

Mental Health

**Oregon Healthy Teens 2007 - 8th Grade
State Summary Report**

34. During the past 30 days, how much of the time have you been a very nervous person?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	8,914	100.0	4,566	100.0	4,348	100.0
All of the time	264	3.0	144	3.1	120	2.9
Most of the time	574	6.6	399	8.8	175	4.4
A good bit of the time	760	8.5	479	10.2	281	6.7
Some of the time	1,333	14.7	825	18.3	508	10.9
A little of the time	3,219	36.9	1,667	37.0	1,552	36.9
None of the time	2,764	30.2	1,052	22.5	1,712	38.3

Unweighted counts and weighted percentages exclude missing and/or refused answers.

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35. During the past 30 days, how much of the time have you felt calm and peaceful?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	8,894	100.0	4,550	100.0	4,344	100.0
All of the time	859	9.4	276	6.0	583	13.0
Most of the time	3,485	39.4	1,622	35.9	1,863	43.0
A good bit of the time	1,849	20.6	991	21.6	858	19.5
Some of the time	1,308	15.1	789	18.0	519	12.1
A little of the time	1,025	11.3	699	15.0	326	7.5
None of the time	368	4.2	173	3.5	195	4.8

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36. During the past 30 days, how much of the time have you felt downhearted and blue?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	8,845	100.0	4,542	100.0	4,303	100.0
All of the time	236	2.6	133	2.8	103	2.4
Most of the time	661	7.4	461	10.0	200	4.6
A good bit of the time	829	9.4	541	12.3	288	6.4
Some of the time	1,109	12.3	676	14.6	433	9.9
A little of the time	3,117	35.4	1,713	37.7	1,404	32.9
None of the time	2,893	32.9	1,018	22.6	1,875	43.7

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37. During the past 30 days, how much of the time have you been a happy person?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	8,889	100.0	4,562	100.0	4,327	100.0
All of the time	1,392	15.3	595	12.9	797	17.9
Most of the time	4,125	46.6	2,074	45.7	2,051	47.5
A good bit of the time	1,468	16.5	788	17.1	680	15.8
Some of the time	967	10.9	581	12.8	386	8.9
A little of the time	692	8.1	434	9.8	258	6.4
None of the time	245	2.7	90	1.8	155	3.5

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38. During the past 30 days, how much of the time have you felt so down in the dumps that nothing could cheer you up?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	8,831	100.0	4,534	100.0	4,297	100.0
All of the time	166	1.8	84	1.7	82	1.8
Most of the time	510	5.7	318	7.0	192	4.4
A good bit of the time	503	6.1	325	7.5	178	4.5
Some of the time	630	7.2	401	9.0	229	5.3
A little of the time	1,867	21.1	1,098	24.4	769	17.7
None of the time	5,155	58.1	2,308	50.3	2,847	66.3

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39. During the past 12 months, did you ever feel so sad or hopeless every day for two weeks or more in a row that you stopped doing some usual activities?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	8,808	100.0	4,531	100.0	4,277	100.0
Yes	1,641	18.2	1,091	23.4	550	12.7
No	7,167	81.8	3,440	76.6	3,727	87.3

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40. During the past 12 months, did you ever seriously consider attempting suicide?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	8,790	100.0	4,524	100.0	4,266	100.0
Yes	1,399	15.6	930	20.4	469	10.7
No	7,391	84.4	3,594	79.6	3,797	89.3

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41. During the past 12 months, how times did you actually attempt suicide?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	8,655	100.0	4,428	100.0	4,227	100.0
0 times	7,940	91.8	3,956	89.4	3,984	94.3
1 time	354	4.1	237	5.6	117	2.6
2 or 3 times	229	2.6	163	3.4	66	1.9
4 or 5 times	55	.6	38	.9	17	.4
6 or more times	77	.9	34	.8	43	.9

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42. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	8,404	100.0	4,356	100.0	4,048	100.0
I did not attempt suicide in the past 12 months	7,678	91.5	3,858	88.6	3,820	94.5
Yes	179	2.1	116	2.5	63	1.7
No	547	6.5	382	8.9	165	3.8

Unweighted counts and weighted percentages exclude missing and/or refused answers.

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42.x. Amongst only those who attempted suicide during the past 12 months: Did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	726	100.0	498	100.0	228	100.0
Yes	179	24.5	116	21.8	63	30.6
No	547	75.5	382	78.2	165	69.4

Unweighted counts and weighted percentages exclude missing and/or refused answers.