or never	1,983	126	243	213	314	471	616
	5 or more times per day	390	26	45	58	58	95	108
Female	Total	3,148	148	267	319	437	777	1,200
	Less than 5 per day or never	2,282	116	189	232	312	552	881
	5 or more times per day	866	32	78	87	125	225	319

Denominator is:
All survey respondents.