

Oregon Healthy Teens 2003

Oregon Healthy Teens 2003, Data Summary, 8th Grade
B16. On how many of the past 7 days did you exercise/participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer, running, swimming laps, fast bicycling, or fast dancing?

	Total	Female	Male	Gender Unknown
Total	100.0	100.0	100.0	100.0
0 days	8.9	10.1	7.9	2.5
1 day	6.4	7.8	5.0	1.9
2 days	9.3	12.3	6.1	16.9
3 days	12.7	15.1	10.1	15.9
4 days	12.2	13.2	11.2	7.3
5 days	16.0	15.9	16.2	16.5
6 days	8.5	8.4	8.6	10.8
7 days	25.9	17.3	35.0	28.2

Weighted percentages exclude missing and/or refused answers.

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B16. On how many of the past 7 days did you exercise/participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer, running, swimming laps, fast bicycling, or fast dancing?

	Total	Female	Male	Gender Unknown
Total	6,502	3,318	3,120	64
Missing: skipped Q	507	233	263	11
0 days	540	309	229	2
1 day	370	235	134	1
2 days	555	353	195	7
3 days	775	476	291	8
4 days	730	408	318	4
5 days	947	504	434	9
6 days	493	250	236	7
7 days	1,585	550	1,020	15

Unweighted counts.

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B17. On how many of the past 7 days did you exercise/participate in physical activity for at least 30 minutes that did not make you sweat and breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower, or mop?

	Total	Female	Male	Gender Unknown
Total	100.0	100.0	100.0	100.0
0 days	19.0	17.9	20.2	24.8
1 day	12.9	13.5	12.0	21.1
2 days	13.8	15.0	12.5	11.3
3 days	12.7	14.9	10.3	6.1
4 days	9.6	10.4	8.8	5.5
5 days	9.3	9.7	9.0	8.2
6 days	5.4	4.9	6.0	9.8
7 days	17.3	13.7	21.3	13.4

Weighted percentages exclude missing and/or refused answers.

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B17. On how many of the past 7 days did you exercise/participate in physical activity for at least 30 minutes that did not make you sweat and breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower, or mop?

	Total	Female	Male	Gender Unknown
Total	6,250	3,221	2,969	60
Missing: skipped Q	518	240	268	10
0 days	1,080	523	548	9
1 day	731	407	315	9
2 days	845	474	362	9
3 days	748	434	311	3
4 days	553	310	239	4
5 days	509	268	236	5
6 days	279	140	136	3
7 days	987	425	554	8

Unweighted counts.

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B18. In an average week, when you are in school, on how many days do you go to physical education (PE) classes?

	Total	Female	Male	Gender Unknown
Total	100.0	100.0	100.0	100.0
0 days	24.5	26.8	22.1	9.1
1 day	2.4	1.6	3.2	4.7
2 days	5.8	5.6	5.9	10.5
3 days	21.5	22.3	20.4	30.0
4 days	3.0	3.1	3.0	5.4
5 days	42.8	40.5	45.5	40.4

Weighted percentages exclude missing and/or refused answers.

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B18. In an average week, when you are in school, on how many days do you go to physical education (PE) classes?

	Total	Female	Male	Gender Unknown
Total	6,250	3,221	2,969	60
Missing: skipped Q	562	262	289	11
0 days	1,300	746	549	5
1 day	101	37	62	2
2 days	322	160	159	3
3 days	1,184	651	518	15
4 days	250	134	113	3
5 days	2,531	1,231	1,279	21

Unweighted counts.