

Oregon Healthy Teens 2002 Data Summary, 11th Grade

B14. On how many of the past 7 days did you exercise/participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer, running, swimming laps, fast bicycling, or fast dancing?

	Total	Female	Male	Gender Unknown
Total	100.0	100.0	100.0	100.0
0 days	14.8	17.8	11.6	25.2
1 day	9.7	12.6	7.2	2.3
2 days	11.6	14.4	9.1	6.3
3 days	11.9	12.5	11.4	7.4
4 days	10.4	11.2	9.9	3.9
5 days	13.0	11.9	13.8	22.2
6 days	8.5	7.7	9.3	8.8
7 days	20.1	12.0	27.6	23.8

Weighted percentages exclude missing and/or refused answers.

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	Total	Female	Male	Gender Unknown
Total	4,440	2,171	2,190	79
Missing: Skipped Q	181	67	111	3
0 days	648	398	238	12
1 day	409	259	146	4
2 days	485	296	184	5
3 days	521	281	230	10
4 days	435	221	210	4
5 days	559	255	285	19
6 days	361	145	213	3
7 days	841	249	573	19

Unweighted counts.

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B15. On how many of the past 7 days did you exercise/participate in physical activity for at least 30 minutes that did not make you sweat and breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower, or mop?

	Total	Female	Male	Gender Unknown
Total	100.0	100.0	100.0	100.0
0 days	17.5	18.3	16.6	19.9
1 day	12.0	11.8	12.3	11.8
2 days	16.2	18.1	14.5	15.3
3 days	13.4	14.6	12.3	12.3
4 days	10.4	10.1	10.9	6.5
5 days	8.6	8.8	8.4	9.2
6 days	5.1	5.2	5.0	4.9
7 days	16.7	13.1	20.0	20.2

Weighted percentages exclude missing and/or refused answers.

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B15. On how many of the past 7 days did you exercise/participate in physical activity for at least 30 minutes that did not make you sweat and breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower, or mop?

	Total	Female	Male	Gender Unknown
Total	4,440	2,171	2,190	79
Missing: Skipped Q	180	65	114	1
0 days	783	399	371	13
1 day	486	252	227	7
2 days	635	356	272	7
3 days	575	312	251	12
4 days	432	218	206	8
5 days	379	180	188	11
6 days	229	104	121	4
7 days	741	285	440	16

Unweighted counts.

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B16. In an average week, when you are in school, on how many days do you go to physical education (PE) classes?

	Total	Female	Male	Gender Unknown
Total	100.0	100.0	100.0	100.0
0 days	59.8	70.3	49.9	60.2
1 day	.9	.8	1.0	
2 days	3.2	3.1	3.3	3.3
3 days	18.5	14.9	21.8	21.1
4 days	3.1	1.9	4.4	
5 days	14.5	9.0	19.7	15.4

Weighted percentages exclude missing and/or refused answers.

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B16. In an average week, when you are in school, on how many days do you go to physical education (PE) classes?

	Total	Female	Male	Gender Unknown
Total	4,440	2,171	2,190	79
Missing: Skipped Q	181	63	117	1
0 days	2,635	1,511	1,077	47
1 day	31	15	16	
2 days	138	65	68	5
3 days	703	283	410	10
4 days	184	56	128	
5 days	568	178	374	16

Unweighted counts.