

# Mental Health

## Oregon Healthy Teens 2008 - 8th Grade State Summary Report

**43. During the past 30 days, how much of the time have you been a very nervous person?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	10398	100.0	5377	100.0	5021	100.0
All of the time	294	3.2	182	3.8	112	2.5
Most of the time	680	6.7	439	8.7	241	4.6
A good bit of the time	967	9.9	605	11.9	362	7.9
Some of the time	1684	16.2	993	18.6	691	13.6
A little of the time	3947	37.9	2034	37.3	1913	38.5
None of the time	2826	26.1	1124	19.7	1702	32.9

Unweighted counts and weighted percentages exclude missing and/or refused answers.

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**44. During the past 30 days, how much of the time have you felt calm and peaceful?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	10413	100.0	5380	100.0	5033	100.0
All of the time	842	7.7	276	4.7	566	10.9
Most of the time	4070	39.4	1866	34.5	2204	44.7
A good bit of the time	2262	21.1	1201	22.1	1061	20.0
Some of the time	1532	14.9	926	17.3	606	12.4
A little of the time	1347	13.3	923	17.8	424	8.5
None of the time	360	3.5	188	3.5	172	3.6

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**45. During the past 30 days, how much of the time have you felt downhearted and blue?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	10352	100.0	5363	100.0	4989	100.0
All of the time	288	3.0	165	3.3	123	2.8
Most of the time	797	8.3	525	10.8	272	5.5
A good bit of the time	1056	10.2	691	12.8	365	7.4
Some of the time	1389	13.8	854	16.2	535	11.2
A little of the time	3760	36.0	2016	36.9	1744	35.2
None of the time	3062	28.6	1112	19.9	1950	38.0

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**46. During the past 30 days, how much of the time have you been a happy person?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	10396	100.0	5373	100.0	5023	100.0
All of the time	1395	13.2	585	10.4	810	16.3
Most of the time	4974	47.4	2523	46.5	2451	48.4
A good bit of the time	1834	17.8	974	18.4	860	17.2
Some of the time	1119	11.1	677	13.2	442	8.8
A little of the time	842	8.0	519	9.6	323	6.4
None of the time	232	2.4	95	2.0	137	3.0

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**47. During the past 30 days, how much of the time have you felt so down in the dumps that nothing could cheer you up?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	10227	100.0	5304	100.0	4923	100.0
All of the time	194	2.1	107	2.0	87	2.2
Most of the time	480	4.8	288	5.6	192	4.0
A good bit of the time	589	6.1	373	7.5	216	4.7
Some of the time	847	8.7	520	10.4	327	6.8
A little of the time	2208	21.9	1326	25.7	882	17.7
None of the time	5909	56.4	2690	48.9	3219	64.6

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**48. During the past 12 months, did you ever feel so sad or hopeless every day for two weeks or more in a row that you stopped doing some usual activities?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	10104	100.0	5257	100.0	4847	100.0
Yes	1811	18.4	1203	23.4	608	13.0
No	8293	81.6	4054	76.6	4239	87.0

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**49. During the past 12 months, did you ever seriously consider attempting suicide?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	10339	100.0	5355	100.0	4984	100.0
Yes	1583	15.6	1058	20.1	525	10.7
No	8756	84.4	4297	79.9	4459	89.3

Unweighted counts and weighted percentages exclude missing and/or refused answers.

## Oregon Healthy Teens 2008 - 8th Grade State Summary Report

**50. During the past 12 months, how times did you actually attempt suicide?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	9977	100.0	5191	100.0	4786	100.0
0 times	9216	92.1	4663	89.2	4553	95.3
1 time	383	4.1	261	5.6	122	2.6
2 or 3 times	258	2.6	188	3.6	70	1.4
4 or 5 times	46	.4	28	.5	18	.4
6 or more times	74	.8	51	1.1	23	.4

Unweighted counts and weighted percentages exclude missing and/or refused answers.

## Oregon Healthy Teens 2008 - 8th Grade State Summary Report

**51. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?**

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	9682	100.0	5064	100.0	4618	100.0
I did not attempt suicide in the past 12 months	8913	91.8	4527	88.8	4386	95.1
Yes	168	1.8	120	2.6	48	.9
No	601	6.4	417	8.6	184	3.9

Unweighted counts and weighted percentages exclude missing and/or refused answers.

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## Oregon Healthy Teens 2008 - 8th Grade State Summary Report

51.x. Amongst only those who attempted suicide during the past 12 months: Did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

	Total		Female		Male	
	Count	%	Count	%	Count	%
Total	769	100.0	537	100.0	232	100.0
Yes	168	22.2	120	23.3	48	19.3
No	601	77.8	417	76.7	184	80.7

Unweighted counts and weighted percentages exclude missing and/or refused answers.