

**Oregon Healthy Teens 2002, Data Summary, 8th Grade**  
**B14. On how many of the past 7 days did you exercise/participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer, running, swimming laps, fast bicycling, or fast dancing?**

	Total	Female	Male	Gender Unknown
Total	100.0	100.0	100.0	100.0
0 days	6.8	7.9	5.6	8.5
1 day	6.3	7.8	4.3	12.5
2 days	7.7	8.3	7.3	1.9
3 days	11.8	14.1	9.2	8.7
4 days	11.2	13.5	8.8	4.9
5 days	15.9	15.8	15.9	17.4
6 days	10.7	10.5	11.1	5.4
7 days	29.6	22.0	37.8	40.7

Weighted percentages exclude missing and/or refused answers.

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**B14. On how many of the past 7 days did you exercise/participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer, running, swimming laps, fast bicycling, or fast dancing?**

	Total	Female	Male	Gender Unknown
Total	6,133	3,175	2,854	104
Missing: Skipped Q	446	188	246	12
0 days	391	217	162	12
1 day	343	232	103	8
2 days	446	277	167	2
3 days	682	439	234	9
4 days	631	382	243	6
5 days	886	480	394	12
6 days	611	321	282	8
7 days	1,697	639	1,023	35

Unweighted counts.

**Oregon Healthy Teens 2002, Data Summary, 8th Grade**  
**B15. On how many of the past 7 days did you exercise/participate in physical activity for at least 30 minutes that did not make you sweat and breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower, or mop?**

	Total	Female	Male	Gender Unknown
Total	100.0	100.0	100.0	100.0
0 days	16.6	14.9	18.1	26.9
1 day	12.6	13.0	12.4	5.8
2 days	13.3	14.9	11.7	11.0
3 days	14.1	15.8	12.1	13.1
4 days	9.3	10.1	8.6	5.1
5 days	9.4	10.4	8.3	8.6
6 days	5.7	4.7	6.9	1.6
7 days	19.0	16.3	21.8	27.9

Weighted percentages exclude missing and/or refused answers.

**Oregon Healthy Teens 2002, Data Summary, 8th Grade**  
**B15. On how many of the past 7 days did you exercise/participate in physical activity for at least 30 minutes that did not make you sweat and breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower, or mop?**

	Total	Female	Male	Gender Unknown
Total	6,133	3,175	2,854	104
Missing: Skipped Q	452	192	246	14
0 days	917	424	471	22
1 day	697	406	283	8
2 days	783	470	304	9
3 days	761	444	309	8
4 days	536	305	226	5
5 days	555	311	238	6
6 days	308	141	164	3
7 days	1,124	482	613	29

Unweighted counts.

**Oregon Healthy Teens 2002, Data Summary, 8th Grade**  
**B16. In an average week, when you are in school, on how many days do you go to physical education (PE) classes?**

	Total	Female	Male	Gender Unknown
Total	100.0	100.0	100.0	100.0
0 days	22.1	22.7	21.2	28.0
1 day	1.1	.9	1.1	6.2
2 days	6.4	5.6	7.3	10.1
3 days	22.0	21.6	22.7	12.8
4 days	4.1	4.1	4.2	2.2
5 days	44.2	45.1	43.5	40.7

Weighted percentages exclude missing and/or refused answers.

**Oregon Healthy Teens 2002, Data Summary, 8th Grade**

**B16. In an average week, when you are in school, on how many days do you go to physical education (PE) classes?**

	Total	Female	Male	Gender Unknown
Total	6,133	3,175	2,854	104
Missing: Skipped Q	463	198	252	13
0 days	1,275	719	529	27
1 day	63	28	30	5
2 days	326	152	169	5
3 days	1,194	626	555	13
4 days	258	136	118	4
5 days	2,554	1,316	1,201	37

Unweighted counts.